

The Coracle

St Davids Cullowhee



April 29, 2012

Called to embody God's love by welcoming everyone who enters and by empowering all who stay to make a difference in the world.

Calendar

Sun	Apr 29	4 th Sunday of Easter
Wed	May 2	Healing Prayer 5:30 pm
Fri	May 4	Spring Wine Tasting 6:30 pm
Sat	May 5	Monthly Mindfulness 10 am
Sun	May 6	5 th Sunday of Easter
Tue	May 8	Vestry Meeting 5:30 pm
Sun	May 13	6 th Sunday of Easter
Sat	May 19	Yoga Workshop & Indian Dinner
Sun	May 20	7 th Sunday of Easter, Godly Play
Sun	May 27	Pentecost
Sat	Jun 2	Monthly Mindfulness 10 am
Sun	Jun 3	Trinity Sunday
Wed	Jun 6	Healing Prayer 5:30 pm
Sat	Jun 9	Travelling Light Café 9:30 am-12:30 pm
Mon-Thu	Jun 18-21	Vacation Bible School at Cullowhee Methodist

We collect food for United Christian Ministries on an ongoing basis. Non-perishable food may be placed in the basket at the back of the church. All food is appreciated, but things such as rice and beans (dried or canned) are more useful to the groups providing meals to the needy than are more highly processed foods. Please keep in mind the basket at the back of the church, a place where we can share our bounty with others in need through the food program of United Christian Ministries.

Serving this Sunday Holy Eucharist

Reader: Paul Cooper
Chalice: Claire Marsh
Coffee: Ann Hallyburton
Organist: Nan Watkins
Readings: [Acts 4:5-12](#), [Psalm 23](#)
[1 John 3:16-24](#), [John 10:11-18](#)

Serving during April

Bread: Jane Coburn
Flowers: Donna Ross
Linen: Faye Jacobson
Eucharist: Ann Hallyburton & Barb Manke

Serving during May

Bread: John Slater
Flowers: Rosa Reily & Chad Hallyburton
Linen: Nan Watkins
Eucharist: Muff Lyons & Carole Wood

Canterbury House Activities

Mondays 7:25 am Mindfulness Meditation
Mondays 9-10:30 am Chad's yoga
Mondays 10:45 am Garden Guild
First Saturdays 10 am Monthly Mindfulness
Thursdays 5:30 pm Alcoholics Anonymous
Fridays 5:30 pm U-Club

The Gospel

John 10:11-18

Jesus said, "I am the good shepherd. The good shepherd lays down his life for the sheep. The hired hand, who is not the shepherd and does not own the sheep, sees the wolf coming and leaves the sheep and runs away-- and the wolf snatches them and scatters them. The hired hand runs away because a hired hand does not care for the sheep. I am the good shepherd. I know my own and my own know me, just as the Father knows me and I know the Father. And I lay down my life for the sheep. I have other sheep that do not belong to this fold. I must bring them also, and they will listen to my voice. So there will be one flock, one shepherd. For this reason the Father loves me, because I lay down my life in order to take it up again. No one takes it from me, but I lay it down of my own accord. I have power to lay it down, and I have power to take it up again. I have received this command from my Father."

Spring Wine Tasting

Friday, May 4, 6:30-8 pm, Canterbury House

This is a friendly reminder that St. David's Spring Wine Tasting "fun-and-fund-raiser" is coming up Friday evening, May 4, at 6:30 pm in the Canterbury House Great Room. These tastings are a great opportunity for re-stocking your personal wine cellar at a very reasonable cost. In addition to being a good fund-raiser for parish outreach projects, they are also a great opportunity to introduce others to the parish; be sure to bring a friend (or 2 or 3!). Our good friend Sonia Hooper will be there to guide us through the tasting list, with her insightful comments about flavors, pairings, and other wine-related matters.

Only light snacks are served during the tasting, so please have supper before you come. And a reminder that the wines are sold only by the case at these tastings. If you want less than a case, you must work out an arrangement with friends to split the case. Then the entire case must be ordered and paid for by one person with the 'banking' arrangements on that purchase worked out between the buyers. We can only accept payment for whole cases.



Join Ruby Banerjee and Chad Hallyburton for

“Yog Bhoj”

**Traditional Indian Cooking Demonstration,
Yoga Asana &
Full Indian Meal with Dessert**

**Saturday, May 19
5:00 PM**

**St. David's Episcopal Church
Canterbury House**

Suggested Minimum Donation: \$35.00

**All profits will go to *CLEAN SLATE* to further
their efforts to support women transitioning
from incarceration to responsible freedom.**

Space is limited.

