

# The Coracle

St Davids Cullowhee



February 11, 2018

Called to embody God's love by welcoming everyone who enters  
and by empowering all who stay to make a difference in the world.

## Calendar

Sun	Feb 11	Epiphany 6 <b>Rice &amp; Beans Sunday</b>
Mon	Feb 12	Book Group <i>End of Life Care</i> 1 pm
Tue	Feb 13	Vestry Meeting 5:30 pm
Wed	Feb 14	Ash Wednesday Services: Imposition of Ashes, no Eucharist Noon Ashes to Go! in our driveway with our friends from Good Shepherd Lutheran Church 1-3 pm Holy Eucharist, Liturgy of the Palms and reading of the Passion Gospel 5:30 pm
Sun	Feb 18	Lent 1 Holy Eucharist 11 am Inquirer's Class 1 pm
Tue	Feb 20	Accessible Mindfulness 10 am
Sun	Feb 25	Lent 2 Holy Eucharist 11 am Children: Meditation with Jane Inquirer's Class 1 pm Soup & Bread Community Supper 5-7 pm
Thu	Mar 1	St. David's Day
Sat	Mar 3	Monthly Mindfulness 10 am Memorial Service for Hal Farwell 2 pm
Sun	Mar 4	Lent 3 Holy Eucharist 11 am, 1 <sup>st</sup> Sunday Collection for Good Samaritan Inquirer's Class 1 pm
Tue	Mar 6	Accessible Mindfulness 10 am
Sun	Mar 11	Lent 4 Holy Eucharist 11 am, Inquirer's Class 1 pm
Tue	Mar 13	Vestry Meeting 5:30 pm
Sat	Mar 17	Liturgical Ministries Training 10 am-2 pm
Sun	Mar 18	Lent 5 Holy Eucharist 11 am, Inquirer's Class 1 pm
Tue	Mar 20	Accessible Mindfulness 10 am
Sun	Mar 25	Palm Sunday 11:00 am - Holy Eucharist, Liturgy of the Palms and the Passion Gospel Soup & Bread Community supper 5-7 pm
Thu	Mar 29	Maundy Thursday Agape Supper followed by Holy Eucharist with Foot Washing and stripping of the altar 5:30 pm
Fri	Mar 30	Good Friday Stations of the Cross noon, Service with Solemn Collects 5:30 pm
Sat	Mar 31	Holy Saturday Service (no Communion) 10:30 am
Sun	Apr 1	<b>Easter Sunday</b> Holy Eucharist with Easter Egg Hunt following the service

### Serving this Sunday

Chalice: Newt Smith

Reader: June Smith

Coffee:

Music: Nan Watkins

Readings: [2 Kings 2:1-12](#), [2 Corinthians 4:3-6](#), [Mark 9:2-9](#),  
[Psalm 50:1-6](#)

Serving during February

Bread: Wesley Satterwhite

Flowers: Judy Robinson

Linen: Nan Watkins

Eucharist: Linda Kinnear &  
June Smith

Greeters: John & Gracia Slater

**Childcare is available  
during the church service.**

## It's Beans and Rice Sunday

Not long ago a request was made in this space for more beans to go with the rice, and my, how you responded! Well, now we need more rice in proportion to beans to get things evened out. What a great ministry this is for the children of St. David's!



## The Gospel

Mark 9:2-9

Jesus took with him Peter and James and John, and led them up a high mountain apart, by themselves. And he was transfigured before them, and his clothes became dazzling white, such as no one on earth could bleach them. And there appeared to them Elijah with Moses, who were talking with Jesus. Then Peter said to Jesus, "Rabbi, it is good for us to be here; let us make three dwellings, one for you, one for Moses, and one for Elijah." He did not know what to say, for they were terrified. Then a cloud overshadowed them, and from the cloud there came a voice, "This is my Son, the Beloved; listen to him!" Suddenly when they looked around, they saw no one with them any more, but only Jesus.

As they were coming down the mountain, he ordered them to tell no one about what they had seen, until after the Son of Man had risen from the dead.

