

The Coracle

St Davids Cullowhee



June 24, 2018

Called to embody God's love by welcoming everyone who enters
and by empowering all who stay to make a difference in the world.

Calendar

Sun	Jun 24	Pentecost 5 Children's Sermon, The Rev. Nick MacDonald, supply priest
Sun	Jul 1	Pentecost 6—1 st Sunday Collection for Clean Slate
Tue	Jul 3	Accessible Mindfulness 10 am
Fri-Sat	Jul 6-7	Vestry Retreat
Sat	Jul 7	Monthly Mindfulness 10 am
Sun	Jul 8	Pentecost 7 Beans & Rice Sunday Yoga, spirituality, Religion and the Modern World 9:30 am Chad Hallyburton
Sun	Jul 15	Pentecost 8
Tue	July 17	Accessible Mindfulness 10 am
Sun	Jul 22	Pentecost 9 Children's Sermon
Sun	Jul 29	Pentecost 10
Sun	Aug 5	Pentecost 11—1 st Sunday collection for Community Table
Tue	Aug 7	Accessible Mindfulness 10 am
Sun	Aug 12	Pentecost 12 Rice & Beans Sunday
Sun	Aug 19	Pentecost 13
Tue	Aug 21	Accessible Mindfulness 10 am
Sun	Aug 26	Pentecost 14 Children's Sermon

Childcare is available during the church service.

Serving this Sunday

Chalice: Betsy Swift
Reader: Betty Lynn Kirwan
Music: Nan Watkins
Coffee: Claire Marsh &
Gael Graham
Readings: [1 Samuel 17: \(1a, 4-11, 19-23\)](#), [32-49](#), [Psalm 9:9-20](#) [2 Corinthians 6:1-13](#), [Mark 4:35-41](#)

Serving during June

Bread: John Slater
Flowers: Judy Annis
Linen: Faye Jacobson
Eucharist: Judy Annis &
Faye Jacobson
Greeters: Hank Sharp &
Lydia Aydlett

Serving during July

Bread: Jane Coburn
Flowers: Muff Lyons &
Margot Wilcox
Linen: Faye Jacobson
Eucharist: Muff Lyons &
Laurie Hulbert
Greeters: Muff Lyons &
Margot Wilcox

The vigil stand will be in place Sunday morning for the St. David's Community to light a candle for our migrant children who have been removed from their families.

The Gospel

Mark 4:35-41

When evening had come, Jesus said to his disciples, "Let us go across to the other side." And leaving the crowd behind, they took him with them in the boat, just as he was. Other boats were with him. A great windstorm arose, and the waves beat into the boat, so that the boat was already being swamped. But he was in the stern, asleep on the cushion; and they woke him up and said to him, "Teacher, do you not care that we are perishing?" He woke up and rebuked the wind, and said to the sea, "Peace! Be still!" Then the wind ceased, and there was a dead calm. He said to them, "Why are you afraid? Have you still no faith?" And they were filled with great awe and said to one another, "Who then is this, that even the wind and the sea obey him?"

Yoga, Spirituality, Religion, and the Modern World

Sunday, July 8 at 9:30 am

Chad Hallyburton

Explore your own self-nature and your place in community through the lens of yoga. A yoga practice is, at its heart, a striving towards INTEGRATION; the unification of body, mind, spirit, community, the natural world, and even the divine. Find out how yoga can complement, challenge, and learn from religious traditions, as it challenges us to examine our preconceptions of community. No yoga experience necessary; if you can sit in a chair (or stand) you are welcome. FREE breakfast included!



Vestry Changes

The vestry welcomes Judy Robinson, second-highest vote-getter at the annual meeting, to replace Paul Yanik who resigned for personal reasons. Paul is taking over as webmaster for the church website.

Help Wanted

We are looking for an assistant treasurer - someone who is comfortable with both numbers and computers and is willing to regularly assist with things like bank deposits, account reconciliation, bill paying, and entering data into our financial software. Please let Steve Steinbrueck know if you're interested or would like more information.



Chad Hallyburton cooked a delicious dinner for Jim and Maggie Bowles and Ann Hallyburton. Smitty (the beloved dog) was under the weather, as was Lydia Aydlett, who was missed and worried about. Both seem to be doing better.



The Cosmos group enjoyed a starter course on the deck at the Jacobsons while taking in their panoramic views of the mountains and the Cowee Valley. Pictured counterclockwise from bottom: Jere Annis, Faye Jacobson, Judy Annis, Tom Wilcox, Jake Jacobson, Bosco, June Smith, and Newt Smith. Margot Wilcox was the photographer.



Dinner at the Neff's—The Lindys and Lillian Pearson ate dinner by candlelight with the Neffs in their new addition which lacks electricity (for now).

Please take a photo when you have your meetings and send it in for publication along with a few words about it: magbowles@gmail.com.



Parish News & Notes

Birthdays

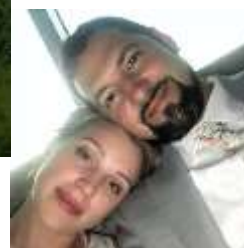
- Jun 25 Wesley Satterwhite
- Jun 26 Bob Dodd, Robert Lindy
- Jun 27 Caroline Ulrich
- Jun 29 Marilyn Jody

Anniversaries

- Jun 30 Betsy Swift & Barb Manke
- June & Newt Smith



Maleah Pusz m. Austin Rios
6/18/2018



Maggie Bowles presents Maleah with a booklet of recipes submitted by the cooks of St. David's. Here is a link to the [Maleah's Recipe Booklet](#)





The stone steps to the new cremains area of the cemetery have been installed.