**To reserve your spot, contact Chad
Hallyburton.**

828 508-2501

chadjazzguitar@yahoo.com

**The yoga asana session will be very gentle, so this is a great workshop
for folks who have limited or no yoga experience.**

From Ruby:

“I like to think of my cooking style as an eclectic mix of favorite foods from the different regions of India where I spent my childhood. My mother, who is a great cook, learned a lot from her friends and her favorite aunt, and the numerous help she had, while we moved from place to place. It is true that our cooking methods back home can be quite laborious and time consuming (which is not so bad when help is easily available). But it is not practical from my perspective as a working woman without help! So, over the years I have learned to find short cuts to cooking Indian food without compromising on its taste and quality. I love to experiment with different spices and herbs and use plenty of both along with garlic and ginger which I keep in plenty in my freezer. I enjoy cooking for friends and family, and each year since 2008 I have been teaching a week-long class at the John C Campbell Folk School and really love the experience! It also amazes me that there are so many folks here that love Indian food; this makes me very happy!”

Travelling Light Café

Saturday, June 9

9:30 am-12:30 pm

June Smith will guide us through the process of discerning how to best use the sacred opportunity of being inconvenienced by the building process.

Gracious Space Is Going Forward

Below is reprinted the communication sent earlier this week by Terry Kinnear, Chairman of the Building Committee, to the vestry asking for approval to hire Clark and Leatherwood, Inc. of Waynesville to proceed with a design-build process for the proposed Parish Hall addition. The vestry gave unanimous approval, and further design development will move forward right away.

Dear Members of the Vestry,

As Chair of the Building Committee, I am pleased to recommend Clark and Leatherwood, Inc. of Waynesville as the contractor for St. David's new parish hall and I am asking for your approval.

Michael Hudson, Maggie Bowles, and I met this morning, and we all agreed on Clark & Leatherwood as the best choice. While Newt and June Smith are in Italy now, they spent time with all three contractors under consideration. They electronically communicated preference for this same firm, but expressed concern with the estimated cost (\$440,000).

RL Wright Construction Inc. of Sylva furnished an estimate of \$563,000 and AR Construction of Asheville reported \$401,000. I realize the estimated cost presented to the congregation when seeking approval for the project was \$400,000. However, we have reason to believe the AR Construction figure is unrealistically low. Also, we have optimistic input from the Gifts Committee that the fundraising effort is going quite well.

The preference for the design-build process offered by Clark & Leatherwood is related to several factors, some of which follow: (1) They have considerable experience with churches. Yesterday Maggie and Jim Bowles and Linda and I visited Grace Episcopal in Waynesville to see an example of their work; (2) Larry Clark, President of Clark & Leatherwood, told us directly that \$400,000 is feasible but we will have to be diligent and work especially hard to secure a figure close to that; (3) When design is complete, they will provide a guaranteed maximum price. We will be privy to their costs; any building expenses which are less than those projected will be ours to put towards additional or future work; and (4) We met architects for all three firms. (We know that it is a requirement for a commercial building that the working drawings be certified by an architect.) Odell Thompson of Sylva, working with Clark & Leatherwood, clearly stood out with regard to maintaining the integrity, including aesthetically, of our existing church. He seems to be especially creative and willing to work with the design of the new hall. With regard to the latter, we realize the fundamental design approved by the congregation is still before us and will be the basis for further refinement.

Please understand we have spent considerable time meeting face-to-face with all three contractors.

Information has been gathered, decision making was not clear cut, and we have discussed perceived advantages and disadvantages of each contractor. Clark & Leatherwood emerged as our preferred choice.

Terry (Kinnear, Building Committee Chairman)



Find the Flower

CHALLENGE

Solomon's Plume, formerly known as False Solomon's Seal (*Smilacina racemosa*), is a native perennial with leaves that are 2-3 or more inches wide and a flower cluster or inflorescence 4 or more inches long. The stem is conspicuously angled in a zigzag fashion from one set of leaves to the next.

Wildflowers of North Carolina (Justice and Bell)

Parish News & Notes

Anniversaries

Apr 27 John & Gracia Slater

Apr 29 Muff & Bill Lyons

Congratulations to Jeff Neff on his retirement!

Garden Guild

[Click here](#) to read the notes from the Garden Guild Meeting with Roger Turk of WCU and his recommendations for moving and/or preserving plant material during the construction period.

