

# The Coracle

St Davids Cullowhee



April 22 2018

Called to embody God's love by welcoming everyone who enters  
and by empowering all who stay to make a difference in the world.

## Calendar

Sun	Apr 22	Easter 4
Sun	Apr 29	Easter 5 Soup & Bread Community Supper
Tue	May 1	Accessible Mindfulness 10 am
Sat	May 5	Monthly Mindfulness 10 am
Sun	May 6	Easter 6 1 <sup>st</sup> Sunday collection for Neighbors in Need
Tue	May 8	Vestry Meeting 5:30 pm
Sun	May 13	Easter 7 Beans & Rice Sunday, Mother's Day
Tue	May 15	Accessible Mindfulness 10 am
Sun	May 20	Pentecost, Children's Sermon
Sun	May 27	Pentecost 1, Trinity Sunday
Sat	Jun 2	Monthly Mindfulness 10 am
Sun	Jun 3	Pentecost 2, 1 <sup>st</sup> Sunday Collection for United Christian Ministries
Tue	Jun 5	Accessible Mindfulness 10 am
Fri-Sat	Jun 8-9	Cold Mountain Music Lake Logan
Sun	Jun 10	Pentecost 3 Beans & Rice Sunday
Sun	Jun 17	Pentecost 4 Children's Sermon
Tue	Jun 19	Accessible Mindfulness 10 am
Sun	Jun 22	Pentecost 5

### Serving this Sunday

Chalice: Judy Annis

Reader: Muff Lyons

Music: Nan Watkins

Coffee: Leftovers

Readings: [Acts 4:5-12](#), [1 John 3:16-24](#),  
[John 10:11-18](#), [Psalm 23](#)

### Serving during April

Bread: Jane Coburn

Flowers: Donna Ross

Linen: Gael Graham

Eucharist: Muff Lyons & Gael Graham

Greeters: Steve & Pat Steinbrueck

### Serving during May

Bread: Wesley Satterwhite

Flowers: Rosa Reily

Linen: Gerlinde Lindy

Eucharist: Muff Lyons &

Laurie Hulbert

Greeters: George Rector & Joan Byrd

**Childcare is available during the church service.**

## The Gospel

### John 10:11-18

Jesus said, "I am the good shepherd. The good shepherd lays down his life for the sheep. The hired hand, who is not the shepherd and does not own the sheep, sees the wolf coming and leaves the sheep and runs away—and the wolf snatches them and scatters them. The hired hand runs away because a hired hand does not care for the sheep. I am the good shepherd. I know my own and my own know me, just as the Father knows me and I know the Father. And I lay down my life for the sheep. I have other sheep that do not belong to this fold. I must bring them also, and they will listen to my voice. So there will be one flock, one shepherd. For this reason the Father loves me, because I lay down my life in order to take it up again. No one takes it from me, but I lay it down of my own accord. I have power to lay it down, and I have power to take it up again. I have received this command from my Father."



### Soup & Bread Community Supper

Next Sunday, April 29

5-7 pm

Donations benefit Macon CareNet

## Three Months Down

By The Rev. Dr. Valori Mulvey Sherer

As we complete our first three months together in this interim time, I want to tell everyone how inspired I am by the conversations I continue to have during the Parish Tour visits. I am also grateful for the relationships these visits have enabled us to form quickly. We have a specific amount of time to do our interim ministry together (yes, it's a mutual ministry) and these visits have enabled us to get to know one another more deeply in a short amount of time. I believe this is vital as we journey together to discover and prepare for the future of St. David's and your search for a permanent rector.



Transitions are uncomfortable at times. Grief is present, even among those who are ready to embark on a new path. Michael's loving, deeply spiritual presence is missed. This is the cost of love, and it's a cost worth paying. Love is always worth the cost.

Changes are also uncomfortable. A couple of people have shared with me that the changes we've experienced are too much, too soon. Others have shared there hasn't been enough change, and they are impatient for the new. It may not always be obvious, but my goal as interim is to find and move along the middle way between those two sentiments. Your continual and honest feedback helps me find that middle way. Thank you to those who are sharing your feedback with me. It really does help.

Finally, there are some among us who are beginning to feel a need to look ahead and make a plan. That sense is right on target. It's typical that this process begins following the first three months of interim time together. It will, like most things, move too slowly for some and too quickly for others, but I'm certain St. David's gift of kindness is enough to see us through as a community.

The process toward that begins with the vestry retreat which will be held soon. We're working even as I write this to firm up our dates.

