

The Coracle

St Davids Cullowhee



July 14, 2019

Called to embody God's love by welcoming everyone who enters
and by empowering all who stay to make a difference in the world.

Calendar

Sun	Jul 14	Pentecost 5 Holy Eucharist 11 am Abraham's Table 4-8 pm WCU picnic area
Tue	Jul 16	Accessible Mindfulness 10 am
Sun	Jul 21	Pentecost 6 Holy Eucharist 11 am Book Study: <i>My Grandmother's Hands</i>
Sun	Jul 28	Pentecost 7 Holy Eucharist 11 am Book Study: <i>My Grandmother's Hands</i>
Sat	Aug 3	Lois Tebo Memorial Service 2 pm Macon Funeral Home Visitation 1 pm
Sun	Aug 4	Pentecost 8 Holy Eucharist 11 am Book Study: <i>Prayers of the Cosmos</i>
Tue	Aug 6	Accessible Mindfulness 10 am Holy Conversation 5:30 pm
Sun	Aug 11	Pentecost 9 Holy Eucharist 11 am Book Study: <i>Prayers of the Cosmos</i>
Sat	Aug 17	Holy Conversation 10 am
Sun	Aug 18	Pentecost 10 Holy Eucharist 11 am
Tue	Aug 20	Accessible Mindfulness 10 am
Sun	Aug 25	Pentecost 11 Holy Eucharist 11 am
Fri	Nov 2	Fruit of the Vine Wine Event 6:30 pm

[Sermon Link](#)

Serving this Sunday

Chalice: Vance Davidson
Reader: George Rector
Music: Savannah Bennett
Coffee: Ron & Judy Robinson
Readings: [Amos 7:7-17](#), [Psalm 82](#)
[Colossians 1:1-14](#), [Luke 10:25-37](#)

Serving during July

Flowers: Muff Lyons &
Margot Wilcox
Linen: Margot Wilcox
Communion: Muff Lyons &
Laurie Hulbert
Bread: Judy Robinson
Greeter: Steve Steinbrueck

**Childcare is available during
the service most Sundays.**

Check Out the Church Web Site
[Upcoming Events](#) [Rector Search](#)

Abraham's Table: A family reunion

[Abrahamic Family Picnic this Sunday](#)

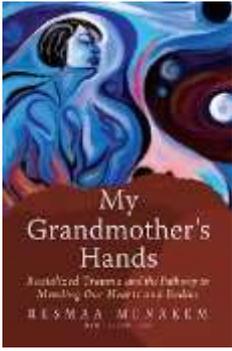
By The Rev. Valori Mulvey Sherer

The next Abrahamic family reunion is a picnic at WCU on Sunday, July 14th from 4 to 8 pm at the WCU picnic area behind the softball field. No program this time, just a relaxing afternoon and evening eating together, playing games, singing songs, and being family.

It's a pot-luck again, and there will be extra tables to hold the food. Water, tea, lemonade, and ice will be provided along with paper plates, plastic utensils, cups, and napkins. Efforts are being made to connect with students here for the summer session, so please bring a little extra food to share with them.

Responding to a request from our last gathering, we'll have name tags too! It has been recommended that folks (especially children) who want to play in the nearby creek bring water shoes. Extra towels will be available just in case.

These gatherings have been so enjoyable. They are a joint effort with Cullowhee Baptist Church, WCU, St. David's, and Cullowhee Methodist, and the local Jewish and Muslim communities. We hope you'll come and enjoy this reunion of the children of Abraham in our corner of God's garden.



Summer Book Study: *My Grandmother's Hands*

We enjoyed a wonderful first meeting, discussing some of the concepts in this book. If you missed the first meeting, it's fine to come to the next two. We've pushed our next meeting back a week since some of us will be at the Wild Goose festival next Sunday, so **our next meeting will be on July 21st** and Marilyn Jody will facilitate the discussion. We'll be covering the first half of the book. We'll decide together at that time which of the exercises within the text we wish to do. The third meeting will be July 28th. Facilitator tbd.

