

# The Coracle

St Davids Cullowhee



July 15, 2018

Called to embody God's love by welcoming everyone who enters  
and by empowering all who stay to make a difference in the world.

## Calendar

Sun	Jul 15	Pentecost 8 (Vestry retreat~1-4 pm)
Tue	July 17	Accessible Mindfulness 10 am
Sun	Jul 22	Pentecost 9 Children's Sermon (Vestry retreat~1-4 pm)
Mon	Jul 23	Taizé service 5:30 pm
Sun	Jul 29	Pentecost 10
Sun	Aug 5	Pentecost 11—1 <sup>st</sup> Sunday collection for Community Table
Tue	Aug 7	Accessible Mindfulness 10 am <b>Bishop's visit with commemoration of Alice Mason's ministry and confirmation 5:30 pm</b>
Sun	Aug 12	Pentecost 12 Rice & Beans Sunday
Sun	Aug 19	Pentecost 13
Tue	Aug 21	Accessible Mindfulness 10 am
Sun	Aug 26	Pentecost 14 Children's Sermon
Sun	Sep 2	Pentecost 15
Tue	Sep 4	Accessible Mindfulness 10 am
Sun	Sep 9	Pentecost 16
Sun	Sep 16	Pentecost 17
Tue	Sep 18	Accessible Mindfulness 10 am
Sun	Sep 23	Pentecost 18
Sun	Sep 30	Pentecost 19

**Childcare is available during the church service.**

[Sermon Link](#)

## Serving this Sunday

Chalice: Todd Vinyard

Reader: Lydia Aydlett

Music: Nan Watkins

Coffee: Gracia & John Slater

Readings: [2 Samuel 6:1-5, 12b-19,](#)

[Psalm 24, Ephesians 1:3-14,](#)

[Mark 6:14-29](#)

## Serving during July

Bread: Jane Coburn

Flowers: Muff Lyons &

Margot Wilcox

Linen: Faye Jacobson

Eucharist: Muff Lyons &

Laurie Hulbert

Greeters: Muff Lyons &

Margot Wilcox

## Serving during August

Bread: Wesley Satterwhite

Flowers: Volunteer of the week

Linen: Gerlinde Lindy

Eucharist: Newt Smith

Greeters: Lydia Aydlett &

Jane Coburn

## The Gospel

**Mark 6:14-29**

King Herod heard of Jesus and his disciples, for Jesus' name had become known. Some were saying, "John the baptizer has been raised from the dead; and for this reason these powers are at work in him." But others said, "It is Elijah." And others said, "It is a prophet, like one of the prophets of old." But when Herod heard of it, he said, "John, whom I beheaded, has been raised."

For Herod himself had sent men who arrested John, bound him, and put him in prison on account of Herodias, his brother Philip's wife, because Herod had married her. For John had been telling Herod, "It is not lawful for you to have your brother's wife." And Herodias had a grudge against him, and wanted to kill him. But she could not, for Herod feared John, knowing that he was a righteous and holy man, and he protected him. When he heard him, he was greatly perplexed; and yet he liked to listen to him. But an opportunity came when Herod on his birthday gave a banquet for his courtiers and officers and for the leaders of Galilee. When his daughter Herodias came in and danced, she pleased Herod and his guests; and the king said to the girl, "Ask me for whatever you wish, and I will give it." And he solemnly swore to her, "Whatever you ask me, I will give you, even half of my kingdom." She went out and said to her mother,

“What should I ask for?” She replied, “The head of John the baptizer.” Immediately she rushed back to the king and requested, “I want you to give me at once the head of John the Baptist on a platter.” The king was deeply grieved; yet out of regard for his oaths and for the guests, he did not want to refuse her. Immediately the king sent a soldier of the guard with orders to bring John’s head. He went and beheaded him in the prison, brought his head on a platter, and gave it to the girl. Then the girl gave it to her mother. When his disciples heard about it, they came and took his body, and laid it in a tomb.

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## **Teach Us To Pray**

### **A Children Youth Formation Event**

By The Rev. Valori Mulvey Sherer

The Children/Youth Formation Task Force (CFTF) is pleased to announce a date for our premiere event: **Tuesday, July 31<sup>st</sup>** at 5:30 pm. We’ll gather in the parish hall, eat some dinner, then, weather permitting, head outside to pray and learn in God’s creation. The fruit of this event will be a form of Prayers of the People created by our young members. The children and youth will have opportunity to learn and practice at their level and as a community. Join us—and invite your friends! RSVP (so we have enough food) to: [interimvmsherer@gmail.com](mailto:interimvmsherer@gmail.com)

### **Eucharistic Visitor Teams Forming Soon**

During my Parish Visits and subsequent liturgical ministries trainings, I discovered a good deal of interest in the ministry of Eucharistic Visiting. The Eucharistic Visitor is sent from the Sunday liturgy to take Holy Communion to members of the congregation who, by reason of illness or infirmity, are unable to be present at the Sunday Eucharist. Eucharistic visitors may also respond in times of emergency, especially if the clergy are unavailable, carrying Communion to someone in need of its life-giving nourishment at home or in hospital.

