

The Coracle

St Davids Cullowhee



July 8, 2018

Called to embody God's love by welcoming everyone who enters
and by empowering all who stay to make a difference in the world.

Calendar

Fri-Sat	Jul 6-7	Vestry Retreat
Sat	Jul 7	Monthly Mindfulness 10 am
Sun	Jul 8	Pentecost 7 Beans & Rice Sunday Yoga, spirituality, Religion and the Modern World 9:30 am Chad Hallyburton
Sun	Jul 15	Pentecost 8 (Vestry retreat~1-4 pm)
Tue	July 17	Accessible Mindfulness 10 am
Sun	Jul 22	Pentecost 9 Children's Sermon (Vestry retreat~1-4 pm)
Sun	Jul 29	Pentecost 10
Sun	Aug 5	Pentecost 11—1st Sunday collection for Community Table
Tue	Aug 7	Accessible Mindfulness 10 am Bishop's visit with commemoration of Alice Mason's ministry and confirmation 5:30 pm
Sun	Aug 12	Pentecost 12 Rice & Beans Sunday
Sun	Aug 19	Pentecost 13
Tue	Aug 21	Accessible Mindfulness 10 am
Sun	Aug 26	Pentecost 14 Children's Sermon

Childcare is available during the church service.

Serving this Sunday

Chalice:
Reader: Muff Lyons
Music: Nan Watkins
Coffee: Chad Hallyburton



Watermelon Sunday

Readings: [2 Samuel 5:1-5, 9-10](#),
[Psalm 48](#), [2 Corinthians 12:2-10](#),
[Mark 6:1-13](#)

Serving during July

Bread: Jane Coburn
Flowers: Muff Lyons &
Margot Wilcox
Linen: Faye Jacobson
Eucharist: Muff Lyons &
Laurie Hulbert
Greeters: Muff Lyons &
Margot Wilcox

Yoga, Spirituality, Religion, and the Modern World

Sunday, July 8 at 9:30 am

Chad Hallyburton



Explore your own self-nature and your place in community through the lens of yoga. A yoga practice is, at its heart, a striving towards INTEGRATION; the unification of body, mind, spirit, community, the natural world, and even the divine. Find out how yoga can complement, challenge, and learn from religious traditions, as it challenges us to examine our preconceptions of community. No yoga experience necessary; if you can sit in a chair (or stand) you are welcome. FREE breakfast included!

Chad is scheduled to present this program at the [Wild Goose Festival](#) July 12-15th in Hot Springs, NC.

The Second Sunday of Each Month is Beans and Rice Sunday

Muff Lyons reminded us last Sunday that rice and beans are especially needed in these uncertain times by families that she visits as well as the Community Table and UCM groups that we support. Our children package up the food and present it in church to be blessed.



The Gospel

Mark 6:1-13

Jesus came to his hometown, and his disciples followed him. On the sabbath he began to teach in the synagogue, and many who heard him were astounded. They said, "Where did this man get all this? What is this wisdom that has been given to him? What deeds of power are being done by his hands! Is not this the carpenter, the son of Mary and brother of James and Joses and Judas and Simon, and are not his sisters here with us?" And they took offense at him. Then Jesus said to them, "Prophets are not without honor, except in their hometown, and among their own kin, and in their own house." And he could do no deed of power there, except that he laid his hands on a few sick people and cured them. And he was amazed at their unbelief.

Then he went about among the villages teaching. He called the twelve and began to send them out two by two, and gave them authority over the unclean spirits. He ordered them to take nothing for their journey except a staff; no bread, no bag, no money in their belts; but to wear sandals and not to put on two tunics. He said to them, "Wherever you enter a house, stay there until you leave the place. If any place will not welcome you and they refuse to hear you, as you leave, shake off the dust that is on your feet as a testimony against them." So they went out and proclaimed that all should repent. They cast out many demons, and anointed with oil many who were sick and cured them.

