

The Coracle

St Davids Cullowhee



July 29, 2018

Called to embody God's love by welcoming everyone who enters
and by empowering all who stay to make a difference in the world.

Calendar

Sun	Jul 29	Pentecost 10
Sat	Aug 4	Monthly Mindfulness 10 am
Sun	Aug 5	Pentecost 11—Holy Baptism Emerson Patrick Chase, 1 st Sunday collection for Community Table
Tue	Aug 7	Accessible Mindfulness 10 am Bishop's visit with commemoration of Alice Mason's ministry and confirmation 5:30 pm
Sun	Aug 12	Pentecost 12 Rice & Beans Sunday Pool Party for kids after church (Marilyn Jody)
Sun	Aug 19	Pentecost 13, Christian Formation
Tue	Aug 21	Accessible Mindfulness 10 am
Sun	Aug 26	Pentecost 14 Children's Sermon, Christian Formation
Mon	Aug 27	Taizé service 5:30 pm
Sat	Sep 1	Monthly Mindfulness
Sun	Sep 2	Pentecost 15
Tue	Sep 4	Accessible Mindfulness 10 am
Sun	Sep 9	Pentecost 16, Christian Formation
Sun	Sep 16	Pentecost 17, Christian Formation
Tue	Sep 18	Accessible Mindfulness 10 am
Sun	Sep 23	Pentecost 18
Mon	Sep 24	Taizé service 5:30 pm
Sun	Sep 30	Pentecost 19, Christian Formation
Fri	Nov 2	Wine Tasting—details to follow later

Childcare is available during the church service.

Serving this Sunday

Chalice: Judy Annis
Reader: Vance Davidson
Music: Lillian Pearson
Coffee: Johanna & Todd Vinyard
Readings: [2 Samuel 11:1-15](#),
[Psalm 14](#), [Ephesians 3:14-21](#),
[John 6:1-21](#)

Serving during July

Bread: Jane Coburn
Flowers: Muff Lyons & Margot Wilcox
Linen: Faye Jacobson
Eucharist: Muff Lyons & Laurie Hulbert
Greeters: Muff Lyons & Margot Wilcox

Serving during August

Bread: Wesley Satterwhite
Flowers: Volunteer of the week
Linen: Gerlinde Lindy
Eucharist: Newt Smith
Greeters: Lydia Aydlett & Jane Coburn

[Sermon Link](#)



Seven-In-Heaven Farewell Brunch

Monday, July 30th at 9 am

St. David's Episcopal Church

<https://www.facebook.com/events/494734104297360/>

After 7 years, Chad Hallyburton is saying goodbye to his Monday morning Centering Yoga class. Come help to celebrate the final class meeting with yoga and brunch.

The Gospel

John 6:1-21

Jesus went to the other side of the Sea of Galilee, also called the Sea of Tiberias. A large crowd kept following him, because they saw the signs that he was doing for the sick. Jesus went up the mountain and sat down there with his disciples. Now the Passover, the festival of the Jews, was near. When he looked up and saw a large crowd coming toward him, Jesus said to Philip, "Where are we to buy bread for these

people to eat?" He said this to test him, for he himself knew what he was going to do. Philip answered him, "Six months' wages would not buy enough bread for each of them to get a little." One of his disciples, Andrew, Simon Peter's brother, said to him, "There is a boy here who has five barley loaves and two fish. But what are they among so many people?" Jesus said, "Make the people sit down." Now there was a great deal of grass in the place; so they sat down, about five thousand in all. Then Jesus took the loaves, and when he had given thanks, he distributed them to those who were seated; so also the fish, as much as they wanted. When they were satisfied, he told his disciples, "Gather up the fragments left over, so that nothing may be lost." So they gathered them up, and from the fragments of the five barley loaves, left by those who had eaten, they filled twelve baskets. When the people saw the sign that he had done, they began to say, "This is indeed the prophet who is to come into the world."

When Jesus realized that they were about to come and take him by force to make him king, he withdrew again to the mountain by himself.

When evening came, his disciples went down to the sea, got into a boat, and started across the sea to Capernaum. It was now dark, and Jesus had not yet come to them. The sea became rough because a strong wind was blowing. When they had rowed about three or four miles, they saw Jesus walking on the sea and coming near the boat, and they were terrified. But he said to them, "It is I; do not be afraid." Then they wanted to take him into the boat, and immediately the boat reached the land toward which they were going.

Children's Prayer Event

By The Rev Valori Mulvey Sherer

We are currently working to reschedule the formation event on prayer for our children and youth, checking the local schools' calendars as we plan. We should have a date or two to offer by next week, so stay tuned... My thanks to the members of the Children-Youth Formation Task Force for their continuing help and support!

Taizé—4th Mondays at 5:30 pm



Our first Taizé service offered quiet, meditative time in the presence of God. It was enjoyed by a small group of people, most of whom are not members of St David's, who expressed how much they enjoyed it. What a blessing!

We will continue to offer these on the 4th Monday of each month for a while and reassess in a few months. With the services not being on Sundays, ecumenical in nature, and meditative in style, they are an amazing outreach St. David's can provide our local community.

An added fruit of this offering is that the Taizé service is a form of Evening Prayer, which is a lay-led office. Persons who love this form of worship can be

licensed as Worship Leaders and officiate. Others will, I hope, be led by the Spirit one day to write all or portions of the services. I have enough services already written to hold us over for a while, and they can be repeated, so we can proceed in comfort for many months.

