

# The Coracle

St Davids Cullowhee



April 28, 2019

Called to embody God's love by welcoming everyone who enters and by empowering all who stay to make a difference in the world.

## Calendar

Fri	Apr 26	Vestry and DC meet with Canon Augusta, noon
Sun	Apr 28	Easter 2 Holy Eucharist, Commissioning of Discernment Committee 11 am Soup Supper 5-7 pm
Tue	Apr 30	SEOL: Pinnacle Park Program 5:30 pm
Fri	May 3	Wine Event 6:30 pm (also Fri, Nov 1)
Sun	May 5	Easter 3 Holy Eucharist 11 am
Tue	May 7	Accessible Mindfulness 10 am
Sun	May 12	Easter 4 Holy Eucharist 11 am
Mon	May 13	Vestry Meeting 5:30 pm SEOL: End of Life Planning 5:30 pm
Sun	May 19	Easter 5 Holy Eucharist 11 am Abrahamic Dinner at Cullowhee Baptist 7:30 pm
Tue	May 21	Accessible Mindfulness 10 am
Sun	May 26	Easter 6 Holy Eucharist 11 am Soup Supper 5-7 pm
Sun	Jun 2	Easter 7 Holy Eucharist 11 am
Tue	Jun 4	Accessible Mindfulness 10 am
Sun	Jun 9	Pentecost Holy Eucharist 11 am
Sun	Jun 15	Trinity Sunday Holy Eucharist 11 am
Sun	Jun 23	Pentecost 2 Holy Eucharist 11 am
Sun	Jun 30	Pentecost 3 Holy Eucharist 11 am

[Sermon Link](#)

Childcare is available during the service most Sundays.

## Serving this Sunday

Chalice: Vance Davidson

Reader: Muff Lyons

Music: Savannah Bennett

Coffee:

Readings: [Acts 5:27-32](#),

[Revelation 1:4-8](#), [John 20:19-31](#), [Psalm 118:14-29](#), or [Psalm 150](#)

## Serving during April

Flowers: Apr 28 Rosa Reily

May 6 Judy Robinson

Linen: Gael Graham

Communion: Muff Lyons &

Gael Graham

Bread: John Slater

Greeters: George Rector &

Joan Byrd

## Serving during May

Flowers: Rosa Reily

(May 6 Judy Robinson)

Linen: Gerlinde Lindy

Communion: Muff Lyons &

Laurie Hulbert

Bread: Wesley Satterwhite

Greeters: Melba & Paul Cooper



## Soup & Bread Community Supper

This Sunday 5-7 pm

All are Welcome!

## April Outreach

This month the 1<sup>st</sup> Sunday Loose Offering and the donations at the Soup & Bread Community Supper will benefit Mainspring Conservation Trust.





**CIRCLES  
of HOPE**

St. David's agreed to provide dinners for the Circles of Hope participants when there was a 5<sup>th</sup> Tuesday in the month. April is one of those months, and I need a few volunteers please. I will provide baked ziti. We need one big salad, bread and 2 desserts. Please call or email me if you can help on for Tuesday, April 30<sup>th</sup>.

Thanks so much, Judy Annis 828-586-9557 or [jerewannis@gmail.com](mailto:jerewannis@gmail.com)

In keeping with our commitment to the  
Stewardship of the Entirety of Our Lives we gladly offer

**A FREE COMMUNITY WORKSHOP**

## **THE BEAUTY & HISTORY OF PINNACLE PARK & TRAIL**

The hike along the West Fork Trail to the Pinnacle  
offers 1800+ feet of elevation.

The summit views stretch over Sylva's surrounding  
Appalachian peaks to the far distant horizon

Presented by Jay Coward,  
a Partner with Coward, Hicks and Siler, Sylva,  
and Chair of the Pinnacle Park Foundation since 1992.