Our Promise and Our Prize

By The Rev. Valori Mulvey Sherer

[Sermon Link](#)

In my last article in the *Coracle*, I used the term "Gatekeeper." A couple of people have asked for a fuller explication of that term, which I provide here. I was first introduced to the term "gatekeeper" in seminary in both my Ecclesiology and Contextual Ed classes, then again twice in Fresh Start, a program in most dioceses which offers group support to priests in new calls.

As I mentioned in my previous article, the gatekeeper is a feature in most smaller churches, but it can be found in larger churches as well. Gatekeeping, like most other things, offers gifts and challenges to churches.

The gift of the gatekeeper is that there is intentionality regarding hospitality. The ministry of Usher/Greeter is but one of the ways this gift is made manifest in churches. Reflecting on the stories of Jesus as shepherd and gatekeeper (see my sermon from Easter 4: <http://vmsherer.blogspot.com/2018/04/easter-4b-2018-abiding-with-our-shepherd.html>), the church gatekeeper serves the important function of ensuring that the gates of our hearts and the entry into our worship are open to receive any and all sheep whom God leads to our church home.



The challenge gatekeepers face is the same challenge we all face in ministry, the one St. John the Baptist, the first gatekeeper, spoke with such clarity: "He (Jesus) must increase, but I must decrease." (Jn 3:30) Gatekeepers in most churches are long-term, faithful, active members who have the best interests of the church, its members, and guests at heart. Whenever a challenge is revealed, often through hindsight or when an outsider shares their experience that there is an unrecognized narrowness in the opening in the gate, the gatekeeper is invited to let go and let God, trusting that Jesus is the true gatekeeper.

As I said in my Easter 4 sermon: "When the chaos of life swirls without and within us there is our Shepherd, always nearby, ready to show us the way to the verdant pasture beside the still waters where a feast has been prepared for us." That is our promise and our prize.

5th Sundays

One of the fruits of our discussions in the Liturgy Team was the decision to use 5th Sundays when they occur to celebrate feast days of saints on the liturgical calendar. It's a fun way of doing Christian formation for all ages, especially during the long, green season after Pentecost. If we discover we like these transferred feast days, we can increase them by doing them monthly rather than on 5th Sundays which are approximately quarterly. Our first 5th Sunday will be the Feast of St. Mary Magdalene on July 29th. The next one will be the Feast of St. Michael and all saints on September 30th.

The word "feast" originates from the Latin word "festa" which means "joyous." The Spanish for it is "fiesta." On these fiestas, we hope to have special music or coffee hours that reflect our joy regarding the life and witness of the saint being celebrated. Everyone's ideas are welcomed! Please send them to Valori+ by email interimvmshearer@gmail.com.

Special Visit from Bishop José on Tuesday, August 7th

Bishop José McLoughlin is coming to help us commemorate the life and ministry of The Rev. Alice Mason, deacon at St. David's for 20 years. We will also celebrate Holy Eucharist together, and the bishop will Confirm, Receive, or Reaffirm some among us who prepared for this great event by participating in the Inquirers Class. If you are to be Confirmed, Received, or if you wish to Reaffirm, please email me. There is a diocesan form we need to complete.

The whole St David's community is invited and encouraged to join together for this important festival day (there's that word again!) as we celebrate and remember our own saint, Alice Mason, and welcome our newest "official" members.

Sunday Ministry Sign-up

We have lots of folks who trained for liturgical ministries back in March—some veteran servers, some new to these ministries. We encourage you to live into the call of the Spirit for the ministries you discerned and sign up on the white board to serve on Sundays. We have updated the board so that the Sundays in July and August are on there. Your ministry truly blesses us all. Thank you!

Children's Formation Event

As I mentioned last Sunday, we are planning a Children/Youth Formation event for July on PRAYER. This event will include food and fun while learning and practicing prayer. The fruit of this event will be a Prayers of the People written by our young members.

A Children's Formation Task Force has formed and is working right now to find a date for this event. Please join me in thanking Randi Neff, Johanna Vinyard, Lydia Aydlett, and Melba Cooper for offering to serve St. David's children on this task force. If you'd like to join them, just let me know. All are welcome!