Ministry & Mission Conference

Saturday, May 5

Trinity Church, Asheville



M&M booklets should have arrived at your parish by now. You can view the whole booklet online also at www.diocesewnc.org. Click on May 5.

Three NC Bishops Stand Together in Opposition to Amendment One

The Bishops of the three Episcopal Dioceses in North Carolina have together drafted the letter reprinted below, thoughtfully and prayerfully examining the Amendment One issue and stating their mutual position on it. Clergy from the Diocese of Western North Carolina who have chosen to endorse the Bishops' position are listed here:

The Rev. Jim Abbott
The Rev. Tryggvi Árnason
The Rev. Cyndi Banks
The Rev. Chris Beebe
The Rev. Dn. Jerry Beschta
The Rev. Dn. Joyce Beschta
The Rev. Dn. Pam Bright
The Rev. Dn. Peggy Buchanan
The Rev. Dn. Barbara Burns
The Rev. Elizabeth Canham
The Rev. Jim Curl
The Rev. Todd Donatelli

The Rev. Eunice Dunlap
The Rev. William Edwards
The Rev. Dn. Melissa Eggers
The Rev. Dn. Greg Erickson
The Rev. Dn. Raymond Escott
The Rev. Rob Field
The Rev. Jeanne Finan
The Rev. Dn. Annie Fritschner
The Rev. Ham Fuller
The Rev. Michael Hudson
The Rev. Bill Jamieson
The Rev. Dn. Michael Jenkins

The Rev. Dn. Pat Jones
The Rev. Francis King
The Rev. Dn. Gary Kovach
The Rev. Dn. Sally Learned
The Rev. Rob Lundquist
The Rev. Vic Mansfield
The Rev. Dn. Alice Mason
The Rev. Dn. Glenda McDowell
The Rev. David McNair
The Rev. Tim McRee
The Rev. Valori Mulvey Sherer

The Rev. Dn. Kristi Neal
The Rev. Brent Norris
The Rev. Barbara Peterson
The Rev. Scott Peterson
The Rev. Jim Pritchett
The Rev. G. Miles Smith
The Rev. Dn. Russell Smith
The Rev. Dn. Susan Whittington

April 19, 2012

Dear People of God:

We write to you today as the Bishops Diocesan of the three Dioceses of The Episcopal Church in North Carolina to share our opposition to the state's proposed constitutional amendment, Senate Bill 514, also known as Amendment One. We do so as followers of Jesus Christ, as Bishops in The Episcopal Church, and as citizens of our state and nation.

We oppose Amendment One because the love of God and the way of love that has been revealed in Jesus of Nazareth compels us to do so. We oppose Amendment One because every time we baptize someone in The Episcopal Church, the entire congregation vows to "strive for justice and peace among all people, and respect the dignity of every human being."* We oppose Amendment One because it is unjust and it does not respect the dignity of every human being in the State of North Carolina. If passed, it will harm not only law-abiding gay and lesbian citizens but other men, women and innocent children in our state. We bid you to hear our plea and, with prayerful consideration, to study the amendment and its potential impact on people. Any and all of the potential outcomes listed below may occur as a result of the passage of this amendment.

Amendment One states, "Marriage between one man and one woman is the only domestic legal union that shall be valid or recognized in this State." While it is commonly thought that Amendment One is meant only to prevent homosexual marriage, almost 90 percent of the 222,832 North Carolina couples who would be immediately affected by this legislation are heterosexual couples who, for whatever reason, are not legally married.** If it passes, Amendment One would likely outlaw legal protection for all unmarried couples. They could lose health care, retirement benefits, hospital visitation rights, inheritance rights and Social Security benefits. Nine municipalities in our state currently offer family benefits for unmarried employees, and these protections would almost certainly disappear under the amendment.

The amendment would also directly impact the children of these couples. It's estimated that 89,537 of the aforementioned families include at least one child.** Unmarried couples who seek to adopt children might no longer qualify as a family. The grandparents of children whose parents are unmarried may no longer legally qualify as part of the family. Parental visitation and custody rights for unmarried couples, which were put in place solely for the benefit of children, may end.

In addition, parents who are victims of domestic violence and their children may lose the legal protections they currently have under domestic violence laws because the parents are not legally married. This has already happened in Ohio where domestic violence convictions have been overturned or dismissed because of similar legislation.

These are just some examples of the potential consequences and impacts of Amendment One. There is much more that is uncertain and unknown. It is highly irresponsible to amend the Constitution of the State of North Carolina when the extent of negative impact on the lives of law-abiding citizens is unknown. We have included online educational resources for you as you give this your prayerful and careful consideration.

