

# The Coracle

St Davids Cullowhee



May 6, 2018

Called to embody God's love by welcoming everyone who enters  
and by empowering all who stay to make a difference in the world.

## Calendar

Sat	May 5	Monthly Mindfulness 10 am
Sun	May 6	Easter 6 1 <sup>st</sup> <b>Sunday collection for Neighbors in Need</b>
Tue	May 8	Vestry Meeting 5:30 pm
Sun	May 13	Easter 7 Beans & Rice Sunday, Mother's Day
Tue	May 15	Accessible Mindfulness 10 am
Fri-Sun	May 18-20	Vestry Retreat
Sun	May 20	<b>Pentecost</b> , Children's Sermon
Sun	May 27	Pentecost 1, Trinity Sunday
Sat	Jun 2	Monthly Mindfulness 10 am
Sun	Jun 3	Pentecost 2, 1 <sup>st</sup> Sunday Collection for United Christian Ministries
Tue	Jun 5	Accessible Mindfulness 10 am
Fri-Sat	Jun 8-9	Cold Mountain Music Lake Logan
Fri-Sun	Jun 8-10	Yoga Retreat Valle Crusis, Chad Hallyburton
Sun	Jun 10	Pentecost 3 Beans & Rice Sunday
Sun	Jun 17	Pentecost 4 Children's Sermon
Tue	Jun 19	Accessible Mindfulness 10 am
Sun	Jun 22	Pentecost 5

**Childcare is available during the church service.**

## Serving this Sunday

Chalice:

Reader:

Music: Nan Watkins

Coffee: Margot & Tom Wilcox

Readings: [Acts 10:44-48](#),

[1 John 5:1-6](#), [John 15:9-17](#),

[Psalm 98](#)

## Serving during May

Bread: Wesley Satterwhite

Flowers: Rosa Reily

Linen: Gerlinde Lindy

Eucharist: Muff Lyons &

Laurie Hulbert

Greeters: George Rector &

Joan Byrd

## The Gospel

**John 15:9-17**

Jesus said to his disciples, "As the Father has loved me, so I have loved you; abide in my love. If you keep my commandments, you will abide in my love, just as I have kept my Father's commandments and abide in his love. I have said these things to you so that my joy may be in you, and that your joy may be complete.

"This is my commandment, that you love one another as I have loved you. No one has greater love than this, to lay down one's life for one's friends. You are my friends if you do what I command you. I do not call you servants any longer, because the servant does not know what the master is doing; but I have called you friends, because I have made known to you everything that I have heard from my Father. You did not choose me but I chose you. And I appointed you to go and bear fruit, fruit that will last, so that the Father will give you whatever you ask him in my name. I am giving you these commands so that you may love one another."

## Earth Day Follow Up

Here is a link with suggestions for things churches can do in follow-up for Earth Day:  
[Beyond Earth Day: 10 Ideas for Environmental Advocacy and Activism in Your Church](#)

## Notes from the Interim Rector

By The Rev. Dr. Valori Mulvey Sherer

### Liturgical Ministries Training & Licensing Update

I have been asked to do another training for those who were unable to attend in March, something I'm very happy to do! To simplify choosing a date, I'm using Doodle, an online scheduler, to find the time most people who want to attend are able to attend. To participate in the Doodle poll, please click this link (or copy and paste it into your search bar): <https://doodle.com/poll/58qtm7bqykhgwxwxe>. July is a popular vacation month, and we have the option of choosing more than one training date.

For those who have completed the training for licensed ministries which include Eucharistic Minister (a.k.a. Chalice Bearer), Eucharistic Visitor, and Worship Leader (a.k.a. Licensed Lay Reader), please fill out your licensure application attached [HERE](#) and return it to me.

Our goal is to have everyone who wants to be trained and licensed do so by the end of summer ahead of the start of the "program year" in the fall. I'm currently updating the Liturgical Ministries Manual and will post the updated booklet soon. In the meantime, the current booklet, imperfect as it is, can be found [HERE](#).

### Bulletin and Readings Insert

Thank you to all who have provided feedback on these. It's been overwhelmingly positive! One person asked if we might have a couple of larger print versions of the readings insert available for those for whom the small print is hard to read. I'm happy to do this if there is anyone who desires it. Please let me know. They can be available on the table in the back of the church.

### Liturgy News

Many thanks to the Liturgy Team members: Nan Watkins, Betsy Swift, Gael Graham, Gerlinde Lindy, Judy Annis, Muff Lyons, and Nancie Wilson. What, no men? It's an open enrollment, so it looks like we need to encourage the men to participate!

