

The Coracle

St Davids Cullowhee



August 6, 2017

Called to embody God's love by welcoming everyone who enters and by empowering all who stay to make a difference in the world.

Calendar

Sat	Aug 5	Safeguarding God's Children, Grace Waynesville, 9:45 am-noon, Monthly Mindfulness 10 am
Sun	Aug 6	Transfiguration Sunday 10 am Collection for Community Table
Mon	Aug 7	Long-range planning meeting 6:30 pm
Tue	Aug 8	Vestry meeting 5:30 pm
Sun	Aug 13	Pentecost 10 Rice & Beans Sunday 10 am
Tue	Aug 15	Accessible Mindfulness 10 am
Sun	Aug 20	Pentecost 11 10 am
Sun	Aug 27	Pentecost 12 10 am
Sat	Sep 2	Monthly Mindfulness 10 am
Sun	Sep 3	Pentecost 13 Start back with church at 11 am through May 2017 Collection for Community Table
Tue	Sep 5	Accessible Mindfulness 10 am
Sat	Sep 9	Parking lot in use by WCU for football
Sun	Sep 10	Pentecost 14 Rice & Beans Sunday
Tue	Sep 12	Vestry Meeting 5:30 pm
Sat	Sep 15-17	Celebration of Michael Hudson's ministry
Sun	Sep 17	Pentecost 15
Tue	Sep 19	Accessible Mindfulness 10 am
Sat	Sep 23	Parking lot in use by WCU for football
Sun	Sep 24	Pentecost 16 Heidi Dinkelmeyer baptism Soup & Bread Community Supper resumes 5-7 pm

Childcare is available during the church service.

Serving this Sunday

Chalice:

Reader: George Rector

Coffee: Altar Guild

Music: Nan Watkins

Readings: [Exodus 34:29-35](#),

[2 Peter 1:13-21](#), [Luke 9:28-36](#),

[Psalm 99:5-9](#)

Serving during August

Bread: Jane Coburn

Flowers: 8/6 Nancie Wilson

8/13 Altar Guild

8/19 & 26 Judy Annis

Linen: Claire Marsh

Eucharist: Newt Smith &

Tom Wilcox

Greeters: Muff Lyons &

Margot Wilcox

Would You Like a Visit from the Rector?

Michael would be happy to visit; just let him know in person or by email

stdavids1879@gmail.com.

Box Tops for Education

There is a basket under the white board in the Parish Hall where you can place any of these box tops you may have. This is an ongoing project for our children.



Virtual Closet

If you need medical-related equipment or have something you can offer, contact Claire Marsh: clairemrsh@gmail.com. She keeps a list of who has what to facilitate sharing.

WCU Football Saturdays

St. David's parking lot will be used by WCU on the following Saturdays: Sep 9th after 3 pm, Sep 23rd, Oct 14th after noon, Oct 28th after noon, and Nov 11th after 11 am.



The altar flowers this Sunday are given in thanksgiving for and in loving memory of the Rev. Deacon Alice J. Mason by Nancie Wilson.

The Altar Guild will be doing the flowers on August 13th for the 25th anniversary of Michael and Barbara Hudson's ministry.

The Gospel

Luke 9:28-36

Jesus took with him Peter and John and James, and went up on the mountain to pray. And while he was praying, the appearance of his face changed, and his clothes became dazzling white. Suddenly they saw two men, Moses and Elijah, talking to him. They appeared in glory and were speaking of his departure, which he was about to accomplish at Jerusalem. Now Peter and his companions were weighed down with sleep; but since they had stayed awake, they saw his glory and the two men who stood with him. Just as they were leaving him, Peter said to Jesus, "Master, it is good for us to be here; let us make three dwellings, one for you, one for Moses, and one for Elijah" —not knowing what he said. While he was saying this, a cloud came and overshadowed them; and they were terrified as they entered the cloud. Then from the cloud came a voice that said, "This is my Son, my Chosen; listen to him!" When the voice had spoken, Jesus was found alone. And they kept silent and in those days told no one any of the things they had seen.

Coffee Hour on August 6th

Celebration of Charles Pringle's Ministry to St. David's

August 6th will be Charles' last Sunday with us before he heads east to care for his Mom. Altar Guild is providing food so all you need to bring is yourselves.

Those of us on the Altar Guild are very aware of Charles' ministry but Muff Lyons said it beautifully:

"When Charles took on the task of becoming Verger at St. David's, I had visions of what it would look like for Charles trying to herd a parish and Altar Guild of free range sheep -- and I think even our Bishop at the time felt the same way.

But in Charles' quiet, unassuming way, he has managed to lead us almost unknowingly in the path of "how it should be done."