Coffee Hour

By The Rev. Valori Mulvey Sherer

The vestry and I have been discussing simplifying our Coffee Hour lately following a few Sundays of no offering in the midst of the demands of summer travel. We began having casual conversations with members about this and discovered that there were some among us who would volunteer but felt "underqualified" as they are not gifted at cooking, hosting, etc.

I told the vestry about my experience at the Convent of St. Mary's in Sewanee where I served while in seminary. The nuns put out biscuits and honey, coffee, and tea each Sunday—and people flocked to it! The hospitality of the sisters at St. Mary's is so simple, yet so warm. Picking up on that story, Sandy and Elizabeth Frazier brought biscuits, honey, and jams in addition to the wonderful casserole and other food they lavished us with at their recent Coffee Hour Sunday. A beautiful white basket held the warm biscuits and they were a hit! Simple, warm hospitality.

This past week I met with a couple of our newer members and asked them about their experience of Coffee Hour. They gushed about the wonderful hospitality they have experienced—a true gift at St. David's. People come and talk to them making them feel welcome and part of the family.

What would help? Nametags! Even if we just use them during coffee hour. Though our parish is small, it can be difficult to remember names and put couples and families together. These newer folks also expressed hesitation for providing for the kind of Coffee Hour spreads they'd been seeing, having neither the time nor gift for that. They expressed excitement during our discussion of simplifying Coffee Hour. Then the Spirit started flowing through them, and ideas began to surface. Here are just a few for all of us to consider:

- ✦ One Sunday a month, have a pot-luck Coffee Hour at which we celebrate birthdays and anniversaries. We could call this "Celebration Sunday." A standardized sign-up sheet could be posted on the bulletin board three weeks ahead. The other three Sundays offer simpler fare: biscuits, gorp, nuts, fruit, coffee, and tea. We could keep a stock of these available in the cupboard (biscuits in the freezer), and a volunteer could simply come and set out the tablecloth and snacks. Persons celebrating special occasions, or just wanting to offer their gift of hospitality, could still sign up to offer a lavish spread anytime they wanted.
- ✦ Since it can be difficult to eat and talk while balancing food and/or drink, a few of those tall, round cocktail tables spread around the periphery of the room might help. These could encourage conversations while not inhibiting movement.
- ✦ Might we move from paper to cloth napkins? There is already one volunteer ready to launder them, and we could seek more through a sign-up.
- ✦ It was pointed out that there is currently no teapot in our kitchen and no way to heat water for tea.

What are your thoughts? Your feedback to your vestry and to me is most welcome.

Valori +

[2019 Vestry Stewardship Covenant](#)

By The Rev. Valori Mulvey Sherer

At the vestry retreat in January, your vestry prayerfully re-examined our stewardship commitment to you, the St. David's community. Using Scripture and prayer, we have made the following commitment to you and to God for 2019:

Vestry Stewardship Covenant 2019

St. David's Episcopal Church

We believe that God loves us unconditionally and desires that we love one another without exception; that God wants us to use the gifts we've been given including the gifts of listening, discerning, and doing. We trust in God's abundance and can respond in generosity and love by serving our community and creation in ways we never thought possible.

We commit to fostering a broad vision of stewardship as encompassing our physical church, our congregation, the community that surrounds us, and all of creation.

We invite the St. David's family to explore how we can embody God's love and promise of abundance in our process, practice, and reflection.

Holy Conversations Are Up Next

A hearty thank-you to all of you who have already signed up to attend one of the two Holy Conversations. Please note that the first one has been changed to **Tuesday, August 6th at 5:30 pm** (previously August 8th). The second one will be on **Saturday, August 17th at 10 am**. There is a sign-up sheet in the Gathering Place where you can choose your preferred time to participate or you can email or call Maggie to sign up. magbowles@gmail.com or 828-743-0585 or 803-920-9974



Rector Search

The CAT survey participation rate wound up at 76%! Thank you all!

Prayer by George Rector, Discernment Committee Chaplain

Almighty God, we are grateful for this day which you have made and for the time that we have shared with one another. We pray to remain united in purpose and in love. Grant us the gift of silence so that we may more clearly hear you speak to our hearts, so that we may more perfectly know your presence in our lives. In the name of Jesus Christ our Lord. Amen.

