

# The Coracle

St Davids Cullowhee



June 23, 2019

Called to embody God's love by welcoming everyone who enters  
and by empowering all who stay to make a difference in the world.

## Calendar

Sun	Jun 23	Pentecost 2 Holy Eucharist 11 am
Mon	Jun 24	SEOL: From Paris to Pittsburgh
Sun	Jun 30	Pentecost 3 Holy Eucharist 11 am CAT survey closes at midnight
Tue	Jul 2	Accessible Mindfulness 10 am
Sun	Jul 7	Pentecost 4 Holy Eucharist 11 am Book Study: <i>My Grandmother's Hands</i>
Mon	Jul 8	Vestry Meeting 5:30 pm
Sun	Jul 14	Pentecost 5 Holy Eucharist 11 am Book Study: <i>My Grandmother's Hands</i> Abraham's Table 4-8 pm WCU picnic area
Tue	Jul 16	Accessible Mindfulness 10 am
Sun	Jul 21	Pentecost 6 Holy Eucharist 11 am Book Study: <i>My Grandmother's Hands</i>
Sun	Jul 28	Pentecost 7 Holy Eucharist 11 am
Sun	Aug 4	Pentecost 8 Holy Eucharist 11 am Book Study: <i>Prayers of the Cosmos</i>
Tue	Aug 5	Accessible Mindfulness 10 am
Thu	Aug 8	Holy Conversation 5:30 pm
Sun	Aug 11	Pentecost 9 Holy Eucharist 11 am Book Study: <i>Prayers of the Cosmos</i>
Sat	Aug 17	Holy Conversation 10 am
Sun	Aug 18	Pentecost 10 Holy Eucharist 11 am
Tue	Aug 20	Accessible Mindfulness 10 am
Sun	Aug 25	Pentecost 11 Holy Eucharist 11 am
Fri	Nov 2	Fruit of the Vine Wine Event 6:30 pm

## Serving this Sunday

Chalice: Betsy Swift  
Reader: Muff Lyons  
Music: Savannah Bennett  
Coffee: Faye Jacobson  
Readings: [1 Kings 19:1-4, \(5-7\), 8-15a](#),  
[Psalm 42](#), [Galatians 3:23-29](#),  
[Luke 8:26-39](#)

## Serving during June

Flowers: Judy Annis  
Linen: Faye Jacobson  
Communion: Judy Annis & Faye Jacobson  
Bread: Doug & Mary Michael Hanks  
Greeters: Hank Sharp &  
Lydia Aydlett

## Serving during July

Flowers: Muff Lyons & Margot Wilcox  
Linen: Margot Wilcox  
Communion: Muff Lyons & Laurie  
Hulbert  
Bread: Judy Robinson  
Greeter: Steve Steinbrueck

**Childcare is available during  
the service most Sundays.**

[Sermon Link](#)

## Interim Rector on Retreat

The week following Trinity Sunday (June 16<sup>th</sup>-23<sup>rd</sup>) our Interim Rector will be on private retreat. Please hold Valori+ in prayer during this time of re-remembering. The Rev. Nick McDonald will be our supply priest for Sunday, June 23<sup>rd</sup>. In case of pastoral emergency, please contact Judy Robinson, our Sr. Warden, who will contact Valori+.

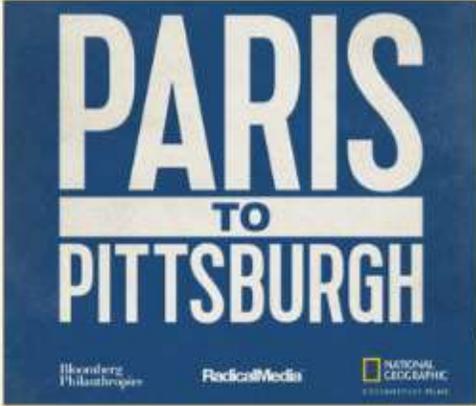
## Ask and You Shall Receive



## Come One, Come All!

In keeping with our commitment to the Stewardship of the Entirety of Our Lives -  
St. David's Episcopal Church gladly offers

**A FREE COMMUNITY VIEWING & PLANNING WORKSHOP**  
**MONDAY, JUNE 24 5:30 – 7:00 P.M.**



Join us at  
**The Gathering Place at St. David's Episcopal Church**  
**385 Forest Hills Rd., Cullowhee, NC 28723**

Climate change is real and we can be part of the solution  
to create change in our own community!