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### Ash Wednesday, Lent, and Holy Week Schedule is Announced

#### **02/14: ASH WEDNESDAY - HOLY EUCHARIST WITH IMPOSITION OF ASHES**

- 12 noon—**Imposition of Ashes**, no Eucharist
- 1-3 pm—Ashes to Go! in our driveway with our friends at Good Shepherd Lutheran Church
- 5:30 pm—**Holy Eucharist** with the Liturgy of the Palms and reading of the Passion Gospel

#### **SUNDAYS IN LENT**

- 1:00 pm—**Inquirers Class**

#### **03/25: PALM SUNDAY - SUNDAY OF THE PASSION**

- 11:00 am—**Holy Eucharist** with the Liturgy of the Palms and reading of the Passion Gospel

#### **03/29: MAUNDY THURSDAY**

- 5:30 pm—**Agape Supper** followed by **Holy Eucharist** with Foot Washing and stripping of the altar

#### **03/30: GOOD FRIDAY**

- 12 noon—**Stations of the Cross**
- 5:30 pm—**Good Friday service** with Solemn Collects

#### **03/31: HOLY SATURDAY**

- 10:30 am—**Holy Saturday Service** (no Communion)

#### **04/01: EASTER SUNDAY**

- 11:00 am—**Holy Eucharist** with Easter Egg Hunt following the service

Here is a link to the schedule if you would like to print it out: [Ash Wednesday-Lent-Holy Week schedule](#)

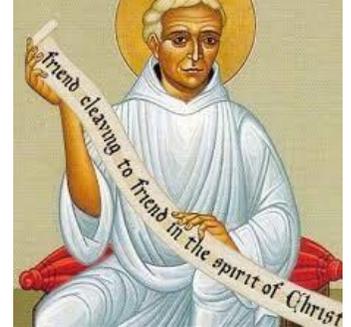
## Abiding in Friendship

By The Rev. Dr. Valori Mulvey Sherer

One of the joys of prayer is that our spiritual friends among the communion of saints are always there praying with us, ready to share their gifts with us to aid us on our earthly journey. One of those who came to me this week is Aelred, the 12<sup>th</sup> century abbot of the Cistercian monastery in Riveaulx in Yorkshire. I visited this monastery in 2001 while I was studying in England. It was a holy experience being there, walking the grounds, imagining what it was like in its hey-day.

Aelred, a contemplative, wrote two important books on spirituality, but it was his writings on spiritual friendship that came to my thoughts as I prayed this week. This was the gift Aelred brought to me/us.

Inspired by the gospel of John and the friendship Jesus had with the beloved disciple, Aelred taught that spiritual friendship is a particular kind of love, a discipline with responsibilities. He said that spiritual friendship is a journey of grace that leads us both to God and to the fullness of our humanity: “he that abides in friendship, abides in God, and God in him.” (Aelred, *Spiritual Friendship*, 69-70)



In their book, *Christian Spirituality*, Cunningham and Egan expand on Aelred's teaching saying, "Friendship requires vulnerability, a willingness to risk love... Friendships require mutuality, leisure for each other, attention to the needs of the other, loyalty, and most of all, a love that is other-centered." Friendship, they say, "is a movement toward community" and "does not grow without pain or disappointment."

The love I witness among the people at St. David's is exactly this kind of love: spiritual friendship. On the Parish Tour visits, when I ask what people value most about St. David's, most everyone's first reply is: community... these people are my family. Others expound on that thought saying, 'I could call on every single person there if I needed help.' This kind of mutuality, loyalty, and other-centered love is the foundation of a community that honors and serves Jesus Christ, our Savior.

"Friendship will be full of riches for those who cherish it when it is completely centered upon God; for those whom friendship joins together, it immerses in the contemplation of God" (Aelred, *Spiritual Friendship*, 54). There is no shortage of the riches of friendship among the community of St. David's, which bodes well for this next season of our life together.

During interim times, we are often stretched, deepened, and awakened in ways that are exciting and sometimes difficult. Through it all, we stand on the solid foundation of the spiritual friendship practiced so well at St. David's.

Next week begins our Lenten journey together, a journey into the deep darkness of the soil of our souls where God will plant seeds in us for future harvest. The season of Lent offers us time to notice and let go any barriers we may have which might inhibit the nurture and care of those seeds—individually and as a community. It is a season of preparation for new life, not a season of beating ourselves up for being human. God made us this way and declared that it is "good... very good." (Gen 1:31) New life awaits us as a community that loves and serves our God. Let's dig into it with joy and expectation, willingness and openness, standing on the firm foundation of the spiritual friendships we know and value at Sr. David's.