**TUESDAY, APRIL 30**

**5:30 - 6:30 p.m.**

**The Gathering Place**

at St. David's Episcopal Church  
385 Forest Hill Rd., Cullowhee

For more information: 828.331.1427  
or [stdavidscullowhee@gmail.com](mailto:stdavidscullowhee@gmail.com)

# You Are Invited

to



Friday, May 3  
6:30 pm  
at  
St. David's  
Episcopal Church  
385 Forest Hills Road  
Cullowhee, NC 28723

*"You cause the grass to grow for the cattle, and plants for people to use,  
to bring forth food from the earth, and wine to gladden the human heart..."*  
(Psalms 104: 14-15)

Our favorite sommelier, Sonia Hooper, will lead our gathering once again this year.

Participants will have opportunity to taste each variety offered, learn of its origins, history, and suggested food pairings – Sonia's expertise! – and its impact on the modern environment/economy, then purchase the samples of their choice.

Deliveries will be made to St. David's Church within approximately 7 - 10 days. Purchasers will be notified of pick-up times.



**Light refreshments provided. Please enjoy dinner before you arrive.**

**Free, safe transportation home provided for any who may need it.**

*"May God give you of the dew of heavens, and of the fatness of the earth,  
and plenty of grain and wine."*  
(Gen 27:28)

This is one of St David's major fundraising events, so please plan to attend and invite your friends! There are sign-up sheets for attending and for helping with clean-up on the bulletin board in the Gathering Place. There is a \$10 fee /donation for the tasting inventory. We are pleased to announce that we will be set up to take credit cards this time.

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## May 11<sup>th</sup> starting at 9 am is a **Rise Against Hunger** event at Sylva United Methodist Church.

Rise Against Hunger is an international hunger relief organization that distributes food and life-changing aide to the world's most vulnerable, mobilizing the necessary resources to end hunger by 2030. It was started as Stop Hunger Now in 1998 by a United Methodist minister.

We'll be trying to pack 10,000 meals which, if we have 30 to 40 volunteers, should take about two hours. More on Rise Against Hunger <https://www.riseagainsthunger.org> The Sylva Rotary Club, along with Rotary Clubs from Highlands and Haywood County and several church groups, will be participating. It is open to volunteers age 5 and up.



In keeping with our commitment to the Stewardship of the Entirety of our Lives, we gladly offer

A FREE COMMUNITY WORKSHOP

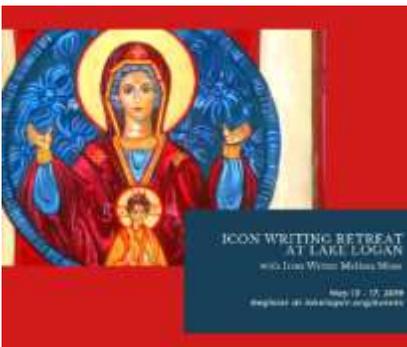
# Planning for End of Life

*This free workshop is presented led by Diane Sherrill a Sylva attorney with a practice concentration on estate and planned giving strategies.*

*Topics of her presentation will include estate and trust planning issues along with planned giving and end of life issues and strategies*

**MONDAY, MAY 13**  
**5:30 - 6:30 p.m.**  
**The Gathering Place**  
 at St. David's Episcopal Church  
 385 Forest Hill Rd., Cullowhee

For more information: 828.331.1427  
 or [www.stdavidscullowhee@gmail.com](mailto:www.stdavidscullowhee@gmail.com)



**Icon Writing Retreat at Lake Logan**  
**May 13<sup>th</sup>-17<sup>th</sup>**  
 Day and overnight options are available. Beginners are welcome. All supplies are included. Register at [lakelogan.org/events](http://lakelogan.org/events).  
 Registration deadline is May 1<sup>st</sup>.



## Update from the Discernment Committee

By Harry Brown, Chairman



This week marks the beginning of the work of the Discernment Committee. On Friday, April 26<sup>th</sup> the Discernment Committee, the Vestry, and all of their spouses will meet with Canon Augusta from the Diocese of Western North Carolina to review confidentiality issues involved in the process. On Sunday, April 28<sup>th</sup> during the morning service, the Discernment Committee will be officially commissioned. The members of the Committee are Maggie Bowles, Vance Davidson, Marilyn Jody, George Rector, Margot Wilcox, and Harry Brown. We hope as many of you as possible can join us for that service.