For information or to reserve a seat  
email [stdavidscullowhee@gmail.com](mailto:stdavidscullowhee@gmail.com) or call (828) 331-1472

Sunday, July 14<sup>th</sup> we will gather at the WCU picnic center for an Abrahamic family reunion picnic—time set aside for us to relax, eat, play, and just be together—deepening our relationships. BYO Picnic food, drinks, utensils, plus a little extra to share.

### **Abraham's Table:**

#### **A family reunion**

Join us as we relax, eat, play,  
and share time together as the children of Abraham:  
Jewish, Christian, and Muslim.

**Sunday, July 14**

**4:00 to 8:00 pm**

All are welcome as we celebrate our common roots  
and live as one in an era of political division.

### **WCU Picnic Area**

**behind the softball field**

We invite you to bring a picnic lunch –  
enough for you and a bit extra.  
Bring your favorite picnic game(s), guitar  
or instrument for sing-a-longs!

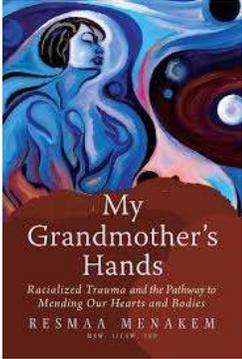


The lamps are different but the light is the same. ~Rumi

## Summer Reading Book Studies

Please join us for two book studies this summer and another in the fall. As usual, City Lights Bookstore will have copies available at a 10% discount; just let them know it is for the book study.

**July 7<sup>th</sup>, 14<sup>th</sup>, 21<sup>st</sup>:** *My Grandmother's Hands, Racialized Trauma and the Pathway to Mending Our Hearts and Bodies* by Resmaa Menakem.

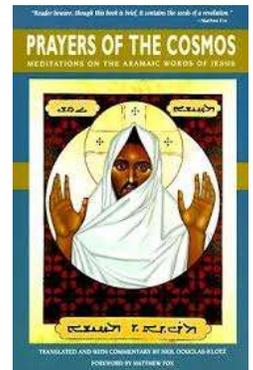


From the publisher: The body is where our instincts reside and where we fight, flee, or freeze, and it endures the trauma inflicted by the ills that plague society. In this groundbreaking work, therapist Resmaa Menakem examines the damage caused by racism in America from the perspective of body-centered psychology. He argues this destruction will continue until Americans learn to heal the generational anguish of white supremacy, which is deeply embedded in all our bodies... *My Grandmother's Hands* is a call to action for all of us to recognize that racism is not about the head, but about the body, and introduces an alternative view of what we can do to grow beyond our entrenched racialized divide. [This book offers] a step-by-step solution—a healing process—in addition to incisive social commentary.

Join us after coffee hour in The Gathering Place. Bring a brown bag lunch in case there is no coffee hour sustenance.

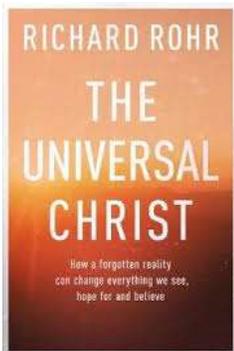
**August 4<sup>th</sup> and 11<sup>th</sup>:** *Prayers of the Cosmos, Reflections on the Original Meaning of Jesus's Words* by Neil Douglas-Klotz.

From the publisher: Neil Douglas-Klotz offers a radical new translation of the words of Jesus Christ...Reinterpreting the Lord's Prayer and the Beatitudes from the vantage of Middle Eastern mysticism, Douglas-Klotz... reveals a mystical, feminist, cosmic Christ. *Prayers of the Cosmos* is a spiritual revelation—and in the words of *Science of Mind*, “When you read this book, you will have no further doubt that God loves you infinitely and unconditionally.”



Join us after coffee hour in The Gathering Place. Bring a brown bag lunch in case there is no coffee hour sustenance.

**September 8<sup>th</sup>–??:** When we begin our fall program season, our book study will continue with *The Universal Christ* by Richard Rohr. This book is meant to be read aloud and pondered in a slow integrative process. We will meet to read this book aloud together, taking the time the Spirit desires for us to contemplate and integrate it.



From the publisher: Drawing on scripture, history, and spiritual practice, Rohr articulates a transformative view of Jesus Christ as a portrait of God's constant, unfolding work in the world. “God loves things by becoming them,” he writes, “and Jesus's life was meant to declare that humanity has never been separate from God—except by its own negative choice. When we recover this fundamental truth, faith becomes less about proving Jesus was God and more about learning to recognize the Creator's presence all around us, and in everyone we meet.”