The deep peace and grounding of my spirit that happens as a result of worshipping in the Taizé style is a fruit of great value to me. I hope others will taste and see what the Lord is doing at St. David's on the 4th Mondays at Taizé.

Christian Formation For All

As I pondered my experience at the Taizé service last Monday, I realized that there are two elements of worshipping in this style that may be unfamiliar to some people: praying with icons and contemplative prayer. Both are powerful doorways into the Divine but some instruction on them is helpful.

The Spirit of God had already moved me to open our Children-Youth formation series with an event called "Teach us to pray" which is a quote from the Gospel of Luke (11:1). Jesus' response to this request from the disciples is what we know as the "Lord's Prayer." (Lk 11:2-4) and it is the foundation of my discernment for Christian Formation at this moment at St. David's.

I will, therefore, offer a six-part Christian Formation series on prayer to include: praying with icons, centering prayer, a study of "The Lord's Prayer," praying the Rosary (we could even make some if we want to extend the time), body prayer for healing and discernment, and walking the labyrinth (this could be a field trip!).

We'll meet Sundays after coffee hour for about an hour on these dates:

August 19th and 26th
September 9th, 16th, and 30th
October 7th

For our first meeting, I'll provide a simple vegetarian meal with meat on the side. We can discuss at that meeting how we'd like to go from there: lunch or simple snacks to nourish us as we learn together.

Valerie+

Bishop José Visits on Tuesday, August 7th

A summer picnic-style supper is being planned following the service Tuesday, August 7th when Bishop José will be at St. David's for confirmation and to bless a shadow box containing memorabilia of Alice's ministry with us. Please take a minute now to email Faye (thejakes@frontier.com) if you think you are likely to come. The meal planners would really like to have a rough head count.

Just think, if it's a work day, you won't have to go home and fix supper. If it's not a work day, you still won't have to fix supper!! What a great deal!

Confirmation is always a time of joyous family celebration, so we hope you plan to be part of the evening. And thanks for the quick response.

Pool Party for Kids



Marilyn Jody has graciously offered to host, with help from Lydia Aydlett, a pool party at her home for St. David's children and their friends. It will be after church on **Sunday, August 12th**. Parents please bring lunch for your children. Snacks and drinks for adults will be provided.

Adults should be accompanied by a child.

August is Volunteer Flower Month

Your Altar Guild would like to give anyone who would like, Altar Guild member or not, a chance to volunteer to do Sunday flowers. We need folks for August 12th, 19th and 20th. Someone has already signed up for August 5th. Please let Judy Robinson know if you want to do flowers on one of the Sundays (judylerorobinson@gmail.com). If you enjoy doing it, we would love to have you join the Altar Guild as a regular flower arranger. Or you can do it one time to share your creativity. And please let Maggie magbowwles@gmail.com know so she can make note of who is doing them in the *Coracle*.



True Location of the Pot of Gold at the End of the Rainbow Revealed!



Obviously, it is inside Lydia Aydlett's head as shown in Chad Hallyburton's selfie of the group. The stunning image of the rainbow looking from the Bowles' home toward Big Ridge was captured by Quintin Ellison. Ann Hallyburton was there, too, as well as hosts Jim and Maggie Bowles.

Parish News & Notes

Birthdays

- Jul 29 **Jim Addison**
- Jul 30 **Mary Ellen Griffin**
- Jul 31 **Kelley Dinkelmeyer**

Anniversaries

- Jul 30 **Thomas & Helen McCaskill**
- Aug 3 **Jim & Maggie Bowles**





Virtual Closet

If you need medical-related equipment or have something you can offer, contact Claire Marsh: clairemrsh@gmail.com She keeps a list of who has what to facilitate sharing.

Box Tops for Education

There is a basket under the white board in the Parish Hall where you can place any of these box tops you may have. This is an ongoing project for our children.

Meditation Opportunities at St. David's

Accessible Mindfulness: 1st and 3rd Tuesdays, 10-11:15 am. This is especially geared for those new to mindfulness meditation.

Monthly Mindfulness: First Saturday of each month from 10 am until noon in the Parish Hall.

Other Meditation Opportunities

WCU Mindfulness and Meditation: Thursdays at 4 pm 224 Bird Building. For details, call 227-7469 and ask for Michelle. To view a flyer, [please click here.](#)

Mindfulness Meditation: 9:15 am on Thursdays at Sylva Yoga above Lulu's on Main Street in downtown Sylva. Meditation gives students the opportunity to focus on the deep interconnection between mind and body, which can be experienced directly by practice in mindfulness.

Regular	Mondays 10:30 am	Cullowhee Men's Group
Activities	4 th Mondays 5:30 pm	Taizé Service
	Tuesdays & Thursdays 6:30 am	Sunrise Strength Flow Yoga
	1 st & 3 rd Tuesdays	Accessible Mindfulness
	1 st Saturdays 10 am	Monthly Mindfulness
	Last Sundays 5-7 pm Sept-Apr	Soup/Bread Community Supper

St. David's Links and Contact Information:

Website: <http://www.st-davids.org/> [Lectionary Page 2018](#)

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[Altar Guild Schedule 2018](#)

[Greeter Schedule 2018](#)

Diocesan Links:

[Diocese of Western North Carolina](#)

The Rt. Rev. José A. McLoughlin, Bishop

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www.lakelogan.org