## Sandy and Brian Railsback

Brian and Sandy Railsback became best friends as aspiring writers at Ventura High School in California. We "kind of grew up together," Sandy says. A year his junior, Sandy replaced Brian as editor of the Cougar Chronicle, the school newspaper, after he graduated. They began dating the following year when they were both studying at Ventura College and working at the Ventura Press. Brian and Sandy then earned bachelor's degrees in journalism from California Polytechnic State University in San Luis Obispo. They married in 1983, before Brian began his graduate studies at Ohio University. Sandy became staff writer for the Athens Messenger.



After Brian received his PhD in American Literature, Sandy chose the faculty position at Western for him in preference to offers from other universities. Having seen enough of cold winters in the Midwest, she was eager to move south; and she was also drawn to Cullowhee as "a nice nesting spot" in which to raise a family. Two years after their arrival in Cullowhee in 1990, the Railsbacks bought a house at the top of Tilley Creek Road. They had two sons by this time—Travis, who was born in California, and Justin, born in Ohio; Sandy gave birth to their daughter, Cadence, a year after the move to Cullowhee. As the children grew, the Railsbacks became "an outdoors family." Since Justin and Cadence live in distant parts of the country today, the family celebrates "Thanksmas" in Cullowhee every November, an event marked by long hikes together in the mountains.



During his years at Western, Brian has served in many major roles on campus, including Head of the Department of English, Founding Dean of the Honors College, and, most recently, Chair of the Faculty. He has returned to the classroom on a full-time basis this year, teaching courses in creative writing and environmental literature, and he emphasizes that he is "very happy to be back teaching at last." An authority on the life and work of John Steinbeck, Brian has written and edited books on Steinbeck and has also written two novels. He is an avid cyclist and has used this ability to raise funds for important causes. Last spring, he rode 340 miles from Cullowhee to Raleigh on his "old mountain bike" in an effort to raise money for the new WCU Faculty Senate Student Support Fund. In Raleigh he met with Governor Cooper, who "even pulled out a personal check for \$50 to donate to the cause." The fund, which aids students with critical financial needs, is now firmly established.

Sandy is the founding director of the pre-school at the Cullowhee Methodist Church, which is dedicated to the social and emotional development of the children it serves. She terms her founding of the pre-school a "calling." She enchants the youngsters by using puppets to tell Bible stories and to act out the message that "people are more important than things." Sandy characterizes her current assignment, teaching the three to four-year-olds, as "the best job in the world."

Brian reflects that it is the worship service and the sense of tradition and the sacred that have drawn them to St. David's.

## Volunteers Needed to Help at Cold Mountain Music Festival!

Here's how it works in 3 easy steps:

1. Click [this link](http://signup.com/login/entry537004970106124083) to go to the invitation page: <http://signup.com/login/entry537004970106124083>
2. Enter your email address: (You will NOT need to register an account on [SignUp.com](http://Signup.com))
3. Sign up! Choose your spots—[SignUp.com](http://Signup.com) will send you an automated confirmation and reminders. Easy!

A shift is 4 hours (with some exceptions). You get a free admission ticket for volunteering plus a t-shirt. If you want free admission both days, you need to volunteer both days.



Easter 2019





# Parish News & Notes

Prayers for Ann Suggs as she recovers from surgery and infections.

Prayers for Lisa Annis, who has been sick also.

Judy & Ron Robinson were visiting Judy's grandchildren in Kansas City last week.