**Worship booklet:** The Liturgy Team has been going over how to make the worship booklet a little more user-friendly for newcomers, guests, and supply priests, as well as more nimble and flexible for everyone. We have a version ready for trial use which we'll roll out on Trinity Sunday, May 27<sup>th</sup>. This booklet enables more choices on some things, e.g. the Gloria, the Prayers of the People, and the third Eucharistic Prayer found in *Enriching Our Worship* (the current booklet uses only the first two prayers). It also includes the words to the beautiful doxology which is sung here, adds a few rubrics and explanations from the Book of Common Prayer, and enables the Celebrant to include the Proper Preface in the Eucharistic Prayer.

**5<sup>th</sup> Sundays:** During the Season after Pentecost, when there is a 5<sup>th</sup> Sunday, we will plan for special music or an anthem to celebrate the feast day of a saint. For example, on July 29<sup>th</sup>, we will celebrate the Feast of St. Mary Magdalene, and on September 30<sup>th</sup>, we will celebrate the Feast of St. Michael and All Angels. If you would like to participate in the ad hoc choirs for those dates, please let Valori+ know.

### Pentecost Sunday, May 20<sup>th</sup>

Everyone is invited to read the Gospel on this day in a language meaningful or familiar to you—at the same time—during the service! As we will hear from the *Acts of the Apostles* on that day: "And how is it that we hear, each of us, in our own native language?...—in our own languages we hear them speaking about God's deeds of power." Valori+ can provide you with the text translated into the language you choose. Here is the link for the gospel reading from John for Pentecost Sunday: [John 15:26-27; 16:4b-15](#).

## Children and Youth

Thank you to the parents who came to our two discussion meetings about this important part of our lives—the spiritual formation of our children and youth. The discussions were rich and informative.

The first action to come from these discussions has to do with our celebration of **Pentecost Sunday, May 20<sup>th</sup>**. As a Principle Feast in the Episcopal Church (see BCP, p 15), this is a party day. It's the birthday of the church, so we plan to celebrate big! We will, of course, wear **red**. The children will fly the Holy Spirit dove in procession along with the prayer flags they made for Easter. (We'll make more if needed.) The Sunday preceding Pentecost (May 22<sup>nd</sup>), we're hoping for a creative sort to volunteer to do a craft with the children during the first part of the worship service when they are in the parish hall. This would be to create tongues-of-fire headbands/gear to wear on Pentecost. We'd like the adults to prepare the parish hall for a birthday celebration complete with streamers, a cake, and fireballs (the candy) at the coffee hour. Finally, we'd like to invite everyone to learn and teach your children to say, "The peace of Christ" in a language meaningful to your family for use at the exchange of peace.

The second action to come from these discussions has to do with the **Prayers of the People**. As part of our new flexibility in the liturgy, we would like the children to learn to write prayers for the Prayers of the People which they will share with us on the 3<sup>rd</sup> Sundays over the summer: June 17<sup>th</sup>, July 15<sup>th</sup>, and August 19<sup>th</sup>. That means on the second Sundays, we seek a volunteer to work with them on this project. The form for this is simple and is found in the Book of Common Prayer (p. 383). Valori+ also has some resources to help with this. Please contact Valori+ if you would like to help with this formation opportunity.

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## Parish News & Notes

### Birthdays

May 8 Karen Brown  
May 9 Maggie Bowles, Tom Wilcox, Ann Guessford

Prayers ongoing for Newt Smith and his family as he continues to recover from a stroke.

Healing prayers for Valori+ who suffered a painful reaction to a wasp sting on her hand this week.

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Congratulations to Kendra Graham on her graduation from WCU.





Maggie & Jim Bowles, Karen & Harry Brown, and Judy and Jere Annis enjoyed a delicious lunch and visit at the Annis' lovely home off Pumpkintown Road.



Please take a photo when you have your meetings and send it in for publication along with a few words about it: [magbowles@gmail.com](mailto:magbowles@gmail.com).

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### Yoga Retreat with Chad Hallyburton

Resting in the Quiet Heart: A Mountain Yoga Retreat: Friday, June 8<sup>th</sup>—Sunday, June 10<sup>th</sup>. Spend a weekend at the historic Valle Crucis Conference Center near Banner Elk, NC. Relax, rejuvenate, and soak up the quiet mountain atmosphere. \$214 includes programs, food, and lodging. Register here: [vconferences.org/programs](http://vconferences.org/programs).

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### In Our Community and Beyond...

[Episcopal Relief & Development Double Your Gift Challenge](#)



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### Meditation Opportunities at St. David's

**Accessible Mindfulness: 1<sup>st</sup> and 3<sup>rd</sup> Tuesdays, 10-11:15 am.** This is especially geared for those new to mindfulness meditation.