Whether we agree or disagree with same-sex marriage, civil unions or unmarried couples cohabitating, we can agree as people of faith that, as the book of Genesis says, all human beings are created in the "image of God." That means that all persons are to be treated with the love, respect and dignity that befit a child of God. Therefore, we do not believe that the Bible or the Constitutions of our state and nation should be used to oppress, harm or restrict the human rights and dignity of any human being. On the contrary, Jesus has taught us that the greatest and most important of all the commandments of God are to love God and to love our neighbor.

"You shall love the Lord your God with all your heart, and with all your soul, and with all your mind." This is the greatest and first commandment. And a second is like it: "You shall love your neighbor as yourself." On these two commandments hang all the law and the prophets." (Matthew 22:37-40)

Amendment One falls dangerously short of that standard.

Your Brothers in Christ,

The Rt. Rev. Michael B. Curry
Bishop of the Episcopal Diocese
of North Carolina

The Right Rev. Clifton Daniel, III
Bishop of the Episcopal Diocese
of East Carolina

The Rt. Rev. G. Porter Taylor
Bishop of the Episcopal
Diocese of Western North
Carolina

Find resources about Amendment One online: <http://bit.ly/Izg1Tg>

* The Baptismal Covenant from *The Book of Common Prayer*

** 2010 U.S. Census

Meditation Opportunity at St. David's

Monday Mindfulness: 7:25-8:30 am in the library of the Canterbury House. Our practice is Contemplation of Wise Texts (Lectio), Sitting Meditation, and Informal Dialogue.

Ordinary Mindfulness

By Michael Hudson

TUESDAY, APRIL 24, 2012

Powerful Attraction

Before our brains are 'fully' developed they are already powerfully 'formed.' Mostly from our DNA. Yet also powerfully from our family systems and our culture.

Most of us humans have a really hard time remembering that we're animals. That we have literally been animals for millions of years. The gift of life has come to us through many other forms to get into who we are now. And we've kept a heap of what we've been even before conception--as well as a heap of what we've experienced in our 'formative' years.

So...we have 'tendencies'.

Ha! Lord God Almighty--do we ever! Whenever we become aware of something we'd like to change about ourselves--and are game to try to do it--we experience the steady stubborn power of what we have been up to this moment. Something in us is slow to change (this should be all caps and red letters).

So...how *do* we change? How do we 'evolutionary' and 'family of origin' challenged humans work within our reality?

Rumi said, "I am iron resisting the most enormous magnet there is." But he was most definitely not talking about our evolutionary DNA.

For Rumi, and many of us, this magnet is God. Or Wisdom. Or...(how would you name it?).

Faith, trust, hope--awareness--bring us into the reality of another force--something more powerful than our DNA--and faster acting! Our human nature has been developing over millions of years. But the magnet Rumi is pointing toward can pull us to Itself in one lifetime.

Consider the very simple directive, "Let Go." What happens when we let go? Don't just consider what we're letting OF. Consider what we're letting go INTO.

We are iron resisting the most enormous magnet there is. And though our resistance is ancient and powerful--Something Else is way more attractive.

St. David's Links and Contact Information:

Website: <http://www.st-davids.org/> [Lectionary Page](#)

Newsletter editor: Maggie Bowles: magbowles@gmail.com

Church phone # and email: 354-0166 stdavids1879@gmail.com

[Altar Guild Schedule for 2012](#)

Diocesan Links:

[Current Issue of the Highland Episcopalian](#)

[Diocese of Western North Carolina](#)

[Center for Spiritual Resources](#)

Other Meditation Opportunities

Living Mindfully, Not Mindlessly--Mindfulness Meditation: Wednesdays at 12:30 pm WCU Health & Counseling Center, 225 Bird Building, Pillow Room. For details, call 227-7469 and ask for Michelle or go to www.facebook.com/wcumindfulness. To view a flyer, [please click here](#).

The **Tuesday Meditation Group** meets in the undercroft at St. John's Episcopal Church in downtown Sylva on the **2nd & 4th Tuesdays at noon**. The format is to meditate for 15 minutes at the beginning and 15 minutes at the end. The inspirational material for the half hour in between will be decided by whoever volunteers to facilitate that week.

Mindfulness Meditation: 9:15 am on Thursdays at Sylva Yoga above Lulu's on Main Street in downtown Sylva. Meditation gives students the opportunity to focus on the deep interconnection between mind and body, which can be experienced directly by practice in mindfulness.