Thought-provoking, practical, and full of deep hope and vision, *The Universal Christ* is a landmark book from one of our most beloved spiritual writers and an invitation to contemplate how God liberates and loves all that is.” Join us after coffee hour in The Gathering Place. Bring a brown bag lunch in case there is no coffee hour sustenance.



# YOU!

## Can Help Prevent

### CHURCH MOUSE EXHAUSTION SYNDROME

St. David's does not have a sexton; Sheila, our cleaning lady, vacuums, dusts, and cleans the bathrooms in the downstairs and upstairs, as well as vacuums and dusts in the church. She takes the trash, except for the recycling, which George and Joan do. But everything from running the dishwasher to purchasing supplies falls to the Church Mice, and attrition is taking a toll.

We really need somebody to take on Ann Hallyburton's former job of buying the supplies that Sheila needs for her cleaning. She is very good about writing on the refrigerator list what she needs. It is not a weekly need, and Steve Steinbrueck reimburses any bills that are submitted. Non-budgeted items such as foil, plastic wrap, baggies, storage bags, etc. that can be found in bottom drawer next to stove have to be donated.

Below is a checklist designed to help us all to do our part to keep our Gathering Place in good order and give relief to those faithful Church Mice.

**Leaving the Gathering Place Checklist**

**Chairs and tables:**  
Leave one table across the front of the kitchen area.  
For now, fold and return all but 2 tables to the storage space unless you are told specifically to leave some out for an upcoming event.  
Leave out at least 8 chairs; put the rest into the storage space.

**Kitchen:**  
Place all used dishes into the dishwasher. If it is full or close to full, add dishwasher soap and start it on normal cycle with hot wash and heated dry.

**Wipe counters.**  
Take home any used dishtowels and tablecloths to wash and return.  
Check that coffee pot is unplugged and cleaned and that stove and oven are turned off.  
Unused plates and napkins should be returned to the space under white board counter.

**Lights and locks**  
Turn off all lights.  
Check that both doors are locked.

**Trash**  
Trash on Sunday can be left at the Gathering Place if taking it home is not feasible.



## **HELP WANTED:**

Coffee Hour is easy. Put a tablecloth on the table. Start the coffee. Put some plates and napkins on the table. Clean up after it is over.

**Like to cook?** Make your favorites to share.

**Don't like to cook?** Pick up some cookies from the store, bring a watermelon, serve ice cream or anything that is easy for you.

This is a time for us to talk and enjoy each other's company. Coffee Hour can be whatever you would like to bring. Everyone will appreciate and enjoy your contribution.

Please think about signing up on the white board for a Sunday. If you think about it later in the week, email [Maggie](#) to get your name in the Coracle, or just show up with something. Having more than one person show up with something always beats no one bringing anything.

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### **From the Vestry**

Your Vestry urges any of you who have not done so to PLEASE complete the online CAT survey. A link was sent to you via email. We want input from all our members as the rector search moves forward.

Vestry work this past month has included the approval of the following up-dated policies and one agreement: Conflict of Interest Policy, Gift Acceptance Policy (with Guidelines), Financial Policy and Procedure (this one is new), Alcohol Policy, Use of Facilities by Outside Groups Procedure, and the Facilities Usage Agreement. All will be posted soon on the Parish Website. Special thanks to Vance Davidson for hours of work on this (with some help from Sandy Frazier).

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### **Cemetery Committee Seeks Member**

By Bill Kirwan

Bill Kirwan has announced that he will be resigning from the Cemetery Committee in August. If you are interested in joining the committee please let a member of the committee or the Vestry know. If you are interested in knowing more about the work of the committee, the next meeting is Thursday, June 20<sup>th</sup> at 1:30 pm in the Gathering Place.

The other members are Jake Jacobson and Muff Lyons.



# Rector Search



## Are You a Rooster or an Owl?



The dates for the Holy Conversations have been finalized and placed on the calendar. The are: Thursday, August 8<sup>th</sup> at 5:30 pm and Saturday, August 17<sup>th</sup> at 10 am. This Sunday there will be a sign-up sheet in the Gathering Place where you can choose your preferred time to participate.

As already mentioned above, if you have not already done the CAT survey, please do! As the survey is anonymous, we have no way of knowing who has or has not participated yet, only the percentage of those invited to do so. Hence the blanket reminders. As of last Friday, 40% of you had taken it; we need at least 70% for it to be a true reflection of us all, and we want 100%!