**Monthly Mindfulness:** First Saturday of each month from 10 am until noon in the Parish Hall.

#### Other Meditation Opportunities

**WCU Mindfulness and Meditation:** Thursdays at 4 pm 224 Bird Building. For details, call 227-7469 and ask for Michelle. To view a flyer, [please click here](#).

**Mindfulness Meditation: 9:15 am on Thursdays** at Sylva Yoga above Lulu's on Main Street in downtown Sylva. Meditation gives students the opportunity to focus on the deep interconnection between mind and body, which can be experienced directly by practice in mindfulness.

#### Virtual Closet

If you need medical-related equipment or have something you can offer, contact Claire Marsh: [clairemrsh@gmail.com](mailto:clairemrsh@gmail.com) She keeps a list of who has what to facilitate sharing.

#### Box Tops for Education

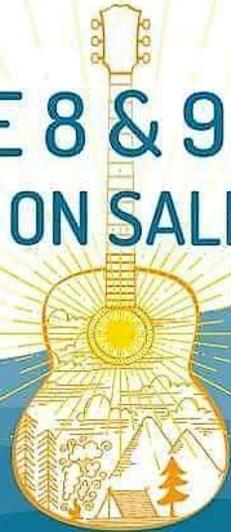
There is a basket under the white board in the Parish Hall where you can place any of these box tops you may have. This is an ongoing project for our children.

*From the Diocese*

# COLD MOUNTAIN MUSIC FESTIVAL

— AT LAKE LOGAN —

JUNE 8 & 9 2018  
TICKETS ON SALE JAN 30



## SHOVELS & ROPE MANDOLIN ORANGE

RIVER WHYLESS + THE STEEL WHEELS  
JON STICKLEY TRIO + THE BROADCAST  
KENNY GEORGE BAND + AND MORE TBA SOON!

TICKETS AND MORE INFORMATION AVAILABLE AT [COLDMOUNTAINMUSIC.ORG](http://COLDMOUNTAINMUSIC.ORG)  
BENEFITING LAKE LOGAN AND CAMP HENRY + TENT CAMPING AVAILABLE!

Cold Mountain Music Festival takes place this year June 8-9 at Lake Logan. The event raises funds and awareness for Lake Logan and Camp Henry. Cold Mountain Music Festival features top-notch musical talent, amazing local food & drink vendors, a kid's area, and more all in one of the most pristine settings imaginable. The centerpiece of the 300-acre property is a mile-long lake surrounded by the Shining Rock Wilderness Area of Pisgah National Forest.

Purchase tickets and learn more [here](#).



— IMAGINE WHAT WE CAN DO TOGETHER —

Blue Ridge Health is committed to providing access to quality healthcare for **everyone** who needs it.

To honor this commitment we depend on community support. We depend on **you**.

Please join us as we Open Doors to Health during an entertaining evening of community giving to benefit Blue Ridge Health in Jackson, Haywood, and Buncombe Counties. This event is a new and exciting opportunity to make a difference in the lives of those who live in our area. **Together** we will celebrate how far we have come with your support and unveil our vision for a healthier community through comprehensive, affordable care.

**PLEASE SAVE THE EVENING OF MAY 19, 2018**

Generously Hosted and Supported by  
**Harrah's Resort Hotel**

*Formal Invitation to Follow*



<b>Regular Activities</b>	Mondays 9-10:30 am	Centering Yoga
	Mondays 10:30 am	Cullowhee Men's Group
	Tuesdays & Thursdays 6:30 am	Sunrise Strength Flow Yoga
	1 <sup>st</sup> & 3 <sup>rd</sup> Tuesdays	Accessible Mindfulness
	1 <sup>st</sup> Saturdays 10 am	Monthly Mindfulness
	Last Sundays 5-7 pm Sept-May	Soup/Bread Community Supper

**St. David's Links and Contact Information:**

Website: <http://www.st-davids.org/> [Lectionary Page 2018](#)

Newsletter editor: Maggie Bowles: [magbowles@gmail.com](mailto:magbowles@gmail.com)

Church phone # and email: 828-331-1427

[interimvmsherer@gmail.com](mailto:interimvmsherer@gmail.com)

Mailing address: PO Box 152, Cullowhee, NC 28723

[Altar Guild Schedule 2018](#)

[Greeter Schedule 2018](#)

**Diocesan Links:**

[Diocese of Western North Carolina](#)

The Rt. Rev. José A. McLoughlin,  
Bishop

[Sign up for Diocesan Newsletter](#)

[Camp Henry Facebook page](#)

[www.lakelogan.org](http://www.lakelogan.org)