

The Coracle

St Davids Cullowhee



June 4, 2017

Called to embody God's love by welcoming everyone who enters and by empowering all who stay to make a difference in the world.

Calendar

Sat	Jun 3	Yard Sale, 8 am noon, Monthly Mindfulness, 10 am Cold Mountain Music Festival at Lake Logan
Sun	Jun 4	Pentecost Service is at 10 am! First Sunday collection benefits United Christian Ministries
Tue	Jun 6	Accessible Mindfulness, 10 am
Fri-Sun	Jun 9-11	Chad's Yoga Retreat, Banner Elk
Sun	Jun 11	Trinity Sunday, Rice & Beans, church is at 10 am!
Tue	Jun 13	Vestry Meeting, 5:30 pm
Sun	Jun 18	Pentecost 2, church is at 10 am!
Tue	Jun 20	Accessible Mindfulness, 10 am
Sun	Jun 25	Pentecost 3, church is at 10 am!
Mon-Thu	Jun 26-29	Vacation Bible School at Cullowhee Methodist Church
Sun	Jul 2	Pentecost 4
Tue	Jul 4	Accessible Mindfulness 10 am
Sun	Jul 9	Pentecost 5

Serving this Sunday

Chalice:

Reader: Muff Lyons

Coffee: **ALL**

Music: Lillian Pearson

Readings: [Numbers 11:24-30](#),

[1 Corinthians 12:3b-13](#),

[Psalm 104:25-35, 37](#),

[John 7:37-39](#)

Serving during June

Bread: Wesley Satterwhite

Flowers: Betty Lynn Kirwan

Linen: Judy Annis

Eucharist: Faye Jacobson &

Judy Annis

Greeter: Margot Wilcox

Childcare is available during the church service.

Would You Like a Visit from the Rector?

Michael would be happy to visit; just let him know in person or by email stdavids1879@gmail.com.

Virtual Closet

If you need medical-related equipment or have something you can offer, contact Claire Marsh: clairemrsh@gmail.com. She keeps a list of who has what to facilitate sharing.

Box Tops for Education

There is a basket under the white board in the Parish Hall where you can place any of these box tops you may have. This is an ongoing project for our children.



Regular Activities

Mondays 7:25 am

Mondays 9-10:30 am

Mondays 10:30 am

Tuesdays & Thursdays 6:30 am

1st & 3rd Tuesdays

1st Wednesdays 6:30 pm

1st Saturdays 10 am

Last Sundays 5-7 pm Sept-May

Mindfulness Meditation

Centering Yoga

Cullowhee Men's Group

Sunrise Strength Flow Yoga

Accessible Mindfulness

Indivisible/Common Ground

Monthly Mindfulness

Soup/Bread Community Supper

The Gospel
John 7:37-39

On the last day of the festival, the great day, while Jesus was standing there, he cried out, "Let anyone who is thirsty come to me, and let the one who believes in me drink. As the scripture has said, 'Out of the believer's heart shall flow rivers of living water.'" Now he said this about the Spirit, which believers in him were to receive; for as yet there was no Spirit, because Jesus was not yet glorified.



Pentecost Sunday is This Sunday, June 4th

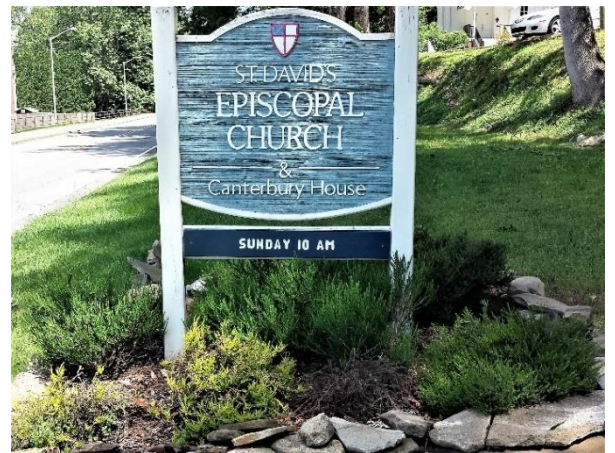
The worship service will begin at 10 am

Everyone is encouraged to wear **RED**

Please bring a food item to share at Coffee Hour

A Sign for Summer

The church service will begin at 10 am during June, July, and August. Thanks, to Jim Bowles for updating the sign.