At St. David’s, the ministry of Eucharistic Visitation previously has been experienced in the ministry of The Rev. Alice Mason, who served this parish faithfully as deacon. Alice will live on in this ministry as Nancie Wilson has donated Alice’s communion kit to the church for the carrying out of this ministry. Thank you, Nancie!

Please know, however, that the pastoral care of the congregation is a ministry ideally shared by lay and clergy alike, each offering distinct gifts and relationship with those being visited. Pastoral Care teams don’t replace the ministry of clergy visitations, they enhance them.

I have formed Pastoral Care teams in all of the churches I’ve served. Here’s why: When there are teams of Eucharistic Visitors—and I follow Jesus’ example of sending people out two by two—all persons connected with the parish share communion in its fullest sense: shared participation of intimate friendship and the holy food of Communion. If several teams are formed, everyone who is unable to join us on Sunday can remain overtly connected to us and powerfully connected to God through this ministry. Additionally, with several teams, no one is overburdened with the carrying out of this ministry. Finally, as you are preparing to invite a new rector to live in ministry with you, please know how much support a well-trained, well-formed Pastoral Care team offers the priest and how attractive that is to clergy seeking their next call.

Another fruit of Pastoral Care teams is the Christian formation it provides. I will ask that the Eucharistic Visitors commit to gathering quarterly to pray, study Scripture as it relates to this ministry, and discuss how the ministry is working and where it can grow.

Eucharistic Visiting is a licensed ministry, so training is required. If you discern a call to this ministry, please [contact me](#) to schedule your training. We hope to have all applications for licensing to the bishop by his visit on August 7<sup>th</sup>. After that, we can begin forming teams and a plan for this ministry and be ready to go by September, the traditional start of the program year.

### Taizé services at St. David's

Responding to a persistent nudging by the Holy Spirit, I ask for your feedback about holding Taizé services at St. David's on Monday evenings (to begin with anyway). These services would be based on those offered by the Taizé Community, a Christian ecumenical monastic community located in Taizé, which is in the Burgundy region of France. Founded by Brother Roger (Schütz) in 1940, the meditative services developed in this community have spread around the world.

Incorporating simple, repetitive chants, Scripture, prayers, icons, candles, and meditative silences, these services offer a deeply restoring respite from the fast-paced, news-overloaded, rat race that can be our daily lives. They also speak to the meditative sensibility of St. David's.

Taizé services being ecumenical, would enable us to invite members of other churches to join us in worshiping and leading these services. They also happen to be very appealing to younger spiritual seekers, the kind who populate the university in our front yard.

I have a stash of services already prepared and a copy of the Taizé worship music book (chants), so getting started would be easy enough. In order to allow people who haven't been to a Taizé service to get a sense of what these are in order to offer feedback, I will offer a Taizé service on Monday, July 23<sup>rd</sup> at 5:30 pm. Come and see. Come and find peace. Then, after the feedback has been received, we can plan for regular services beginning in August to coincide with the beginning of fall term.



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### Seven-In-Heaven Farewell Brunch

Monday, July 30<sup>th</sup> at 9 am

St. David's Episcopal Church

<https://www.facebook.com/events/494734104297360/>

After 7 years, Chad Hallyburton is saying goodbye to his Monday morning Centering Yoga class. Come help to celebrate the final class meeting with yoga and brunch.

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### August is Volunteer Flower Month

Your Altar Guild would like to give anyone who would like, Altar Guild member or not, a chance to volunteer to do Sunday flowers. We need folks for August 12<sup>th</sup>, 19<sup>th</sup> and 20<sup>th</sup>. Someone has already signed up for August 5<sup>th</sup>. Please let Judy Robinson know if you want to do flowers on one of the Sundays ([judylerorobinson@gmail.com](mailto:judylerorobinson@gmail.com)). If you enjoy doing it, we would love to have you join the Altar Guild as a regular flower arranger. Or you can do it one time to share your creativity. And please let Maggie [magbowwles@gmail.com](mailto:magbowwles@gmail.com) know so she can make note of who is doing them in the *Coracle*.