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## [Eulogy for Nova Grace Thompson](#)

(given by her mother, Ponya Brown Thompson)

April 10, 2019

*When I look at you and you look at me, I wonder what wonderful things you will be. When you were too small to tell me hello, I knew you were someone I wanted to know. For all of your tinyness couldn't disguise a heart so enormous and wild and wise. This is the first time there's ever been you so I wonder what wonderful things you will do.*

This excerpt from one of Nova's first books could not describe our sweet baby any better. From the day she was born on January 24<sup>th</sup>, 2018 at 10:36 am she defied the odds. At 6 lbs. 14 oz and 18 inches long, she was the most beautiful, perfect pink baby girl, and when I gazed into her eyes for the first time I believed in miracles, because I was in the presence of a miracle, the most beautiful miracle.

I never thought that a day would come where I would live in a world without her. As a mother, I carried her for 9 months and got to know her in a way only a mother could. I felt her kicks and punches, her hiccups and wake up calls. When we found out about her heart condition at 29 weeks, I knew our girl was strong. I felt her kick and jump around every day as if to reassure me: "Mom, I'm okay." She even, as little as she was, always had a way of calming me and making me feel happy. When I was tired or sad, or just had a bad day, the minute I would hold her all fear and sadness and exhaustion would melt away, and her presence alone would heal me in an instant.

Despite predictions from doctors, our girl fought and fought hard. She had a grim diagnosis, but she beat expectations from the start. Her fighting spirit surprised and impressed all of her doctors and nurses while in the NICU. Despite having a rough start, she always managed to smile and giggle. All who came in contact with her loved her smile. That smile. It lit up a room and our hearts.

Nova loved many things; she loved Mommy and Daddy and her two fur brothers, Benson and Copper. Of course, Jefferey, her pacifier, that went along on every adventure. She loved boob milk and when she wanted it, it had better be there. She loved Target trips with Mommy and walks with Daddy. Her favorite TV show was *Spirit*, a show about horses, adventure, and friendship. She loved adventures, especially with friends. We often ventured to the zoo and aquarium where she made friends every time. She loved all animals, but her favorites were penguins and giraffes. She went on airplanes and traveled to Texas, North Carolina, Georgia, and Tennessee. In all of our travels and adventures, Nova never knew a stranger; she would wave and blow kisses and share her snacks with all. Nova had a gift of living with such a pure and

effortless manner. She was happy just to be here. She woke up every morning ready to embrace the day, ready for life, always with a smile.

Nova was what we affectionately liked to call a little weirdo. She didn't like sweets, but loved asparagus and celery and would choose that over yogurt bites or cake. She had strong opinions on many things like feeding herself and what outfit she would wear. She was an expert page turner and would always beg for one more book at bedtime. When talking to her, she would always nod and shake her head as though she understood exactly what we were talking about and would often shake her head no when the word nap came up.

Although she was tiny and only here with us a short time, she was loved immensely by so many. Nova was loved by three sets of grandparents, who dotingly loved and spoiled her always. She was fortunate to meet her great grandparents, aunts, uncles, and cousins who all loved her greatly. She had so many friends and extended family who she loved spending time with.

Nova means many things. In Latin her name means new, new beginnings, new paths, new life. The Hopi tribe is a Native American tribe largely in Arizona. The name Nova has a different meaning among that tribe; their translation means "chases butterflies". A few days after our sweet girl left this earth, as I begged for a sign, any sign, to show me that our girl was okay and safe and happy, while walking we encountered a butterfly, the most beautiful yellow butterfly I've ever seen. She danced around us circling, floating, and coming back around for nearly 20 minutes. I knew, as I watched with grief and relief, I knew our girl was sending us a message that she was safe, that she made it, and that she was dancing, and pain and pacemaker free.

I ask today as you leave please consider doing an act of kindness over the coming days; whether it's big or small, it doesn't really matter. But do an act of kindness in Nova's name, and I hope when you see a butterfly you all will think of our sweet girl, you will see her happiness and her beauty and her light.

Nova Grace Thompson may have only been with us for 14 short months, but they have been the most incredible 14 months of our lives. And although she is no longer with us physically, she will live on in our memories and our hearts for eternity.

