

The Coracle

St Davids Cullowhee



April 9, 2017

Called to embody God's love by welcoming everyone who enters and by empowering all who stay to make a difference in the world.

Calendar

Sun	Apr 9	Palm Sunday, Beans & Rice Sunday
Mon	Apr 10	Long-range Planning Meeting 6:30 pm
Tue	Apr 11	Vestry Meeting 5:30 pm
Thu	Apr 13	Maundy Thursday Service 5:30 pm
Sun	Apr 16	Easter
Tue	Apr 18	Accessible Mindfulness, 10 am
Sun	Apr 23	Easter 2
Sun	Apr 30	Easter 3
		Soup & Bread Community Supper 5-7 pm
Tue	May 2	Accessible Mindfulness 10 am
Sat	May 6	Monthly Mindfulness, 10 am
Sun	May 7	Easter 4
Tue	May 9	Vestry meeting 5:30 pm
Sun	May 14	Easter 5, Beans & Rice Sunday
Tue	May 16	Accessible Mindfulness, 10 am
Fri	May 19	Wine Event
Sun	May 21	Easter 6
Sun	May 28	Easter 7
Sat	Jun 3	Yard Sale, Monthly Mindfulness 10 am
		Cold Mountain Music Festival at Lake Logan
Sun	Jun 3	Pentecost
Fri-Sun	Jun 9-11	Chad's Yoga Retreat Banner Elk
Mon-Thu	Jun 26-29	Vacation Bible School, Cullowhee Methodist Church

Serving this Sunday

Chalice: June Smith
 Reader: Newt Smith
 Coffee:
 Music: Nan Watkins
 Readings: Passion Narrative

Serving during April

Bread: John Slater
 Flowers: Donna Ross
 Linen: Nan Watkins
 Eucharist: Gael Graham & Charles Pringle
 Greeters: Paul & Melba Cooper

Childcare is available during the church service.

Would You Like a Visit from the Rector?

Michael would be happy to visit; just let him know in person or by email
 stdavids1879@gmail.com.

Regular Activities

Mondays 7:25 am	Mindfulness Meditation
Mondays 9-10:30 am	Centering Yoga
Mondays 10:30 am	Cullowhee Men's Group
Tuesdays & Thursdays 6:30 am	Sunrise Strength Flow Yoga
1 st & 3 rd Tuesdays	Accessible Mindfulness
1 st Saturdays 10 am	Monthly Mindfulness
Last Sundays 5-7 pm	Soup/Bread Community Supper



It's Beans & Rice Sunday

This is the Sunday that our children bag up the donated beans and rice for distribution to the charities we support and present it during church to be blessed.



palmsunday

Everyone who is able should assemble outside the church to process in waving palms.

Easter is April 16

The children, their parents and Michael decided during Lent not to have our usual processional parade at the end of the service. Lent is not usually about gaiety, and Lent is a good time for the children to have more time to make things for Holy Week and Easter.

Easter Day is an historically rich time for the sacrament of Baptism. Baptisms have been celebrated on Easter since the time of the early church. Please let Michael know if anybody in your family would like to be baptized this Easter (April 16).

The Episcopal Church's theology of Confirmation has continued to evolve along with its understanding of baptism. Confirmation is no longer seen as the completion of Christian initiation, nor is Confirmation a prerequisite for receiving communion. Baptism is full initiation by water and the Holy Spirit into Christ's body the church. (From the Book of Common Prayer)

Decorating for Easter



Please plan to join Altar Guild members on April 15th at 10 am to decorate the church for Easter. We purchase spring flowers, but any flowers you have blooming will be appreciated. It is a time of fun and fellowship with the joy of seeing the church decorated and filled with wonderful smells of spring once the transformation is complete.

Flowers

If you would like to make a donation to the Altar Guild to help cover the cost of flowers that we purchase, make the check to St. David's with Altar Guild Flowers on the memo line. Please give the check to Margot with the name(s) of people you are remembering, honoring, or for whom you are giving thanks. There will be a list of those recognized in the Easter Sunday bulletin.

Sunday, April 30 will be the last Soup Supper until September as the last Sunday in May is Memorial Day, a time when many people have travel plans.



The Grace in Aging: To Experience Aging as More of a Gift and Less of a Burden

April 30th, 9:15-10:30 in the Parish Hall.

This special program will be led by Dr. John Ritchie, professor, therapist and a good friend to many at St. David's.

Vecinos Donations Still Being Accepted

Vecinos has sent word via Muff Lyons of their great appreciation for the generosity of St. David's members. They asked us for 50 packets of toiletries; we supplied 100. Vecinos is a health care program that works with migrant farm workers in the Western North Carolina region. Donations of things such as floss, toothpaste, bandages, eye-drops, etc. made be made at any time. Muff Lyons will see to it that they get delivered to the right place.

St. David's Timeline

By June Smith

1856

When he was still a boy of 12, Daniel David Davies left home and spent the next ten years going to school as he could before and after work but spending his days working in the copper mines east of his home village. Feeling he had done all he could to advance himself in Wales, he sailed to America with a friend at the age of 22 and began working as an engineer with a firm in Pittsburgh.



