

The Coracle

St Davids Cullowhee



April 30, 2017

Called to embody God's love by welcoming everyone who enters and by empowering all who stay to make a difference in the world.

Calendar

Sun	Apr 23	Easter 2
Sun	Apr 30	Easter 3 Soup & Bread Community Supper, 5-7 pm
Tue	May 2	Accessible Mindfulness, 10 am
Sat	May 6	Monthly Mindfulness, 10 am
Sun	May 7	Easter 4
Tue	May 9	Vestry meeting, 5:30 pm
Sun	May 14	Easter 5, Beans & Rice Sunday
Tue	May 16	Accessible Mindfulness, 10 am
Fri	May 19	Wine Event
Sun	May 21	Easter 6
Sun	May 28	Easter 7
Sat	Jun 3	Yard Sale, Monthly Mindfulness, 10 am Cold Mountain Music Festival at Lake Logan
Sun	Jun 4	Pentecost
Tue	Jun 6	Accessible Mindfulness, 10 am
Fri-Sun	Jun 9-11	Chad's Yoga Retreat Banner Elk
Sun	Jun 11	Pentecost 1, Rice & Beans Sunday
Tue	Jun 13	Vestry Meeting 5:30 pm
Sun	Jun 18	Pentecost 2
Tue	Jun 20	Accessible Mindfulness 10 am
Sun	Jun 25	Pentecost 3
Mon-Thu	Jun 26-29	Vacation Bible School at Cullowhee Methodist Church

Serving this Sunday

Chalice: Todd Vinyard
 Reader: Vance Davidson
 Coffee: Betty Lynn Kirwan
 Music: Nan Watkins
 Readings: [Acts 2:14a,36-41](#), [1 Peter 1:17-23](#), [Luke 24:13-35](#),
[Psalm 116:1-3, 10-17](#)

Serving during April

Bread: John Slater
 Flowers: Donna Ross
 Linen: Nan Watkins
 Eucharist: Gael Graham & Charles Pringle
 Greeters: Paul & Melba Cooper

Serving during May

Bread: Jane Coburn
 Flowers: Rosa Reily
 Linen: Claire Marsh
 Eucharist: Laurie Hulbert & Muff Lyons
 Greeters: Joan Byrd & George Rector

Childcare is available during the church service.

Would You Like a Visit from the Rector?

Michael would be happy to visit; just let him know in person or by email stdavids1879@gmail.com.

	Mondays 7:25 am	Mindfulness Meditation
Regular	Mondays 9-10:30 am	Centering Yoga
Activities	Mondays 10:30 am	Cullowhee Men's Group
	Tuesdays & Thursdays 6:30 am	Sunrise Strength Flow Yoga
	1 st & 3 rd Tuesdays	Accessible Mindfulness
	1 st Saturdays 10 am	Monthly Mindfulness
	Last Sundays 5-7 pm	Soup/Bread Community Supper

Donations of things such as floss, toothpaste, bandages, eye-drops, etc. are always welcomed by Vecinos, the health care program for migrant workers. Muff Lyons will see to it that they get delivered to the right place.

The Gospel Luke 24:13-35

Now on that same day two of Jesus' disciples were going to a village called Emmaus, about seven miles from Jerusalem, and talking with each other about all these things that had happened. While they were talking and discussing, Jesus himself came near and went with them, but their eyes were kept from recognizing him. And he said to them, "What are you discussing with each other while you walk along?" They stood still, looking sad. Then one of them, whose name was Cleopas, answered him, "Are you the only stranger in Jerusalem who does not know the things that have taken place there in these days?" He asked them, "What things?" They replied, "The things about Jesus of Nazareth, who was a prophet mighty in deed and word before God and all the people, and how our chief priests and leaders handed him over to be condemned to death and crucified him. But we had hoped that he was the one to redeem Israel. Yes, and besides all this, it is now the third day since these things took place. Moreover, some women of our group astounded us. They were at the tomb early this morning, and when they did not find his body there, they came back and told us that they had indeed seen a vision of angels who said that he was alive. Some of those who were with us went to the tomb and found it just as the women had said; but they did not see him." Then he said to them, "Oh, how foolish you are, and how slow of heart to believe all that the prophets have declared! Was it not necessary that the Messiah should suffer these things and then enter into his glory?" Then beginning with Moses and all the prophets, he interpreted to them the things about himself in all the scriptures.