Rest in Peace

Lois Tebo

St. David's oldest member at age 99.

Visitation 1 pm, Memorial Service 2 pm August 3, 2019

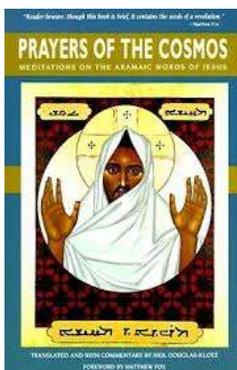
Reception to follow at the American Legion.

[Macon Funeral Home](#)

In lieu of flowers, donations in her name may be made to St. David's Episcopal Church or Macon County Library.

Future Book Studies

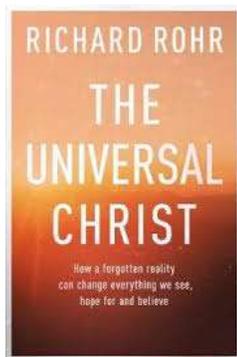
Please join us this summer and fall for the following book studies. As usual, City Lights Bookstore will have copies available at a 10% discount; just let them know it is for the book study.



August 4th and 11th: Prayers of the Cosmos, Reflections on the Original Meaning of Jesus's Words by Neil Douglas-Klotz.

From the publisher: Neil Douglas-Klotz offers a radical new translation of the words of Jesus Christ...Reinterpreting the Lord's Prayer and the Beatitudes from the vantage of Middle Eastern mysticism, Douglas-Klotz... reveals a mystical, feminist, cosmic Christ. *Prayers of the Cosmos* is a spiritual revelation—and in the words of *Science of Mind*, “When you read this book, you will have no further doubt that God loves you infinitely and unconditionally.” Join us after coffee hour in The Gathering Place. Bring a brown bag

lunch in case there is no coffee hour sustenance.



September 8th-??: When we begin our fall program season, our book study will continue with *The Universal Christ* by Richard Rohr. This book is meant to be read aloud and pondered in a slow integrative process. We will meet to read this book aloud together, taking the time the Spirit desires for us to contemplate and integrate it. From the publisher: Drawing on scripture, history, and spiritual practice, Rohr articulates a transformative view of Jesus Christ as a portrait of God's constant, unfolding work in the world. “God loves things by becoming them,” he writes, “and Jesus's life was meant to declare that humanity has never been separate from God—except by its own negative choice. When we recover this fundamental truth, faith becomes less about proving Jesus was God and more about learning to recognize the Creator's presence all around us, and in everyone we meet.”

Thought-provoking, practical, and full of deep hope and vision, *The Universal Christ* is a landmark book from one of our most beloved spiritual writers and an invitation to contemplate how God liberates and loves all that is.” Join us after coffee hour in The Gathering Place. Bring a brown bag lunch in case there is no coffee hour sustenance.

Financial Snapshot–June 30th, 2019

By Steve Steinbrueck, Treasurer

	Budgeted to date	Actual to date
Total Revenues	\$57,270	\$62,145
Pledges	50,645	55,427
Total Expenses	57,214	55,079
Total Revenues (-) Expenses		\$7,066

Note: Actual pledges total includes late 2018 and pre-paid 2019 contributions.

Assistant Treasurer

Would you consider serving St. David's as Assistant Treasurer? Steve Steinbrueck is looking for someone to learn about the details of our financial management and help with bank deposits, bill paying, and reporting. He estimates that this will take a maximum of 5 hours a week, probably less. The role needs someone who is fairly detail oriented and very comfortable with computers/online banking. Importantly, the role does NOT include bookkeeping. Please be in touch with Steve [treasurer@stdavidscullowhee.org or (828) 507-8816] if you'd like to discuss the possibility.

Giving Statements

Draft mid-year Giving Statements were sent via email last week; final statements will be sent later in the month. These statements were sent directly from our new Realm accounting software, so Steve Steinbrueck [treasurer@stdavidscullowhee.org or (828) 507-8816] would appreciate knowing if you did not receive your statement, prefer a different email, corrections are needed, or you have any suggestions.