Saturday June 3rd

8am-noon

Please come and bring your friends!

Judy Robinson and Donna Ross are all set up and ready to serve you on Saturday morning.

Any items remaining on Sunday morning will be half price!



From the Diocese

For more information, including the full band lineup, visit www.coldmountainmusic.org.



A Letter from the Bishop



Episcopal Diocese of Western North Carolina

May 26, 2017

Dear Sisters and Brothers in Christ,

I invite you to join me and Presiding Bishop Michael Curry in the global movement, *Thy Kingdom Come*, which commends all Christians to pray, in whatever way they want, so that others may come to know Jesus. Bishop Curry recently said,

"Prayer actually does change things. We may not always know how. We may not always know the details. We may not always see the end result or the end product...but prayer changes things...because prayer brings God into our conscious focus and in some mysterious way, prayer alters the chemistry of the moment and changes the equation of life."

Started in 2016 by the Archbishops of Canterbury and York in the Church of England, *Thy Kingdom Come* has grown into an international and ecumenical call to prayer. It takes place May 25 through June 4, between the festivals of Ascension and Pentecost. Learn more about *Thy Kingdom Come* and pledge to pray [here](#). See a message of encouragement from our Presiding Bishop [here](#).

The needs in our world are great with so many people yearning for hope and healing. Prayer not only draws us closer to God, but prayer also equips us to become the embodiment of Jesus's love. I hope you will join me and set aside time in your day to pray.

Faithfully,

A handwritten signature in black ink, which appears to read "José A. McLoughlin".

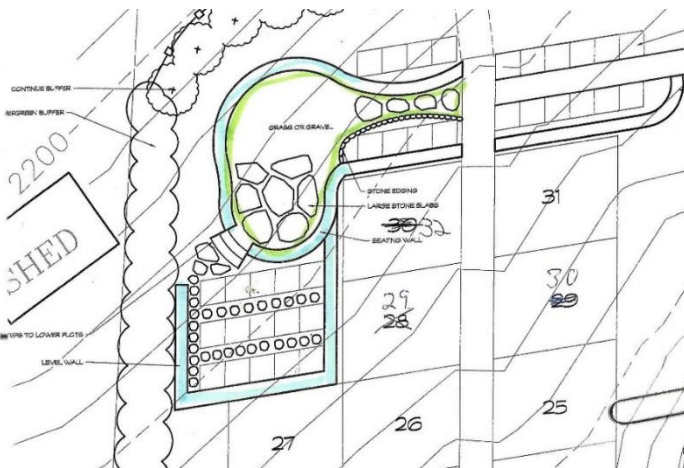
The Rt. Rev. José A. McLoughlin
VII Bishop of Western North Carolina
www.diocesewnc.org
(828) 225-6656

What's Going on in the Cemetery?

By Bill Kirwan, Cemetery Chairman

Last year, the Vestry authorized the Cemetery Committee to hire Dargan Associates, Landscape Architects, to develop a plan which would create 30 plots, each 3' x 3', for the interment of cremains in the upper portion of the cemetery. All of the cremains plots that had been created a few years ago had been assigned. Mary Dargan produced a plan that not only provides for the thirty plots but also includes a flat area near the plots for those conducting and attending liturgical services of interment.

Earlier this year, the Vestry approved the plan and in March a contract was awarded to B.H. Graning to perform the work to begin no later than June. Creating a flat space for the plots and another flat space for liturgical services requires extensive grading and the construction of retaining walls. Thus, the bulldozer and the rock walls.