His willingness to be there and be present at St. David's will surely be missed.

We will never know how many times he and Michael have conferred on liturgy questions; how many times Charles has stepped in to fill vacancies so that Sunday services go smoothly; how many times he and Gael have shared their voices Sundays and for special services; how many times he has taught new members and reminded those of us on Altar Guild; and how many times his early arrival on Sunday morning insured that coffee hour was ready for those who had signed up; and the list, I am sure could go on" Muff



Please join us on the 6th to give Charles a loving St. David's sendoff.



Please Join Us For

A Grand Celebration

*125th Anniversary of St. David's Founding
and
25th Anniversary of The Reverend Michael Hudson's Ministry at St. David's*

Friday, Saturday and Sunday, September 15-17, 2017

Friday, 7:30 p.m.

Concert in the Church

Lillian Pearson, harpsichord and organ, and Brad Ulrich, trumpet.

Saturday, 2-6 p.m.

Church yard and Parish Hall

Music, History, Comments, Food, and Fun

Featuring the ASLAN Players Resurrected accompanied by the Old Saint Himself

Sunday, 11 a.m.

The service of Holy Eucharist

*Reflections by Church Members: The Gifts of Michael's Ministry
Special Music by Gael Graham, Charles Pringle, and Natalie Watkins*

The Suggs Family

By Joan Byrd

In 1985 Ann and Tommy Suggs met in Oriental, North Carolina. Ann, a graduate student in nursing at Chapel Hill, was spending a break from classes learning to sail, and Tommy, who had a bachelor's degree in geology from N.C. State, was surfing and generally hanging out on the water. They were together for a year and separated primarily because Tommy was determined never to have children. When they met by chance almost fifteen years later, each of them viewed life from the perspective of a failed marriage, and they took some time getting to know one another again. Tommy and Ann were married in Waynesville in 2009 and bought a home high on the Balsams. Together they have four children, three of them grown; Anna, who is both their adopted daughter and their grandchild, will celebrate her 4th birthday on August 16th.



Tommy is a native of Fayetteville, where he grew up. After his move to the beach, he worked with boats in various capacities, becoming a marine surveyor for insurance companies. Now an adjuster for a maritime insurance company, he keeps up with his work on the computer at home or when he and the family take their RV across the country.

Ann was born on Cape Cod, Massachusetts, and raised in Niles, Michigan. She received her BS in Nursing from the University of Michigan and her MSN from Chapel Hill and worked in various hospitals before becoming head of the Birthing Center at the county hospital in Boone. When Ann developed MS as a result of the stress of this job, her beloved border collie-mix, Hopi, made it possible for her to lead a normal life by virtually training herself to be Ann's service dog. Hopi remained Ann's devoted companion until her death a year ago at the age of fifteen.

Ann tutored student nurses until she had a serious relapse of MS the year she and Tommy were married. In the wake of this experience, Tommy insisted that, after spending her life helping others, it was time for Ann to do what she wanted to do. Ann chose to study art, enrolling in Western's School of Art and Design as a painter; but when she discovered that she and Hopi were happier in the pottery studio, she changed her concentration to ceramics.

Even before she received her BFA in 2015, Ann and Tommy had converted the basement of their house into a community studio where Ann both makes her own work and teaches, and other clay artists lease studio space. Today Stonehouse Pottery specializes in alternative firing techniques such as pit firing and raku and has an especially avid following for its weekly Wine, Women, and Clay evenings.

Anna has learned to throw bowls on the potter's wheel and says that she wants to make pots when she grows up. However, she loves many things: dancing, roasting marshmallows, and ringing the bells at St. David's are favorites. She proudly became a Junior ranger at six National Parks this summer when the family drove to South Dakota. Tommy, who is a changed man since his surfing days, is grateful for the life they share, stating, "It would be hard to have it better than we do!"

The family chose Saint David's as its church home because of its small size and because, Ann says, the people make them "feel right at home! Not a single soul even blinked an eye when Anna fished her communion bread out of the chalice."



Cooperative Effort

Those big, gorgeous flower arrangements this past Sunday contained blooms grown by Betty Lynn Kirwan and Muff Lyons that were arranged by Muff and Margot Wilcox. Betty Lynn grew the lilies and some of the others; Muff grew the limelight hydrangeas.

Did you know that you can “do” the flowers on a Sunday of your choice? Maybe you’d like to have flowers in memory of someone dear to your heart? Or to celebrate a birthday or anniversary? The Flower Guild branch of St. David’s Altar Guild welcomes your participation. You can choose how you want to “do” them:



1. Call the florist and order arranged flowers, to be delivered or picked up.
2. Arrange flowers from your own garden.
3. Buy or otherwise provide some cut flowers for a flower guild person to arrange.