For the next eight years, he explored land from Pittsburgh to South Georgia, looking for coal and copper and supervising the digging of the Western and Atlantic Railroad Tunnel. On one such trip he passed through Jackson County, found it looking much like his homeland, and discovered some copper deposits. He bought mineral rights to 2,000 acres and on his return trip from the south in 1856, settled in Cullowhee valley where he lived the rest of his life. He was 30 years old. He soon married, and he and his wife, Katharine Elizabeth Sensabaugh of Haywood County, had five daughters. Their large home of twenty rooms was named Forest Hill and stood on the hill across NC107 from WCU's football field.



Parish News & Notes



Barrett Yanik got to take a turn at ringing the bell Sunday.

Birthdays

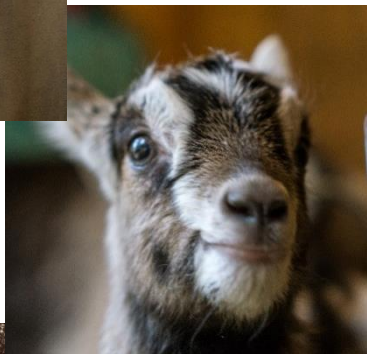
- Apr 9 **Hal Farwell**
- Apr 11 **June Smith, Daniel Brown, Abel Despeaux**
- Apr 13 **Misle Mesfin**
- Apr 15 **Bill Kirwan, Ford Perry**

Anniversary

- Apr 11 **Rosa & Mike Reily**

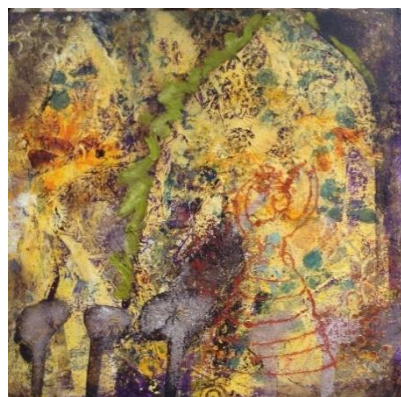


It's springtime: the chickens at Haven Hollow Farm are laying colored eggs and the goats are having babies. Two of Lydia Aydlett's goats had seven babies: a set of triplets and a set of quadruplets. Nothing cuter than baby goats. Here are some photos courtesy of Quintin Ellison.



This is the monthly reminder about our upcoming St David's Garage Sale on Saturday June 3rd

Please continue to search for and save items for this event. The items drop-off date is Wednesday, May 31 (the Wednesday before the Sale). Since Canterbury House is no longer an option, we do not have the ability to store items for longer. If the drop-off date poses a problem for anyone, please contact Judy Robinson (judyleroyrobinson@gmail.com) or Donna Ross (dhross24@hotmail.com), and we will try to help. Your Garage Sale Team cannot wait to organize those wonderful donations!



Melba Cooper to give Program at Library April 10, 6-7 pm

The Arts Council will feature a presentation by local artist Melba Cooper. The "Path of the Pollen" Power point presentation will feature the process of development of her ongoing series of works in the medium of cold wax/oil. The series, "Pollination" invites you into her abstract intuitive paintings inspired by the honeybee.

Celebrate Spring and Earth Day with yoga on the grass by the Tuckasiege River

Earth Day Yoga (a wee bit early)

Free

East LaPorte Park

Thursday, April 20, 7-8 pm

www.centeringyoganc.com

centeringyoganc@gmail.com 828 508-2501



Here is a link for [Cullowhee Mountain Arts Spring 2017 newsletter](#).



Box Tops for Education

Many of our school-age children are collecting Box Tops for Education. I will put a basket on the counter beneath the white board and if anyone has box tops, they can drop them off in the basket. We will divide them equally among the children.

Meditation Opportunities at St. David's

Mindfulness Meditation: Mondays 7:25-8:30 am in the Parish Hall. Our practice is Contemplation of Wise Texts (Lectio), Sitting Meditation, and Informal Dialogue.

Accessible Mindfulness: 1st and 3rd Tuesdays, 10-11:15 am. This is especially geared for those new to mindfulness meditation.

Monthly Mindfulness: First Saturday of each month from 10 am until noon in the Parish Hall.

Other Meditation Opportunities

WCU Mindfulness and Meditation: Thursdays at 4 pm 224 Bird Building. For details, call 227-7469 and ask for Michelle. To view a flyer, [please click here](#).

The **Tuesday Meditation Group** meets in the undercroft at St. John's Episcopal Church in downtown Sylva on the **2nd & 4th Tuesdays at 1 pm**. The format is to meditate for 15 minutes at the beginning and 15 minutes at the end. The inspirational material for the half hour in between will be decided by whoever volunteers to facilitate that week.

Mindfulness Meditation: 9:15 am on Thursdays at Sylva Yoga above Lulu's on Main Street in downtown Sylva. Meditation gives students the opportunity to focus on the deep interconnection between mind and body, which can be experienced directly by practice in mindfulness.

St. David's Links and Contact Information:

Website: <http://www.st-davids.org/> [Lectionary Page 2017](#)

Newsletter editor: Maggie Bowles: magbowles@gmail.com

Church phone # and email: 828-331-1427

stdavids1879@gmail.com

Mailing address: PO Box 152, Cullowhee, NC 28723

[Parish Mailing List \(sign in required\)](#)

[Altar Guild Schedule 2017](#)

[2017 Greeter Schedule](#)

Diocesan Links:

[Diocese of Western North Carolina](#)

The Rt. Rev. José A. McLoughlin,
Bishop

[Diocesan E-Newsletter sign-up page](#)

[Camp Henry Facebook page](#)