Parents: please contact any of the task force members with your availability and/or limitations during July. A Doodle poll has been set up and can be accessed [HERE](#). While doing this event in July is a goal, if the planning team, responding to your availability, recommends moving it to August instead, we will. Our shared priority is the Christian formation of our children and youth while empowering and encouraging them to make it real in their experience of life and worship.

A Message from Emerson

Hello St. David's family! See you at my Baptism (as soon as my Mamacita and my godmother pick the date).



Fruit of the Vine...

by Judy Robinson

St. David's needs one (or more) of our wonderful members to take on coordination of this Fall's Wine Tasting. This would work well with a small group sharing duties/decisions, so grab your two BFFs and please volunteer!

Components include: Working with wine expert Sonia Hooper to set a date and details; complete license and applications; send invitations throughout the greater community through the Coracle and emails; set-up/clean-up of church hall; collect \$ at the event and account for it; accept wine delivery and deliver to purchasers. Some helpful hints: Steve Steinbrueck has forms for license and applications and would be glad to share lots of how-to info; Sonia Hooper has done this with us several times, so she will be a great resource. The event usually occurs in late October/early November. This has always been a super fund raiser for us...so success is just about guaranteed! Please let senior warden Betsy Swift know if you are interested: bswift4352@gmail.com

Steve Steinbrueck would be glad to answer any questions as you consider doing this: stevesteinbrueck@gmail.com. Thanks for your consideration!!!



Tom Wilcox, Anne Long, Margot Wilcox, Gracia Slater and John Slater (behind the camera) enjoyed the Begonias' group Dine-around dinner on Saturday. Bob Dodd and Kelley and Brian Dinkelmeyer were unable to attend.

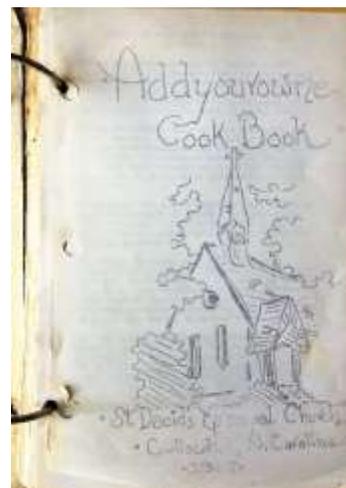
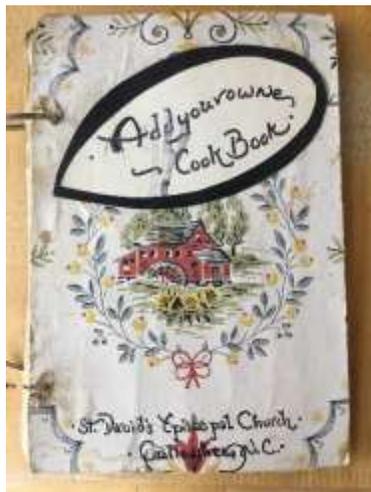


Margot served a delicious sorbet in her hand-painted Venetian bowls.

St. David's Timeline-1967

By June Smith

Since writing about the three cookbooks published by St. David's, I have acquired a photograph of the very first one, *Addyourwine*. This book belongs to Jane Horton, who was active at St. David's during the 1960s and 1970s, along with Jim her husband, and Mark, Jeb, Meg, Will, and Graham, their children. Jane's book is currently in her California house, but she asked a neighbor to photograph it and send me the pictures. The fancy page was the outside cover, and the drawing of the church with the date 1967 at the bottom was the inside page. Here they are:



Parish News & Notes

Jul 15 **Birthdays**
 Mark Tomczak

Anniversaries
Jul 8 **Ed & Betsey Hamlet**
Jul 14 **Kelley & Brian Dinkelmeyer**
 Elizabeth & Jim Addison



NAACP Program

The Jackson County branch of the NAACP is celebrating the 150th anniversary of the adoption of the 14th amendment with dinner and a talk by Dr. Elizabeth McRae, author of the book *Mothers of Massive Resistance*.

