

The Coracle

St Davids Cullowhee



September 13, 2020

Called to embody God's love by welcoming everyone who enters
and by empowering all who stay to make a difference in the world.

A Message from Mother Gaelyn

September 13th, 2020

Dear friends,

One of the readings from scripture for Compline (prayer at night, Book of Common Prayer page 127) reads, "Lord, you are in the midst of us, and we are called by your Name: Do not forsake us, O Lord our God" (Jeremiah 14:9, 22). These are important verses in that they state who and where God is and what God does. And they also tell, or even command, God to not forsake us. I was reminded recently of what a comfort it can be to have short passages of scripture memorized for those times when a book is not at hand or practical. Memorizing scripture was not a practice in the church of my childhood, and so, not a pattern that was established early in life, but this passage I am going to commit to heart. It contains all the things many of us are finding we need right now: the reminder that God is in this moment with us, God knows us so well that God calls our names, and we can bluntly tell God what we need.

Peace and blessings,

Mother Gaelyn

Service Information for the 15th Sunday of Pentecost Join us Sunday at 11 am on [Zoom](#) or [Facebook LIVE](#).

Serving this Sunday

Lector: June Smith

Intercessors: Phil Sanger

Organist: Lillian Pearson

Email prayer requests to [Muff Lyons](#)

No Internet or Smartphone?

You can still join St. David's Zoom church meeting by phone by dialing +1 929 205 6099 and entering the meeting ID number 857 5147 5913. You can even use *6 to toggle mute/unmute.

[Facebook Link for Past Services](#)

Outdoor Eucharist services are held on the first and third Wednesdays at noon.

Sign-up for
Wednesday
Walks with
WCU campus
missioner
Kelsey Davis:

<https://calendly.com/kelseyldavis/wcuwalks>

EPISCOPAL
CAMPUS
MINISTRY @
WCU

WE ARE OPEN &
AFFIRMING

WEDNESDAY WALKS @ WCU

1:1, outdoor walk around campus w/ kelsey
(our campus minister), no strings attached

let's walk & talk about life, school, faith &
social justice, spirituality, etc.

open to all WCU students, faculty, staff

Safer at Home Communion Option

Would you like to have communion but do not feel comfortable coming to an outdoor service at this time? Mtr. Gaelyn would be happy to bring communion to you. We can work together in your situation to make things comfortable for you. For example, a safely prepared communion service (meaning sanitized hands and vessels) could be placed next to your door. Mtr. Gaelyn would step away (6 feet or more), pray with you from a distance, you would receive communion from the prepared service, and return inside while Mtr. Gaelyn retrieved the elements and dishes.



Come Travel the Camino with Us (Virtually)!

Many of you will remember the trip taken by Newt and June Smith immortalized in his book of poetry, "*Camino Poems: Reflections on the Way*". We have decided that, instead of lamenting our inability to travel as we'd like right now, we are inviting all to join us on a virtual journey together. Using the [Camino de Santiago](#) as an inspiration, you can journey physically (walking, biking, hiking, etc.) or spiritually (meditating, praying, writing, reading, etc.)

How will it work?

You will log your own miles yourself, either just on paper or (if you want to be official) on a website mentioned below. We plan to get together online every few weeks or once per month to share with each other how our journeys are going and read some excerpts from Newt's book. Any other ideas for encouraging each other are welcome!

How long will we participate?

The trip runs from September 1st, 2020 until Christmas Eve, 2020. (What better destination to have?) You can join at any time during that time frame!

How do you define your journey?

The actual Camino is roughly 500 miles. But you don't have to do that! Some examples of what you could do:

- ☀️ One person only plans to walk about 10 miles per week, so she is going to count each real mile as 30 "Camino miles".
- ☀️ Another plans to meditate—he is going to count each hour of meditation as 20 "Camino miles".

How do you join up?

Send your contact information (email and phone) to Kelley Dinkelmeyer at kdinkelmeyer@email.wcu.edu (or message her on Facebook). You can either join the group casually, OR you can sign up to join the "official" miles-logging virtual Camino at the website below—this isn't required, but it might be fun to see our miles logged online. myvirtualmission.com

This Week's Little Things

Gerlinde Lindy:

💧 Water conservation is very important to us. We take “Navy” showers, i.e. turn off the water when shampooing or soaping up and turn back on to rinse. Likewise, don't leave the water running at bathroom and kitchen sinks during tooth brushing and hand and dishwashing, unless rinsing. We have a well, but mindful water use is a good habit to get into.