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## Inquirer's Class

Join us for our Inquirers Class the Sundays in Lent (2/18-3/18) after the service and coffee hour in the Parish Hall. We'll know which floor in the Parish Hall once we see how many we are. This class meets the required preparation for Confirmation, Reaffirmation and is just plain fun if you like learning about being an Episcopalian. The primary text will be the book, *What is Anglicanism?* (previously listed as "What is an Episcopalian?") by Urban T. Holmes. I have found several copies in the office. Let Valori+ know if you want to borrow one: [interimvms@gmail.com](mailto:interimvms@gmail.com)

## Liturgical Ministries Training: Saturday, March 17<sup>th</sup>, 10am–2pm.

If this date doesn't work for you, let Valori+ know, and we'll schedule another date. Everyone who wants to participate will be given the opportunity. ALL AGES are invited to learn how to serve in our worship service. A special invitation is extended to our children and youth who, along with adults among us, can serve as crucifer (cross bearer), torch bearer (the big candles), gospeller (carries the gospel book and holds it while the priest reads the gospel), acolyte (helps the priest at the altar), lector (reads the Scripture), or greeter (welcomes people, hands out bulletins, counts people for Register of Services). Licensed ministries, for persons age 16 or older, include: Eucharistic Minister (a.k.a. Chalice Bearer), Lay Eucharistic Visitor (takes communion to home-bound or hospital), Lay Reader (able to conduct lay offices, e.g., Morning Prayer, Evening Prayer, etc.) Please RSVP to Valori+ at [interimvms@gmail.com](mailto:interimvms@gmail.com) so we can make plans for lunch.

**Parish Tour: Contact Valori+ to schedule your visit.**  
Call or text: [704.466.7727](tel:704.466.7727) or email: [interimvms@sherer@gmail.com](mailto:interimvms@sherer@gmail.com)

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## New Book Group to Start Monday, February 12<sup>th</sup>

Muff Lyons, John Slater and Lydia Aydlett are starting a new book group dealing with end of life care issues. The first meeting will be Monday, February 12<sup>th</sup> at 1 pm in the Parish Hall. All are welcome!

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## Parish News & Notes

### Birthdays

Feb 10	<b>Ida Louise Reisinger</b>
Feb 11	<b>Frank Lockwood</b>
Feb 17	<b>Terry Kinnear</b>

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Some of you may remember Jane Strippel, a delightful lady from Ohio who came to St. David's often when she visited her cabin near here. She considered this to be her church home away from home. Her daughter has sent word that Jane, who is 90, is now in a nice nursing home in Ohio. She is in good spirits but is not mobile and is suffering from cerebral vascular disease (with some level of dementia). She suffered a small stroke in last April. This is her daughter Molly's phone number: [\(513-255-1901\)](tel:513-255-1901)

Jane's contact address is:

Woodland Country Manor, Rm 303  
[4166 Somerville Rd.](http://4166SomervilleRd.com)  
[Somerville, OH 45064](http://SomervilleOH45064.com)

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Karen and Harry Brown's daughter Ponya has given birth to their first grandchild! Nova Grace Thompson was born January 24<sup>th</sup>, 2018 to Ponya and Troy Thompson. She weighed 6 lbs, 14 oz. She reportedly is getting spoiled by being held constantly by her grandparents.



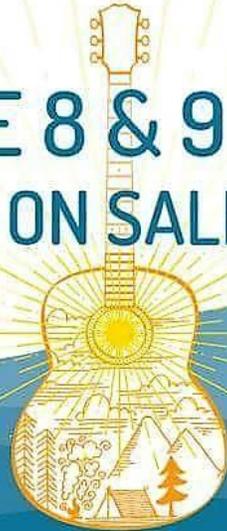
Tyler Kinnear, son of Linda and Terry and a musicologist and sonic artist, will be leading an environmental sound workshop at the NC Arboretum on Saturday, April 7<sup>th</sup> from 9:30 am—4:00 pm. Anyone who may be interested may use this link to register and get more details:

<https://4020a.blackbaudhosting.com/4020a/SP18-ArborEARTum>

# COLD MOUNTAIN MUSIC FESTIVAL

— AT LAKE LOGAN —

JUNE 8 & 9 2018  
TICKETS ON SALE JAN 30



## SHOVELS & ROPE MANDOLIN ORANGE

RIVER WHYLESS + THE STEEL WHEELS  
JON STICKLEY TRIO + THE BROADCAST  
KENNY GEORGE BAND + AND MORE TBA SOON!

TICKETS AND MORE INFORMATION AVAILABLE AT [COLDMOUNTAINMUSIC.ORG](http://COLDMOUNTAINMUSIC.ORG)  
BENEFITING LAKE LOGAN AND CAMP HENRY + TENT CAMPING AVAILABLE!

### *From the Diocese*

Cold Mountain Music is back and better than ever! Get your tickets today for the festival taking place June 8-9. That's right, it's two days this year, and there's camping! Cold Mountain raises funds and awareness for Lake Logan and Camp Henry, and features top-notch musical talent, amazing local food & drink vendors, a kids' area, and much more, all in one of the most pristine settings imaginable.