Once the contractor has finished, the members of the Cemetery Committee will lay out the plots and install corner markers. When that work is complete, and the Vestry approves, the Cemetery Committee will announce via the Coracle, coffee hour etc. that application forms and a copy of cemetery policies are available for those interested in purchasing a plot. The Vestry has not yet determined the cost of these plots.

There is no schedule or estimated completion dates for the various stages of the process outlined above, but the members of the Cemetery Committee are anxious to see this project completed, as soon as possible.

All of the expenses of this project are provided by the Cemetery Endowment Fund.

Parish News & Notes

Birthdays

- Jun 1 **Margot Wilcox, Chase Robinson**
- Jun 3 **Kevin Stevens**
- Jun 6 **Paul Yanik, Elise Reynolds, Lesley Duggins**

Anniversaries

- Jun 2 **Judy & Ron Robinson**
- Jun 7 **Faye & Jake Jacobson**

Healing prayers for Claire Marsh as she recovers from oral surgery.

Healing prayers also for Sloan Despeaux's brother Slade Evans who is being treated for an infection.

June Smith shared this lovely quote from a friend of the Horton family: "The service for Jim Horton was perfect; largely because of the serenity, goodness and beauty of your church and church family. I felt a sense of connection with God there that appears to be so lost other places. The comfort and support to the Horton family your church provided reflects who you are."

Thank you letter from Howard Hill, Boquette, Panama



CLUB ROTARIO DE BOQUETE

Chiriqui, Republic De Panama, Distrito 4240

14 May, 2017

The Reverend Michael Hudson, Rector
St. David's Episcopal Church
Cullowhee, North Carolina

Dear Michael, and members of St. David's,

On behalf of Club Rotario de Boquete, we would like to express our deep and sincere gratitude to St. David's Episcopal Church, in Cullowhee, and to the Rotary clubs in western North Carolina, who have all sent members and resources to help with our projects in Panama. I don't know if anyone has told you this before, but you are our longest standing and most important partners in helping to improve education, sanitation, and health in some of the most remote, rural schools and communities in Chiriqui and Bocas del Toro Provinces of Panama. We are a relatively small club, and we absolutely depend on the help of partners from outside of Panama to bring needed improvements, resources and remedies to problems that we find here. The former director of the Peace Corps volunteer program in Panama assured our group that the level of poverty and health challenges in rural Panama are as great as anywhere in Central America.

BECAUSE OF YOUR HELP...Children at the very rural El Banco one-room school house, now have electricity, computers, and the Internet. They have a safe, healthy place to eat lunch, a security fence around the property, and they now have real bathrooms. This has been an incredible transformation for the children of this small community. And, of course, you were able to meet their wonderful former teacher, Kenia Alvarez during her month-long visit to North Carolina, an exchange that you helped make possible.

BECAUSE OF YOUR HELP...Children in a tiny remote community of Tierra Oscura (dark earth), accessible only by boat, have electric lights for the first time, and even part-time access to Internet, which helps them to be better prepared as they move on to high school.

BECAUSE OF YOUR HELP...over 1500 children and family members, who would rarely have access to medical attention, have been screened, diagnosed, in some cases treated for a variety of illnesses, and referred for further attention as indicated.

BECAUSE OF YOUR HELP...together, we have made renovations to 12 area schools, including building their first flush toilets and installing complete water systems with reservoirs, pumps, and filters. Schools used to be closed frequently due to lack of water and poor sanitary conditions.

BECAUSE OF YOUR HELP...many hundreds of children have received basic school supplies that their parents would not have been able to afford.

BECAUSE OF YOUR HELP...together, with you and other partners, we have raised funds to build classrooms in order that students in a large, remote, indigenous village, on an island, will be able to go on to complete high school and graduate with diplomas for the first time this coming year.

To me, one of the highest measures of humanity is when people will sacrifice their time, their personal resources, to come and help people that they do not even know. And then to think that you came back again and again to help even more...It doesn't get any better than that.