As they came near the village to which they were going, he walked ahead as if he were going on. But they urged him strongly, saying, "Stay with us, because it is almost evening and the day is now nearly over." So he went in to stay with them. When he was at the table with them, he took bread, blessed and broke it, and gave it to them. Then their eyes were opened, and they recognized him; and he vanished from their sight. They said to each other, "Were not our hearts burning within us while he was talking to us on the road, while he was opening the scriptures to us?" That same hour they got up and returned to Jerusalem; and they found the eleven and their companions gathered together. They were saying, "The Lord has risen indeed, and he has appeared to Simon!" Then they told what had happened on the road, and how he had been made known to them in the breaking of the bread.

The Grace in Aging: To Experience Aging as More of a Gift and Less of a Burden

April 30th 9:15-10:30 in the Parish Hall

This special program will be led by Dr. John Ritchie, professor, therapist and a good friend to many at St. David's.

Newt Smith supplies some information about the presentation: Many of you are familiar with John Ritchie who will be speaking on the Grace in Aging next Sunday. Someone wanted to know who would it apply to and what to expect. If you are alive you are aging. If you are still raising children you probably need grace but may not have time. If your children are out of the home and you have always felt a tug toward the spiritual, this talk is for you. John suggested Kathleen Dowling Singh's book, *The Grace in Dying*, to our men's group that meets at St. David's every Monday. We then read her next book, *The Grace in Aging*, and have now started going through her most recent book, *The Grace in Living*. guess we worked backwards, but these are transformative books, and John is excellent at introducing them.

Soup and Bread Community Supper **Sunday April 30th, 5-7pm**

Sunday, April 30th will be the last Soup Supper until September as the last Sunday in May is Memorial Day, a time when many people have travel plans.

As always, ALL in the community are welcome! Invite friends! Donations will be accepted for The Community Table

If you are planning to bring soup and/or bread, please contact Wesley Satterwhite at wesleysatterwhite@hotmail.com or (828) 200-4363. You do not have to bring soup to:

Come! Eat! Enjoy!



From the Treasurer

By Margot Wilcox

The vestry members spent some time at their last meeting discussing 2017 finances to date. The tightness of this year's operating budget makes cash flow management trickier than ever.

What does that mean to you, our faithful and generous donors in the pews? To the vestry (the parish's business manager) it means that we will greatly appreciate it if you can pay your pledges as regularly as possible. Think about how your own household budget would work if your pay or pension check didn't arrive predictably.

If it's just a matter of forgetting to write that check, or if you're often away, one possibility for regularizing payments is to make St. David's one of your automatic bill pay recipients through on-line banking. Talk to Steve Steinbrueck, a fellow parishioner who is already doing it this way.

Some folks choose to pay their pledge in full at the beginning of the year, either with a lump sum check or by transferring shares of securities directly to the parish's brokerage account via your broker. If you have capital gains on something that you want to sell anyway, donating the shares directly to the parish relieves you of those gains while giving the church budget some welcome cash flow. For anyone interested in transferring shares, I'm happy to provide the 'how-to' details.

All said, we do know circumstances arise in every family where bills to be paid have to be prioritized. We are all part of a loving family here and understand that everyone is doing the best they can to help make things come round right.

St. David's Timeline

By June Smith

August 16, 1885

Once St. David's cornerstone was laid, Rev. Buel wasted no time in getting a new church building going in Cullowhee Valley. He called on his connections in the north for money, an architectural plan, and a builder. The builder was S. Truman Jones of Syracuse, NY, who had also built Grace Church in Waynesville, and the plan most likely came from the New York Ecclesiological Society. The plan directed the church to be built from unbaked bricks covered with stucco. St. David's was the first brick building to be built in Cullowhee Valley. By the summer of 1885, the church was under roof and finished enough that a service could be held at Bishop Lyman's annual August visit. Morning Prayer was led by Rev. Buel followed by an address on confirmation by Bishop Lyman. The bishop then confirmed Judge Davies and his three older daughters, Ella Mae, Carrie Sue, and Cora Kate. St. David's now had four communicants!

Parish News & Notes



Congratulations to Angela Dills on winning the "Excellence in Research Award" in the College of Business at Western Carolina University!!!

Angus Despeaux takes a turn, and Wodese is in training.



Congratulations to Mesfin Woldeyohannes on becoming a U. S. Citizen



And Happy Birthday to his son Wodese Mesfin who turned two on Sunday. The writing on the cake is in Amharic.