Tuesday, July 10th, 2018, 6-8:30pm

Note date correction!

Old Webster School Auditorium

Tickets: \$10 from Betsy Swift



Travel Journal Sketch Class

Offered by Haidee Wilson

Thursday, July 19th 10-12:30 pm

\$15 HCAC member \$20 nonmember—Reservations required—space limited—Sign up by July 15th—All levels

We will be creating visual images using pen, ink, and watercolors in a travel journal with review of some basics, encouraging unique ways of seeing. Everyone has creativity...come explore with me!!!

Supplies to bring to class:

1) Watercolor journal— Strathmore makes **watercolor** journals. I have seen them at Michaels Art store. Size should be no smaller than 8.5" x 5.5". I will have on hand many blank hand-bound watercolor journals available for purchase. They are *each unique* and exquisitely made by my friend Mernie Wortham from Asheville, all at a reasonable price. They also tend to lie flat more easily for sketching and painting. **Let me know if you would like to reserve a watercolor journal.**

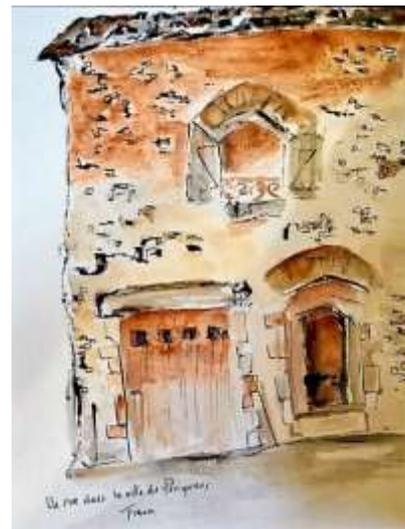
2) Ink Sketching Pens— Staedtler pigment liner 0.05 is what I use (the thinnest line), it helps with detail. Some come in sets so you can get a variety of lines to use.

3) 2 small office binding clips

4) 2 small Paint brushes—Make sure one is fine for detail and the other for a wash.

5) Sharp pencil and eraser

Questions? Email me at haideewilson@gmail.com





From the Diocese

Two Messages from Bishop José

Episcopal Diocese of Western North Carolina

July 4, 2018

Dear Brothers and Sisters in Christ,

As I embark for General Convention in Austin, Texas, one of the things I treasure most when the whole church gathers is worshipping and working alongside people from all walks of life, women and men who reflect the great diversity of our common humanity. Truly, General Convention reminds me that The Episcopal Church is comprised of men, women and children of every ethnicity, culture, language, and country from around the world. What is more, over the course of our history, while sometimes missing the mark, The Episcopal Church has faithfully worked to be a welcoming faith community to immigrants.

Over the past several weeks, as the immigration debate has grown more divisive while also becoming appallingly dire as most children separated from their parents have yet to be reunited with their families, I have thoughtfully reflected on our origins as a Church, as well as faithfully discerned Jesus' Great Commandment "to love God, love your neighbor as you love yourself" and Saint Paul's words to the Church in Rome that "love does no wrong to a neighbor; therefore, love is the fulfilling of the law," (Romans 13:10). I now write you to share my thoughts and hopes as a Christian community called to "seek and serve Christ in all persons" and to "respect the dignity of every human being."

I want to be clear, that my intention is to lift up and illumine our vocation as disciples of Jesus of Nazareth who calls us to participate with God in the holy work of justice, mercy, and reconciliation. Yes, often Christian discernment and conviction leads to honest deliberation and humble discourse of our collective attitudes, opinions, and laws in the hope of encouraging policies that advance the common good for all people in every community across the country. There is biblical and historical precedent for this endeavor. Our Lord, Jesus, himself challenged the religious and civic leaders of his day with the purpose of calling Israel back into right relationship with each other and with God.