Parish News & Notes

Birthdays

Jul 15 **Mark Tomczak**
July 17 **Cailee Ladd**
July 18 **Sloan Despeux**
July 20 **Miriam Brown**
July 21 **Brian Dinklemeyer**

Anniversaries

Jul 14 **Kelley & Brian Dinklemeyer**
Elizabeth & Jim Addison

Cheese Chili Bars

Served at Coffee Hour last Sunday
and shared by Karen Brown.

8 eggs
1/2 cup flour
1 tsp baking powder
3/4 tsp salt
3 cups (12 oz) shredded Monterey Jack cheese (I used the pre-shredded Colby/Jack)
1 1/2 cup (12oz) cottage cheese
2- 4oz cans chopped green chilis, drained

Beat eggs until light with electric mixer (3-4 minutes). Stir in flour, baking powder and salt and mix. Fold in cheeses and chilis. Turn into greased 9x9x2 inch baking dish (or approximately equivalent size). Bake 40 minutes at 350 degrees. Remove, let cool 10 minutes then cut. Serve hot.

THE SWAIN ARTS CENTER IS
PROUD TO PRESENT



ERIC HENDRIX & FRIENDS

AND THE OPENING
OF THE
POSTCARDS FROM
THE EDGE EXHIBIT

JULY 13, 2019
7:00 P.M.

TICKETS \$10 AT THE DOOR

The Swain Arts Center is located on the
campus of Swain County High School
1415 Fontana Road.



This program received support from the NC Arts Council, a division
of the Department of Cultural Resources, with funding from the
National Endowment for the Arts.

Meditation Opportunities at St. David's

Accessible Mindfulness: 1st and 3rd Tuesdays, 10-11:15 am. This is especially geared for those new to mindfulness meditation.

Other Meditation Opportunities

WCU Mindfulness and Meditation: Thursdays at 4 pm 224 Bird Building. For details, call 227-7469 and ask for Michelle. To view a flyer, [please click here](#).

Mindfulness Meditation: 9:15 am on Thursdays at Sylva Yoga above Lulu's on Main Street in downtown Sylva. Meditation gives students the opportunity to focus on the deep interconnection between mind and body, which can be experienced directly by practice in mindfulness.

Virtual Closet

If you need medical-related equipment or have something you can offer, contact Claire Marsh: clairemrsh@gmail.com She keeps a list of who has what to facilitate sharing.

Box Tops for Education

There is a basket under the white board in the Parish Hall where you can place any of these box tops you may have. This is an ongoing project for our children.

Regular Activities

2nd Sundays
3rd Sundays 5:30 pm
Last Sundays 5-7 pm Sept-Apr
Mondays 10:30 am
2nd Mondays
1st & 3rd Tuesdays

Rice & Beans Ministry
Taizé Service 5:30 pm
Soup/Bread Community Supper
Cullowhee Men's Group 10:30 am
Vestry Meeting 5:30 pm
Accessible Mindfulness 10 am

St. David's Links and Contact Information:

Website: stdavidscullowhee.org

[Lectionary Page 2019](#)

Newsletter editor: Maggie Bowles: magbowles@gmail.com

Church phone # and email: 828-331-1427

stdavidscullowhee@gmail.com

Mailing address: PO Box 152, Cullowhee, NC 28723

Diocesan Links:

[Diocese of Western North Carolina](#)

The Rt. Rev. José A. McLoughlin, Bishop

[Sign up for Diocesan Newsletter](#)

[Camp Henry Facebook page](#)

www.lakelogan.org

St. David's Vestry Members:

Judy Robinson, Senior Warden

Muff Lyons, Junior Warden

Sandy Frazier—Gael Graham

Vance Davidson—Jake Jacobson

2019 Outreach Support

From 1st Sunday's loose plate offering and Soup Suppers

Jan Circles of Hope Aug School Supplies drive

Feb Clean Slate Sep Vecinos

Mar Community Table Oct Midwives of Haiti

Apr Mainspring Land Trust Nov to be determined

May (general) Dec (general)

May-Jun-Jul-Aug-no Soup Suppers (general outreach)