From the Diocese

Lake Logan Lecture Series: Susan Cushman

Thursday, May 4th from 10:30 am to 1 pm

Lake Logan Conference Center

Author of *Tangles and Plaques: A Mother and Daughter Face Alzheimer's* (to be published February 2017) Susan Cushman was co-director of the 2013 and 2010 Oxford, Mississippi Creative Nonfiction Conference, director of the 2011 Memphis Creative Nonfiction Workshop, panelist at the 2013 Louisiana Book Festival and the 2012 Southern Festival of Books in Nashville, TN.

[Register here.](#)



**COLD
MOUNTAIN
MUSIC**
coldmountainmusic.org

June 3, 2017

**STEEP CANYON
RANGERS**
BALSAM RANGE
TOWN MOUNTAIN
LOVE CANON
BILLY STRINGS



Cold Mountain Music at Lake Logan is a festival happening on Saturday, June 3, 2017 on the stunning grounds of Lake Logan Episcopal Center featuring Grammy-award winning band the Steep Canyon Rangers and others. The event will raise awareness and funds for Lake Logan and Camp Henry.

In addition to an evening of top-notch musical talent, the festival will also feature a kids' area, food vendors, and after-party at the Sit 'n Whittle lodge.

For more information, including the full band lineup, visit www.coldmountainmusic.org.



Spring Wine Event Will be May 19th
Make plans now to attend and bring friends.
Eat before you come!

This is the monthly reminder about our upcoming St David's Garage Sale on Saturday June 3rd

Please continue to search for and save items for this event. The items drop-off date is Wednesday, May 31 (the Wednesday before the Sale). Since Canterbury House is no longer an option, we do not have the ability to store items for longer. If the drop-off date poses a problem for anyone, please contact Judy Robinson (judyleroyrobinson@gmail.com) or Donna Ross (dhross24@hotmail.com), and we will try to help. Your Garage Sale Team cannot wait to organize those wonderful donations!



Spring Musical at Smoky Mountain High School

Mary Poppins

May 12-14th

Our own Jake Coburn is in the production and is playing the role of Admiral Boom.

Friday, May 12th-7:30 pm
Saturday, May 13th-2 pm and 7:30 pm
Sunday, May 14th pm

Tickets can be purchased at the door before any performance.



Here is a link for [Cullowhee Mountain Arts Spring 2017 newsletter](#).



Box Tops for Education

Many of our school-age children are collecting Box Tops for Education. I will put a basket on the counter beneath the white board and if anyone has box tops, they can drop them off in the basket. We will divide them equally among the children.

Meditation Opportunities at St. David's

Mindfulness Meditation: Mondays 7:25-8:30 am in the Parish Hall. Our practice is Contemplation of Wise Texts (Lectio), Sitting Meditation, and Informal Dialogue.

Accessible Mindfulness: 1st and 3rd Tuesdays, 10-11:15 am. This is especially geared for those new to mindfulness meditation.

Monthly Mindfulness: First Saturday of each month from 10 am until noon in the Parish Hall.

Other Meditation Opportunities

WCU Mindfulness and Meditation: Thursdays at 4 pm 224 Bird Building. For details, call 227-7469 and ask for Michelle. To view a flyer, [please click here](#).

The **Tuesday Meditation Group** meets in the undercroft at St. John's Episcopal Church in downtown Sylva on the **2nd & 4th Tuesdays at 1 pm**. The format is to meditate for 15 minutes at the beginning and 15 minutes at the end. The inspirational material for the half hour in between will be decided by whoever volunteers to facilitate that week.

Mindfulness Meditation: 9:15 am on Thursdays at Sylva Yoga above Lulu's on Main Street in downtown Sylva. Meditation gives students the opportunity to focus on the deep interconnection between mind and body, which can be experienced directly by practice in mindfulness.

St. David's Links and Contact Information:

Website: <http://www.st-davids.org/> [Lectionary Page 2017](#)

Newsletter editor: Maggie Bowles: magbowles@gmail.com

Church phone # and email: 828-331-1427

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Mailing address: PO Box 152, Cullowhee, NC 28723

[Parish Mailing List \(sign in required\)](#)

[Altar Guild Schedule 2017](#)

[2017 Greeter Schedule](#)

Diocesan Links:

[Diocese of Western North Carolina](#)

The Rt. Rev. José A. McLoughlin,
Bishop

[Diocesan E-Newsletter sign-up page](#)

[Camp Henry Facebook page](#)

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