Some things are just a mystery.



Joan Byrd is shown with the glass sculpture entitled Terracotta Arc that was donated to the WCU Art Museum by the Harvey Littleton family in her honor.

Please share the Love with my brother John (JT).

By Randi Neff

My brother is a recovering alcoholic. The past four years have been very rough with the loss of his job, his marriage, and legal troubles. He thankfully still has his house, and he and his wife are giving it another try for the sake of their daughter Candace. He finally has a project to try and turn his life around while also looking for work. He is making God Boxes and selling them on ETSY. Here's the link: <https://www.etsy.com/shop/TheGodBoxCo> and a picture.

The inscription reads "God I've done everything I can to please you. I know you want the best possible outcome. However, I'm gonna need some help on this one. I pray for your will to guide me." My brother is willing to personalize the text if you would prefer something else. In addition, I am willing to deliver from Charlotte to avoid shipping costs.

Even if you don't buy from him, keep his family in your prayers and share this link with others who may want to contribute to his rehabilitation. Many thanks. whee.grannie@gmail.com



From the Diocese

THE DARING WAY™

SHOW UP | BE SEEN | LIVE BRAVE™



based on the research of Brené Brown

A JOURNEY IN THE DARING WAY™

A SACRED SPACE TO EXPLORE LIVING WITH
COURAGE AND VULNERABILITY AND THE
THINGS THAT GET IN OUR WAY.

August 26 - 29, 2018

VENUE:

THE HISTORIC INN AND
BISHOP JOHNSON HALL

AT THE VALLE CRUCIS CONFERENCE CENTER

ALL MEALS AND PROGRAM COSTS INCLUDED
\$450 with Lodging / \$306 Commuter

Led by the Rev. Cyndi Banks and the Rev. Karla Woggon, Certified Daring Way™ Facilitators

Register at www.vcconferences.org/programs

**VULNERABILITY IS THE BIRTHPLACE OF LOVE, BELONGING, JOY,
COURAGE, EMPATHY, ACCOUNTABILITY, AND AUTHENTICITY."**

BRENÉ BROWN

Moving Forward Through Circles of Hope

Circles of Hope Program

Through the Circles of Hope program individuals receive classes which are essential to the participants success:

Classes include:

- Problem solving skills
- Budgeting strategies
- Hidden rules of economic class
- How to build community resources

National Impact Report

- ♦ Circle Leaders in Jackson County have an 81% increase in income
- ♦ Those taking a leadership role are working their way out of poverty
- ♦ Average Salary has gone from \$653 a month to \$1,886 a month



How can you help?

If you have a heart for the poor, an open mind, and want to experience the wonder of seeing someone get out of poverty through their own hard work and dedication to their goals, we hope you will come one Tuesday night to the Mission and Fellowship Center of First Baptist Church and join us for a good meal and great fellowship with amazing volunteers and Circle leaders!



Meditation Opportunities at St. David's

Accessible Mindfulness: 1st and 3rd Tuesdays, 10-11:15 am. This is especially geared for those new to mindfulness meditation.

Monthly Mindfulness: First Saturday of each month from 10 am until noon in the Parish Hall.

Other Meditation Opportunities

WCU Mindfulness and Meditation: Thursdays at 4 pm 224 Bird Building. For details, call 227-7469 and ask for Michelle. To view a flyer, [please click here](#).

Mindfulness Meditation: 9:15 am on Thursdays at Sylva Yoga above Lulu's on Main Street in downtown Sylva. Meditation gives students the opportunity to focus on the deep interconnection between mind and body, which can be experienced directly by practice in mindfulness.

Virtual Closet

If you need medical-related equipment or have something you can offer, contact Claire Marsh: clairemrsh@gmail.com She keeps a list of who has what to facilitate sharing.

Box Tops for Education

There is a basket under the white board in the Parish Hall where you can place any of these box tops you may have. This is an ongoing project for our children.

[Sermon Link](#)

Regular	Mondays 9-10:30 am	Centering Yoga
Activities	Mondays 10:30 am	Cullowhee Men's Group
	Tuesdays & Thursdays 6:30 am	Sunrise Strength Flow Yoga
	1 st & 3 rd Tuesdays	Accessible Mindfulness
	1 st Saturdays 10 am	Monthly Mindfulness
	Last Sundays 5-7 pm Sept-May	Soup/Bread Community Supper

St. David's Links and Contact Information:

Website: <http://www.st-davids.org/> [Lectionary Page 2018](#)

Newsletter editor: Maggie Bowles: magbowles@gmail.com

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interimvmsherer@gmail.com

Mailing address: PO Box 152, Cullowhee, NC 28723

[Altar Guild Schedule 2018](#)

[Greeter Schedule 2018](#)

Diocesan Links:

[Diocese of Western North Carolina](#)

The Rt. Rev. José A. McLoughlin, Bishop

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[Camp Henry Facebook page](#)

www.lakelogan.org