💧 We use high efficiency lightbulbs throughout the house.

💧 I take my own washable reusable net bags to the grocery store for vegetables, and don't use the store's plastic bags. Also, I take my own sturdy, reusable grocery bags. I have to pack them myself at the checkout during the pandemic, but that's not a big deal.

💧 Instead of Ziploc bags for storage, we've acquired sets of silicon storage bags and containers, dishwasher safe and endlessly reusable. (I used to wash out the Ziplocs, but they don't last that long with frequent use).

💧 We recycle all (allowable) paper, plastic, metal, and glass. We keep separate bins on our porch and periodically take to recycle center.

💧 I boil vegetable peels and scraps before discarding them to make vegetable broth for use in cooking.

💧 Finally: if anyone is in need of compostable matter, we'd love to find a taker. We don't have a garden, so all our nice vegetable scraps (left after making broth) just go to waste. If anyone can use them for their compost pile, we can arrange to hang onto them and pass them on periodically.



Gael Graham:

💧 I collect the shower water in a bucket as the water warms and use it to help flush toilets—which I don't flush every time.

💧 I reuse small plastic bags from the grocery store and use the large plastic bags to line trashcans. I skip using a plastic bag for some produce (peppers, cukes, zukes). I reuse aluminum foil and wax paper as long as possible.

💧 I try to coast where possible, only tapping the accelerator to maintain speed.

💧 I use the minimum number of lights that still suits my purposes. I keep my heat at 54 degrees overnight and until I return to the house from work. I reheat the house slowly and only till 65 degrees.

💧 I eat a largely, but not entirely, plant-based diet, and try to eat meats the Chinese way, as an accent for the dish as opposed to the “main star.”

Use this link magbowles@gmail.com to submit your “little thing” examples, or post them on the [St. David's Facebook page](#), and we will make this be a regular feature in the Coracle. Naturally, some things will appear more than once as undoubtedly many of us do the same things, but we will all likely note some new things that we can adopt.



This is the address of a new private Facebook group that Sloan Despeaux created in support of the Jackson County Indoor pool. Please join us.

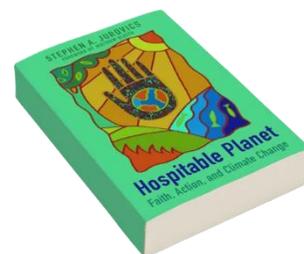
[Friends of the Indoor Pool](#)



Book Study for Creation Cycle



Hospitable Planet: Faith, Action, and *Climate Change* by Stephen A. Jurovics, PhD. will be our next book study as we move into the Creation Cycle. What better time to renew our commitment to our faith, take action, and learn about climate change and what we can do to improve life for all on the planet? The book is available at City Lights and other book sellers. Dates and times to be announced soon. For more information check out <https://hospitableplanet.com/>



2020 Virtual Budget Road Tour

The Episcopal Diocese of Western North Carolina invites all interested lay leaders, parish delegates to Diocesan Convention and all clergy to attend the 2020 Virtual Budget Road Tour. Come learn more about the mission and ministry of the Diocese and the allocation of funds to support the Jesus Movement in Western North Carolina.

This year our Budget Road Tour will be held virtually by Zoom. Join us on:

Wednesday, September 9th, 7 pm

Thursday, September 17th, 7 pm

Monday, September 28th, 7 pm

[Register Here](#)

Parish News & Notes

Birthdays

Sep 16 **Jim Bowles**

Sep 17 **Emmett Kirwan**

Prayers for a speedy recovery for Hank Sharp, a long-time member of St. David's who is here part time and in Florida part time; Hank fell and broke his hip. He has been in rehab but hopes to be home soon. This is his contact information if you'd like to send him well wishes.

Sharp, Henry (Hank)

8333 Seminole Blvd. Apt 605, Seminole FL 33772

HankS37@verizon.net

727/214-0590 (FL). 813/731-9726 (cell)

St. David's Links and Contact Information:

Website: stdavidscullowhee.org

[St. D's Public Facebook Page](#)

[St. D's Private Group Forum](#)

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The Rt. Rev. José A. McLoughlin, Bishop

[Lake Logan Conference Center](#)

[Camp Henry Facebook Page](#)