Our journey will be intentional, prayerful, and exciting as God unfolds it before us. For our part, we invite the Holy Spirit to act and surrender in confidence to the guidance God gives, trusting even in the uncomfortable moments. To support that, I offer this prayer from Trappist monk, Thomas Merton. It was written in the first person singular, so I have adapted it into the first person plural for our purpose:

My Lord God,  
We have no idea where we are going.  
We do not see the road ahead of us.  
We cannot know for certain where it will end.  
nor do we really know ourselves,  
and the fact that we think we are following your will  
does not mean that we are actually doing so.  
But we believe that the desire to please you  
does in fact please you.  
And we hope we have that desire in all that we are doing.  
We hope that we will never do anything apart from that desire.  
And we know that if we do this you will lead us by the right road,  
though we may know nothing about it.  
Therefore will we trust you always though  
we may seem to be lost and in the shadow of death.  
we will not fear, for you are ever with us,  
and you will never leave us to face our perils alone.

Faithfully yours,

Valori+

## Notes from the Interim Rector

Pastoral care of the community is a ministry of the whole community. The priest has a particular role in pastoral care, but visitations, including those bringing healing prayer or Communion from Reserved Sacrament, are licensed lay ministries which are already present at St. David's, just not formally so. I have received several requests to assist in formalizing this ministry.

The ministry works like this: teams of Eucharistic Visitors (EVs) go out to those who are unable to join us for Sunday worship and communion and bring them communion we made together and set aside in reserve. This provides a manifest link to a spiritual reality—our oneness in Christ and as a community of faith. It also helps to maintain, even strengthen, relationships among those who call St. David's their spiritual home, as it stems the loneliness and isolation that can result from being unable to be a regular part of the Sunday worshipping community.

EV teams may consist of two or more persons. The idea is to have a few teams ready to go out each week, being sent by the community of St. David's with a blessing during our Sunday worship.

At our Liturgical Ministries training last month, several people received the training for the Eucharistic Visitor ministry. Anyone who was unable to attend that training and who feels called to serve in this ministry is invited to contact me and arrange for a training.

Once we have all of the trainings completed, I will send the licensure applications to the bishop. Then we will gather the teams together and make plans for the rotation of sending them out to serve God in Christ in this important ministry.



## Episcopal Café Article

Here is a link to an important article from the Episcopal Café which I'd like to share with our community. It's called "Why people go to church" and includes discussion of a Gallup poll with results which are interesting and very timely for St. David's to know. [Why People Go to Church](#)

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## Parish News & Notes

### Birthday

Apr 23 **Wodese Mesfin**

### Anniversaries

Apr 25 **Eric & Norma Hendrix**

Apr 27 **John & Gracia Slater**

Newt Smith continues to recover well after suffering a mild stroke last week.

Judy and Ron Robinson have a new grandbaby, Duke Bonham LeRoy, born on April 17<sup>th</sup>.



Clockwise: Melba Cooper, Jake Jacobson, Paul Cooper, Quintin Ellison, and Lydia Aydtlett. Faye Jacobson was the photographer.

Please take a photo when you have your meetings and send it in for publication along with a few words about it: [magbowles@gmail.com](mailto:magbowles@gmail.com).



Children's Sermon and Eucharist April 15, 2018

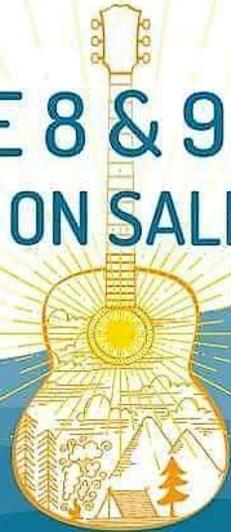


*From the Diocese*

# COLD MOUNTAIN MUSIC FESTIVAL

— AT LAKE LOGAN —

JUNE 8 & 9 2018  
TICKETS ON SALE JAN 30



SHOVELS & ROPE  
MANDOLIN ORANGE

RIVER WHYLESS + THE STEEL WHEELS  
JON STICKLEY TRIO + THE BROADCAST  
KENNY GEORGE BAND + AND MORE TBA SOON!

TICKETS AND MORE INFORMATION AVAILABLE AT [COLDMOUNTAINMUSIC.ORG](http://COLDMOUNTAINMUSIC.ORG)  
BENEFITING LAKE LOGAN AND CAMP HENRY + TENT CAMPING AVAILABLE!

Cold Mountain Music Festival takes place this year June 8-9 at Lake Logan. The event raises funds and awareness for Lake Logan and Camp Henry. Cold Mountain Music Festival features top-notch musical talent, amazing local food & drink vendors, a kid's area, and more all in one of the most pristine settings imaginable. The centerpiece of the 300-acre property is a mile-long lake surrounded by the Shining Rock Wilderness Area of Pisgah National Forest.

Purchase tickets and learn more [here](#).