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### Bishop's Visit: Tuesday, August 7<sup>th</sup> at 5:30 pm

There is serious planning underway for Bishop José's visit next month. The Bishop will commemorate the ministry of The Rev. Alice Mason as well as confirm several candidates. Shown here are Nancie Wilson, Joan Byrd, George Rector, Judy Annis, Jim Bowles, and Jake Jacobson collaborating on the design of a shadowbox to display Alice's stole and other memorabilia.





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## Parish News & Notes

### Birthdays

Jul 15 Mark Tomczak

Jul 18 Sloan Despeaux

Jul 20 Miriam Brown

Jul 21 Brian Dinkelmeyer

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Watermelon is nice, too.



## Travel Journal Sketch Class

Offered by Haidee Wilson

Thursday, July 19<sup>th</sup> 10-12:30 pm

\$15 HCAC member \$20 nonmember—Reservations required—space limited—Sign up by July 15<sup>th</sup>—All levels



We will be creating visual images using pen, ink, and watercolors in a travel journal with review of some basics, encouraging unique ways of seeing. Everyone has creativity...come explore with me!!!

### Supplies to bring to class:

1) **Watercolor journal**—Strathmore makes watercolor journals. I have seen them at Michaels Art store. Size

should be no smaller than 8.5" x 5.5". I will have on hand many blank hand-bound watercolor journals available for purchase. They are *each unique* and exquisitely made by my friend Mernie Wortham from Asheville, all at a reasonable price. They also tend to lie flat more easily for sketching and painting. **Let me know if you would like to reserve a watercolor journal.**

2) **Ink Sketching Pens**—Staedtler pigment liner 0.05 is what I use (the thinnest line), it helps with detail. Some come in sets so you can get a variety of lines to use.

3) **2 small office binding clips**

4) **2 small Paint brushes**—Make sure one is fine for detail and the other for a wash. 5) **Sharp pencil and eraser**

Questions? Email me at [haideewilson@gmail.com](mailto:haideewilson@gmail.com)



### Virtual Closet

If you need medical-related equipment or have something you can offer, contact Claire Marsh: [clairemrsh@gmail.com](mailto:clairemrsh@gmail.com) She keeps a list of who has what to facilitate sharing.

### Box Tops for Education

There is a basket under the white board in the Parish Hall where you can place any of these box tops you may have. This is an ongoing project for our children.

### Meditation Opportunities at St. David's

**Accessible Mindfulness: 1<sup>st</sup> and 3<sup>rd</sup> Tuesdays, 10-11:15 am.** This is especially geared for those new to mindfulness meditation.

**Monthly Mindfulness:** First Saturday of each month from 10 am until noon in the Parish Hall.

#### Other Meditation Opportunities

**WCU Mindfulness and Meditation:** Thursdays at 4 pm 224 Bird Building. For details, call 227-7469 and ask for Michelle. To view a flyer, [please click here.](#)

**Mindfulness Meditation: 9:15 am on Thursdays** at Sylva Yoga above Lulu's on Main Street in downtown Sylva. Meditation gives students the opportunity to focus on the deep interconnection between mind and body, which can be experienced directly by practice in mindfulness.

<b>Regular Activities</b>	Mondays 9-10:30 am	Centering Yoga
	Mondays 10:30 am	Cullowhee Men's Group
	Tuesdays & Thursdays 6:30 am	Sunrise Strength Flow Yoga
	1 <sup>st</sup> & 3 <sup>rd</sup> Tuesdays	Accessible Mindfulness
	1 <sup>st</sup> Saturdays 10 am	Monthly Mindfulness
	Last Sundays 5-7 pm Sept-May	Soup/Bread Community Supper

**St. David's Links and Contact Information:**

Website: <http://www.st-davids.org/> [Lectionary Page 2018](#)

Newsletter editor: Maggie Bowles: [magbowles@gmail.com](mailto:magbowles@gmail.com)

Church phone # and email: 828-331-1427

[interimvmsherer@gmail.com](mailto:interimvmsherer@gmail.com)

Mailing address: PO Box 152, Cullowhee, NC 28723

[Altar Guild Schedule 2018](#)

[Greeter Schedule 2018](#)

**Diocesan Links:**

[Diocese of Western North Carolina](#)

The Rt. Rev. José A. McLoughlin, Bishop

[Sign up for Diocesan Newsletter](#)

[Camp Henry Facebook page](#)

[www.lakelogan.org](http://www.lakelogan.org)