I also want to be clear, that my intention is to promote the hospitality of Jesus Christ while at the same time valuing the safety and security of our national community. As a former police officer and employee of the Justice Department, I endorse border protection policies that are consistent with humanitarian values and treat all individuals with respect, while allowing the authorities to carry out the critical task of identifying and preventing the entry of terrorists and dangerous criminals. I also endorse the legitimate task of reforming our policies that implement processes for immigrant workers and their families to enter and work in a safe, legal, and orderly manner. Furthermore, I also advocate for the creation of a path to citizenship that supports hard-working immigrants, who are already contributing to this country, to come out of the shadows in order that their status may be regularized upon completion of reasonable criteria, and eventually allow them to pursue becoming lawful permanent residents and citizens.

My brothers and sisters in Christ, the Gospel imperative of love compels us to examine our attitudes and actions toward the refugee and foreigner in our midst. As God loves each one of us, God equally loves the outcast, resident alien, and stranger. There is no place in our Christian life for vitriolic language that demonizes or belittles other human beings and we must always speak out against such bigotry. As followers of Jesus, his life is our standard in all we say and do and we will be judged ultimately on how we treat others.

In light of this, I will join The Most Reverend Michael Curry, Presiding Bishop, and the Rev. Gay Clark Jennings, president of the House of Deputies, as well as other delegates and bishops at General Convention, for a prayer service outside the T. Don Hutto Residential Detention Center in Taylor, Texas on Sunday, July 8. Our hope is to lift up the inhumane treatment of those seeking asylum in our country

and invite the Holy Spirit to inspire us and our government leaders to safeguard the care and dignity of all immigrants and refugees, especially children who must be immediately reunited with their families.

Finally, I invite you to join me in following Jesus by getting educated and staying informed on all aspects of this important human issue. The Episcopal Church's Office is a non-partisan group of lay and ordained leaders who, representing the priorities set by the Presiding Bishop and General Convention, diligently work to thoroughly study and advocate on this topic and a host of others. I also invite you to join me in contributing to the work of [Pisgah Legal Services](#) in their efforts to support and safeguard immigrants in their path to citizenship. I am very impressed by and fully endorse this local organization and commend them to you for your support.

Above all, I ask you all to pray. Pray for me and all of us attending General Convention. Pray for all of our elected officials to be guided by the wisdom and compassion of God for the common good. And pray for all people everywhere to be filled with the love of Christ for the sake of the whole world.

[En español](#)



June 29, 2018

Dear Sisters and Brothers in Christ,

I am excited to announce that the new Diocese of Western North Carolina [website](#) is now up and running! In this up-to-date, fresh platform you will discover a number of innovative features, including an interactive map of the diocese, an inspiring and honest presentation of our history, and wonderful videos and stories that provide an introduction to the Episcopal Church and an invitation to be a part of the Jesus Movement.

I also want to draw your attention to a particular resource that contains revised and more helpful information as well as brand new information. Under "Resources", you will find a subsection titled, "[Safeguarding and Securing our Churches](#)". This feature comprises information on safeguarding all people from sexual misconduct and exploitation and information on securing our congregations from violence and disaster.

Within the safeguarding unit are all the policies, including a new policy on the protection of vulnerable adults, the procedures for training and screening paid personnel and volunteers, and the provisions for background checks. Likewise, the securing unit provides all the resources your congregation needs to establish protocols in the event of natural or human disaster.

I encourage everyone, especially all clergy, Vestry members and every diocesan leader, to thoroughly explore the entire new website to familiarize yourself with its content.

Finally, I want to express my deepest thanks to Chris Goldman, our Communications Officer, and the Rev. Canon Augusta Anderson, Canon to the Ordinary and Chief of Staff, who collaborated to design, compose, and launch this new website. Their efforts reflect countless hours and over nine months of planning and hard work. Please join me in expressing your thanks to them for a job well done.

Faithfully,

A handwritten signature in black ink, appearing to read 'José A. McLoughlin', with a small cross symbol to the left of the first letter.