## Parish News & Notes

### Birthdays

- Jun 17 **Laura Annis Gravely**
- Jun 21 **Taylor Rodes**
- Jun 22 **Lydia Aydlett**
- Jun 25 **Wesley Satterwhite**
- Jun 26 **Bob Dodd, Robert Lindy**
- Jun 27 **Caroline Ulrich**
- Jun 29 **Marilyn Jody**

### Anniversaries

- Jun 17 **Scott & Jessica Philyaw**
- Jun 18 **Maleah (Pusz) & Austin Rios**
- Jun 30 **Betsy Swift-Barb Manke**

A hearty thank-you to the Frazier family for serving up a scrumptious spread last Sunday for Coffee Hour.



Lillian Pearson, Robert and Gerlinde Lindy travelled up the mountain for a *Dine Around* hosted by Jim and Maggie Bowles



The Woldeyohannes and Dinkelmeyer families got in a dinner before Mesfin and crew left for Canada for a summer visit!



Many many thanks to those of you who bought Girl Scout cookies and helped send Heidi to camp this year! She had fun kayaking, climbing, learning archery, making new friends, s'mores, and much more!

# JACK THE DIPPER PERCENTAGE NIGHT



Enjoy some  
ice cream  
and help  
support  
Clean Slate  
on June  
25th



## Meditation Opportunities at St. David's

**Accessible Mindfulness: 1<sup>st</sup> and 3<sup>rd</sup> Tuesdays, 10-11:15 am.** This is especially geared for those new to mindfulness meditation.

### Other Meditation Opportunities

**WCU Mindfulness and Meditation:** Thursdays at 4 pm 224 Bird Building. For details, call 227-7469 and ask for Michelle. To view a flyer, [please click here.](#)

**Mindfulness Meditation: 9:15 am on Thursdays** at Sylva Yoga above Lulu's on Main Street in downtown Sylva. Meditation gives students the opportunity to focus on the deep interconnection between mind and body, which can be experienced directly by practice in mindfulness.

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#### Virtual Closet

If you need medical-related equipment or have something you can offer, contact Claire Marsh: [clairemrsh@gmail.com](mailto:clairemrsh@gmail.com) She keeps a list of who has what to facilitate sharing.

#### Box Tops for Education

There is a basket under the white board in the Parish Hall where you can place any of these box tops you may have. This is an ongoing project for our children.

<b>Regular Activities</b>	2 <sup>nd</sup> Sundays	Rice & Beans Ministry
	3 <sup>rd</sup> Sundays 5:30 pm	Taizé Service 5:30 pm
	Last Sundays 5-7 pm Sept-Apr	Soup/Bread Community Supper
	Mondays 10:30 am	Cullowhee Men's Group 10:30 am
	2 <sup>nd</sup> Mondays	Vestry Meeting 5:30 pm
	1 <sup>st</sup> & 3 <sup>rd</sup> Tuesdays	Accessible Mindfulness 10 am

#### St. David's Links and Contact Information:

Website: [stdavidscullowhee.org](http://stdavidscullowhee.org)

#### Lectionary Page 2019

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Mailing address: PO Box 152, Cullowhee, NC 28723

#### Diocesan Links:

#### Diocese of Western North Carolina

The Rt. Rev. José A. McLoughlin, Bishop

#### Sign up for Diocesan Newsletter

#### Camp Henry Facebook page

[www.lakelogan.org](http://www.lakelogan.org)

#### St. David's Vestry Members:

Judy Robinson, Senior Warden

Muff Lyons, Junior Warden

Sandy Frazier—Gael Graham

Vance Davidson—Jake Jacobson

### **2019 Outreach Support**

From 1 <sup>st</sup> Sunday's loose plate offering and Soup Suppers			
Jan	Circles of Hope	Aug	School Supplies drive
Feb	Clean Slate	Sep	Vecinos
Mar	Community Table	Oct	Midwives of Haiti
Apr	Mainspring Land Trust	Nov	to be determined
May	(general)	Dec	(general)
May-Jun-Jul-Aug-no Soup Suppers (general outreach)			

### **Vestry Stewardship Covenant 2018**

#### **St. David's Episcopal Church**

We believe that our community is called upon to fully trust in God's promise to provide. Sometimes, however, we are fearful that it won't happen due to our lack of trust, our fear, and our need to control.

We commit to remember who we are in God and for the world, near and far: beloved servants. We commit to make financial decisions remembering that God provides for us, sometimes in surprising ways, by keeping the Gospel promise of abundance as our guide and touchstone, and by constantly evaluating this new way of thinking.

We invite everyone to join the vestry in reflecting on the grace and good luck that pervade our lives which leads us to a natural and comfortable means of sharing the abundance with which we have been blessed.