## In Our Community and Beyond...

### A Request from Jessica Rodriguez of Vecinos

Good evening Dr. Valori,

I am in search of someone who would possibly be interested in housing a recent college graduate. My coworker, Karla, and I are Student Action with Farmworkers (SAF) alumni. We completed a 5-month fellowship from May to October here at Vecinos before getting hired full-time. It was really hard to find housing around this area that was willing to lease an apartment for 5 months. Karla and I had to sign a year lease without even knowing if we were going to stay here after October.

SAF fellows have to find their own housing while SAF interns are provided with housing through people who have a relationship with SAF. The areas where the other fellows are placed are usually with interns so they are housed together, but it's different for us because we are the furthest out.

The new SAF fellow that will be with us this year is from Texas and she's graduating from St. Edward's University in Austin, Texas. She was a SAF intern in 2016 and her placement was in Hendersonville with the Henderson County Migrant Education Program so she has a background of the type of work Vecinos consist of. I will be subleasing my apartment for June and July, but she needs somewhere to stay from August to October. It would be extremely helpful if someone is willing to provide housing for the upcoming SAF fellow for the last 3 months of the fellowship. If anyone is interest please email me at [jrodriguez@vecinosinc.org](mailto:jrodriguez@vecinosinc.org) or give me a call at 828-399-0583 and I can connect the person/family with the fellow.

Thank you,

Jessica Rodriguez

Lead Outreach Worker

Vecinos Farmworker Health Program

3971 Little Savannah Rd.

173 Health and Human Science Building

Western Carolina University

Cullowhee, NC 28723

Phone: (828) 399-0583

Email: [jrodriguez@vecinosinc.org](mailto:jrodriguez@vecinosinc.org)



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## IMAGINE WHAT WE CAN DO TOGETHER

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Blue Ridge Health is committed to providing access to quality healthcare for **everyone** who needs it.

To honor this commitment we depend on community support. We depend on **you**.

Please join us as we Open Doors to Health during an entertaining evening of community giving to benefit Blue Ridge Health in Jackson, Haywood, and Buncombe Counties. This event is a new and exciting opportunity to make a difference in the lives of those who live in our area. **Together** we will celebrate how far we have come with your support and unveil our vision for a healthier community through comprehensive, affordable care.

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**PLEASE SAVE THE EVENING OF MAY 19, 2018**

Generously Hosted and Supported by  
**Harrah's Resort Hotel**

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*Formal Invitation to Follow*



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### **Meditation Opportunities at St. David's**

**Accessible Mindfulness: 1<sup>st</sup> and 3<sup>rd</sup> Tuesdays, 10-11:15 am.** This is especially geared for those new to mindfulness meditation.

**Monthly Mindfulness:** First Saturday of each month from 10 am until noon in the Parish Hall.

#### **Other Meditation Opportunities**

**WCU Mindfulness and Meditation:** Thursdays at 4 pm 224 Bird Building. For details, call 227-7469 and ask for Michelle. To view a flyer, [please click here](#).

**Mindfulness Meditation: 9:15 am on Thursdays** at Sylva Yoga above Lulu's on Main Street in downtown Sylva. Meditation gives students the opportunity to focus on the deep interconnection between mind and body, which can be experienced directly by practice in mindfulness.

#### **Virtual Closet**

If you need medical-related equipment or have something you can offer, contact Claire Marsh: [clairemrsh@gmail.com](mailto:clairemrsh@gmail.com) She keeps a list of who has what to facilitate sharing.

#### **Box Tops for Education**

There is a basket under the white board in the Parish Hall where you can place any of these box tops you may have. This is an ongoing project for our children.

<b>Regular</b>	Mondays 9-10:30 am	Centering Yoga
<b>Activities</b>	Mondays 10:30 am	Cullowhee Men's Group
	Tuesdays & Thursdays 6:30 am	Sunrise Strength Flow Yoga
	1 <sup>st</sup> & 3 <sup>rd</sup> Tuesdays	Accessible Mindfulness
	1 <sup>st</sup> Saturdays 10 am	Monthly Mindfulness
	Last Sundays 5-7 pm Sept-May	Soup/Bread Community Supper

**St. David's Links and Contact Information:**

Website: <http://www.st-davids.org/> [Lectionary Page 2018](#)

Newsletter editor: Maggie Bowles: [magbowles@gmail.com](mailto:magbowles@gmail.com)

Church phone # and email: 828-331-1427

[interimvmsherer@gmail.com](mailto:interimvmsherer@gmail.com)

Mailing address: PO Box 152, Cullowhee, NC 28723

[Altar Guild Schedule 2018](#)

[Greeter Schedule 2018](#)

**Diocesan Links:**

[Diocese of Western North Carolina](#)

The Rt. Rev. José A. McLoughlin,  
Bishop

[Sign up for Diocesan Newsletter](#)

[Camp Henry Facebook page](#)

[www.lakelogan.org](http://www.lakelogan.org)