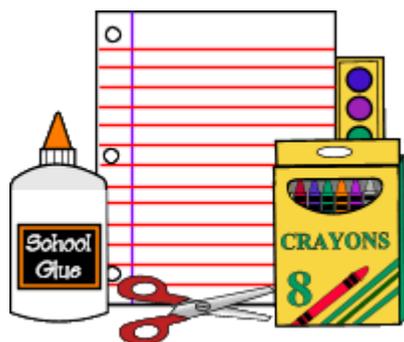
The white board now has a Flower column where you can sign up for the date you choose. Then please give a call to Gerlinde Lindy at 293-2128 or email her at gerlindeml@aol.com to let her know the name of the person and/or the occasion you are honoring as well as your preferred way of providing them. Special mention of that person will be in the service leaflet that Sunday.

If you have any questions, anyone on the Altar Guild can help you; see the Altar Guild link on the church website.

Safeguarding God’s Children

A group is forming to attend the Safeguarding God’s Children training at Grace Episcopal Church in Waynesville on August 5th starting at 9:45 am. If you are interested in going, please let Muff know as she is working out the arrangements. 293-0637) or email mufflyons@gmail.com.

School Supplies Needed



Believe it or not, it's getting close to back-to-school time. Over the next few weeks, St. David's will once again be gathering new school supplies for Vecinos and other families who receive food donations. Luckily Wal-Mart and other stores have them right up front and on sale. Please bring donations of paper, notebooks, pencils, markers, crayons and other supplies and place them in the basket in the Parish Hall. Wal-Mart has local class lists if you want to get an idea of the kinds of supplies needed.

Parish News & Notes

Birthdays

Aug 9 **Joan Byrd**
Aug 12 **Sara Addison**
Aug 13 **Randi Neff**

Anniversary

Aug 6 **TJ Walker & Terry Nelson**

Healing prayers for Kendra Graham and Dallas Satterwhite, both of whom underwent surgeries this week.



Time for a visit from the tooth fairey for Mary Frances Vinyard.

Meditation Opportunities at St. David's

Mindfulness Meditation: Mondays 7:25-8:30 am in the Parish Hall. Our practice is Contemplation of Wise Texts (Lectio), Sitting Meditation, and Informal Dialogue.

Accessible Mindfulness: 1st and 3rd Tuesdays, 10-11:15 am. This is especially geared for those new to mindfulness meditation.

Monthly Mindfulness: First Saturday of each month from 10 am until noon in the Parish Hall.

Other Meditation Opportunities

WCU Mindfulness and Meditation: Thursdays at 4 pm 224 Bird Building. For details, call 227-7469 and ask for Michelle. To view a flyer, [please click here](#).

The **Tuesday Meditation Group will not meet during June, July, and August.** In September, it will resume meeting in the undercroft at St. John's Episcopal Church in downtown Sylva on the **2nd & 4th Tuesdays at 1 pm.** The format is to meditate for 15 minutes at the beginning and 15 minutes at the end. The inspirational material for the half hour in between will be decided by whoever volunteers to facilitate that week.

Mindfulness Meditation: 9:15 am on Thursdays at Sylva Yoga above Lulu's on Main Street in downtown Sylva. Meditation gives students the opportunity to focus on the deep interconnection between mind and body, which can be experienced directly by practice in mindfulness.

Regular Activities	Mondays 7:25 am	Mindfulness Meditation
	Mondays 9-10:30 am	Centering Yoga
	Mondays 10:30 am	Cullowhee Men's Group
	Tuesdays & Thursdays 6:30 am	Sunrise Strength Flow Yoga
	1 st & 3 rd Tuesdays	Accessible Mindfulness
	1 st Wednesdays 6:30 pm	Indivisible/Common Ground
	1 st Saturdays 10 am	Monthly Mindfulness
Last Sundays 5-7 pm Sept-May	Soup/Bread Community Supper	

St. David's Links and Contact Information:

Website: <http://www.st-davids.org/> [Lectionary Page 2017](#)

Newsletter editor: Maggie Bowles: magbowles@gmail.com

Church phone # and email: 828-331-1427

stdavids1879@gmail.com

Mailing address: PO Box 152, Cullowhee, NC 28723

[Parish Mailing List \(sign in required\)](#)

[Altar Guild Schedule 2017](#)

[2017 Greeter Schedule](#)

Diocesan Links:

[Diocese of Western North Carolina](#)

The Rt. Rev. José A. McLoughlin,
Bishop

[Diocesan E-Newsletter sign-up page](#)

[Camp Henry Facebook page](#)