Of course, I want to sing the praises of your friend and mine, Sandy Frazier, who has been the dynamo at the center of all this, that turned the good wishes and intentions into realities – for quite a large number of people now. None of this would have been realized without his impetus, organization, good humor, and sometimes being a pest to his fellow Rotarians and church members. God bless you, Sandy!

And I also want to invite others among your organizations to make this journey, for it is my contention that the people who come here to help are changed and affected as much the people with whom they come into contact. And I believe that is the vision, faith really, that Rotary International holds out...a world-wide organization that still believes that there is hope for peace among all peoples.

We are deeply indebted to you for your generous help in so many ways.

Sincerely,

Howard Hill

Founding member, past president and Project Panama Coordinator,
Club Rotario de Boquete
and former member of St. David's

To view some of the activities in Panama, over the years, use the following link. You should recognize quite a few people. <https://www.flickr.com/photos/98789544@N00/albums/72157681744257671> (Recommend viewing as 'slide show' by pressing gray play' button in upper right corner, on the white margin.)

Charter for Compassion

This information was shared by Frank Romanowicz, a summer neighbor of the Jacobsons, who comes to St. David's when he is here in the mountains.

The Charter for Compassion is a document that transcends religious, ideological, and national differences. Supported by leading thinkers from many traditions, the Charter calls on us to activate the Golden Rule around the world

This is a statement of their vision:

We believe that a compassionate world is a peaceful world.

We believe that a compassionate world is possible when every man, woman and child treats others as they wish to be treated—with dignity, equity and respect.

We believe that all human beings are born with the capacity for compassion, and that it must be cultivated for human beings to survive and thrive.



In 2008, Karen Armstrong won the TED Prize for her wish to create a Charter for Compassion. Thousands of people contributed to the process and the Charter was unveiled in November 2009. Since then, the Charter has inspired community-based acts of compassion all over the world. From Seattle to Karachi, Houston to Amsterdam, in schools, houses of worship, city governments, and among individuals everywhere, the message of the Charter is transforming lives.

Join to make compassion a clear, luminous and dynamic force in our polarized world. Embrace the compassion revolution.

charterforcompassion.org

Meditation Opportunities at St. David's

Mindfulness Meditation: Mondays 7:25-8:30 am in the Parish Hall. Our practice is Contemplation of Wise Texts (Lectio), Sitting Meditation, and Informal Dialogue.

Accessible Mindfulness: 1st and 3rd Tuesdays, 10-11:15 am. This is especially geared for those new to mindfulness meditation.

Monthly Mindfulness: First Saturday of each month from 10 am until noon in the Parish Hall.

Other Meditation Opportunities

WCU Mindfulness and Meditation: Thursdays at 4 pm 224 Bird Building. For details, call 227-7469 and ask for Michelle. To view a flyer, [please click here.](#)

The **Tuesday Meditation Group** meets in the undercroft at St. John's Episcopal Church in downtown Sylva on the **2nd & 4th Tuesdays at 1 pm.** The format is to meditate for 15 minutes at the beginning and 15 minutes at the end. The inspirational material for the half hour in between will be decided by whoever volunteers to facilitate that week.

Mindfulness Meditation: 9:15 am on Thursdays at Sylva Yoga above Lulu's on Main Street in downtown Sylva. Meditation gives students the opportunity to focus on the deep interconnection between mind and body, which can be experienced directly by practice in mindfulness.

St. David's Links and Contact Information:

Website: <http://www.st-davids.org/> [Lectionary Page 2017](#)

Newsletter editor: Maggie Bowles: magbowles@gmail.com

Church phone # and email: 828-331-1427

stdavids1879@gmail.com

Mailing address: PO Box 152, Cullowhee, NC 28723

[Parish Mailing List \(sign in required\)](#)

[Altar Guild Schedule 2017](#)

[2017 Greeter Schedule](#)

Diocesan Links:

[Diocese of Western North Carolina](#)

The Rt. Rev. José A. McLoughlin,
Bishop

[Diocesan E-Newsletter sign-up page](#)

[Camp Henry Facebook page](#)