[FIND OUT MORE AND PURCHASE TICKETS HERE](http://COLDMOUNTAINMUSIC.ORG)



### Wilderness Wanderings

We are excited to have received a grant from the United Thank Offering ministry to help us launch *Wilderness Wanderings*, a new program sponsored by Camp Henry Outdoor School. *Wilderness Wanderings* is a program geared toward millennials and adults of all ages who are hungry for the spiritual healing that can come when we wander into the wilderness in intentional ways, with spiritual guides and a community of fellow seekers. We are excited about our inaugural trip planned for late April 2018. We look forward to other backpacking pilgrimages in the future.

If you would like more information about trips, please contact Kathryn Florack, director of Camp Henry at [director.camphenry@gmail.com](mailto:director.camphenry@gmail.com) or The Rev. Karla Woggon, Rector of Ascension Hickory and chair of the Camp Henry Board, at [kmwoggon@gmail.com](mailto:kmwoggon@gmail.com).



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**February 2nd thru April 13th, 2018**  
**FREE 2017 Tax Services (Federal & State)**  
**JACKSON COUNTY SENIOR CENTER**  
100 County Services Park | Sylva, NC  
Off Highway 116 (Webster Rd); first street after passing  
Department of Social Service Building  
Monday & Friday  
10 am– 3 pm  
Walk-Ins (First come, first served)  
For more information call: (828) 586.4944  
View the complete flyer: [Tax Help](#)

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### Meditation Opportunities at St. David's

**Accessible Mindfulness:** 1<sup>st</sup> and 3<sup>rd</sup> Tuesdays, 10-11:15 am. This is especially geared for those new to mindfulness meditation.

**Monthly Mindfulness:** First Saturday of each month from 10 am until noon in the Parish Hall.

#### Other Meditation Opportunities

**WCU Mindfulness and Meditation:** Thursdays at 4 pm 224 Bird Building. For details, call 227-7469 and ask for Michelle. To view a flyer, [please click here](#).

**Mindfulness Meditation: 9:15 am on Thursdays** at Sylva Yoga above Lulu's on Main Street in downtown Sylva. Meditation gives students the opportunity to focus on the deep interconnection between mind and body, which can be experienced directly by practice in mindfulness.

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### Virtual Closet

If you need medical-related equipment or have something you can offer, contact Claire Marsh: [clairemrsh@gmail.com](mailto:clairemrsh@gmail.com) She keeps a list of who has what to facilitate sharing.

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### Box Tops for Education

There is a basket under the white board in the Parish Hall where you can place any of these box tops you may have. This is an ongoing project for our children.

## Join the Freedom Riders to the Moral March on Raleigh



**HISTORIC THOUSANDS  
ON JONES STREET (HKOJ)**  
an annual gathering of progressive  
forces to counter the immoral and  
backward agenda of the current  
North Carolina General Assembly

**Saturday  
February 10  
2018**

- Bus leaves 3 AM from the Jackson County Justice Center parking lot, in Sylva.
- Stops at Westgate parking area in Asheville, at 4 AM.
- Returns same evening.



**\$50 roundtrip**  
**Scholarship money available.**

For more information call the Jackson County Branch of the NAACP, 828-631-3447, or email [info@canarycoalition.org](mailto:info@canarycoalition.org)

### St. David's Links and Contact Information:

Website: <http://www.st-davids.org/> [Lectionary Page 2018](#)

Newsletter editor: Maggie Bowles: [magbowles@gmail.com](mailto:magbowles@gmail.com)

Church phone # and email: 828-331-1427

[interimvmsherer@gmail.com](mailto:interimvmsherer@gmail.com)

Mailing address: PO Box 152, Cullowhee, NC 28723

[Altar Guild Schedule 2018](#)

[Greeter Schedule 2018](#)

### Diocesan Links:

[Diocese of Western North Carolina](#)

The Rt. Rev. José A. McLoughlin,  
Bishop

[Sign up for Diocesan Newsletter](#)

[Camp Henry Facebook page](#)

[www.lakelogan.org](http://www.lakelogan.org)

### Regular Activities

Mondays 9-10:30 am

Mondays 10:30 am

Tuesdays & Thursdays 6:30 am

1<sup>st</sup> & 3<sup>rd</sup> Tuesdays

1<sup>st</sup> Saturdays 10 am

Last Sundays 5-7 pm Sept-May

Centering Yoga

Cullowhee Men's Group

Sunrise Strength Flow Yoga

Accessible Mindfulness

Monthly Mindfulness

Soup/Bread Community Supper