The Rt. Rev. José A. McLoughlin
VII Bishop of Western North Carolina

THE DARING WAY™

SHOW UP | BE SEEN | LIVE BRAVE™



based on the research of Brené Brown

A JOURNEY IN THE DARING WAY™

A SACRED SPACE TO EXPLORE LIVING WITH
COURAGE AND VULNERABILITY AND THE
THINGS THAT GET IN OUR WAY.

August 26 - 29, 2018

VENUE:

THE HISTORIC INN AND
BISHOP JOHNSON HALL

AT THE VALLE CRUCIS CONFERENCE CENTER

ALL MEALS AND PROGRAM COSTS INCLUDED
\$450 with Lodging / \$306 Commuter

Led by the Rev. Cyndi Banks and the Rev. Karla Woggon, Certified Daring Way™ Facilitators

Register at www.vcconferences.org/programs

**VULNERABILITY IS THE BIRTHPLACE OF LOVE, BELONGING, JOY,
COURAGE, EMPATHY, ACCOUNTABILITY, AND AUTHENTICITY."**

BRENÉ BROWN

Virtual Closet

If you need medical-related equipment or have something you can offer, contact Claire Marsh: clairemrsh@gmail.com She keeps a list of who has what to facilitate sharing.

Box Tops for Education

There is a basket under the white board in the Parish Hall where you can place any of these box tops you may have. This is an ongoing project for our children.

Meditation Opportunities at St. David's

Accessible Mindfulness: 1st and 3rd Tuesdays, 10-11:15 am. This is especially geared for those new to mindfulness meditation.

Monthly Mindfulness: First Saturday of each month from 10 am until noon in the Parish Hall.

Other Meditation Opportunities

WCU Mindfulness and Meditation: Thursdays at 4 pm 224 Bird Building. For details, call 227-7469 and ask for Michelle. To view a flyer, [please click here.](#)

Mindfulness Meditation: 9:15 am on Thursdays at Sylva Yoga above Lulu's on Main Street in downtown Sylva. Meditation gives students the opportunity to focus on the deep interconnection between mind and body, which can be experienced directly by practice in mindfulness.

St. David's Links and Contact Information:

Website: <http://www.st-davids.org/> [Lectionary Page 2018](#)

Newsletter editor: Maggie Bowles: magbowles@gmail.com

Church phone # and email: 828-331-1427

interimvmsherer@gmail.com

Mailing address: PO Box 152, Cullowhee, NC 28723

[Altar Guild Schedule 2018](#)

[Greeter Schedule 2018](#)

Diocesan Links:

[Diocese of Western North Carolina](#)

The Rt. Rev. José A. McLoughlin, Bishop

[Sign up for Diocesan Newsletter](#)

[Camp Henry Facebook page](#)

www.lakelogan.org

Regular	Mondays 9-10:30 am	Centering Yoga
Activities	Mondays 10:30 am	Cullowhee Men's Group
	Tuesdays & Thursdays 6:30 am	Sunrise Strength Flow Yoga
	1 st & 3 rd Tuesdays	Accessible Mindfulness
	1 st Saturdays 10 am	Monthly Mindfulness
	Last Sundays 5-7 pm Sept-May	Soup/Bread Community Supper

Moving Forward Through Circles of Hope

Circles of Hope Program

Through the Circles of Hope program individuals receive classes which are essential to the participants success:

Classes include:

- Problem solving skills
- Budgeting strategies
- Hidden rules of economic class
- How to build community resources

National Impact Report

- ♦ Circle Leaders in Jackson County have an 81% increase in income
- ♦ Those taking a leadership role are working their way out of poverty
- ♦ Average Salary has gone from \$653 a month to \$1,886 a month



How can you help?

If you have a heart for the poor, an open mind, and want to experience the wonder of seeing someone get out of poverty through their own hard work and dedication to their goals, we hope you will come one Tuesday night to the Mission and Fellowship Center of First Baptist Church and join us for a good meal and great fellowship with amazing volunteers and Circle leaders!