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*Travel Sketch Class - Nature*

May 4<sup>th</sup> 10-12:30 (Sat) Haywood County Arts Gallery

All levels-limited space of 10

*Questions and Sign-up by calling:* Haidee Wilson- 828-506-5625 or email

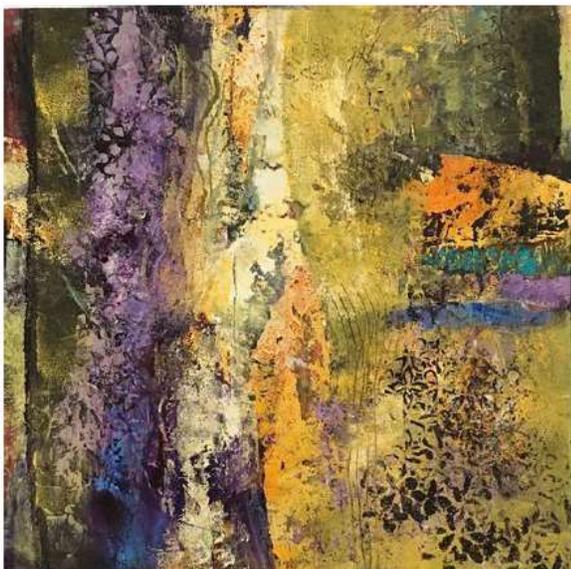
[haideewilson@gmail.com](mailto:haideewilson@gmail.com) [haideewilson.com](http://haideewilson.com)

828-452-0593 [haywoodarts.org](http://haywoodarts.org)



## [2019-Summer-Arts-Workshops](#)

[See More](#)



### [2019 Summer Arts Workshop Series](#)

[Held at Western Carolina University in Cullowhee, NC](#)

**“Step Into Cold Wax Medium with Oil Painting” with Melba Cooper**

**JULY 1 – 3, 2019**

**Medium:** Cold wax, oil painting

**Level:** All Levels

**Tuition:** \$400 | **Lab Fee:** \$50

This three day workshop is for those who would like step into a basic understanding of the medium of cold wax/oil painting. With helpful demonstrations and exercises, students will learn techniques for applying this versatile medium to create rich luminous textures and patterns, explore intuitive connections in abstract painting, gain strategies for strengthening their compositions. Students will create multiple small works (under 8”x8”) on both paper and wood panels. Most Supplies will be provided. [See More...](#)

**Melba Cooper** has been an art educator and professional artist for over 35 years. Utilizing a research journal/sketchbook, she incorporates an arts integrated approach to her works inspired by environmental issues. She believes that art is a powerful tool to bring people into meaningful conversation. She has a MAT from the University of South Carolina specializing in gifted art education. Both a painter and a printmaker, she combines techniques from each to create her recent cold/wax series of works entitled “Pollination”. The series content is focused on the energy of the honeybee hive in which she imagines and longs for the hum of a sacred regard for the Earth. This exhibit has been featured in the gallery at Island Lavender, Washington Island WI. She has been the visiting artist at Island Lavender for the summers of 2016 and 2017. Other venues for this series have been The Circular Church in Charleston (spirituality and art exhibit), Charles Street Gallery in Beaufort SC., Haywood Arts Council Gallery, and Jackson County Library. Her work is in the homes of collectors in SC, NC, NY, OH, GA. WI. [See More...](#)



To Register: [Click](#) | 828.342.6913 | E [contact@cullowheemountainarts.org](mailto:contact@cullowheemountainarts.org)

Cullowhee Arts Admin Office: 598 W. Main Street, Sylva, NC 29779

## Meditation Opportunities at St. David's

**Accessible Mindfulness: 1<sup>st</sup> and 3<sup>rd</sup> Tuesdays, 10-11:15 am.** This is especially geared for those new to mindfulness meditation.

### Other Meditation Opportunities

**WCU Mindfulness and Meditation:** Thursdays at 4 pm 224 Bird Building. For details, call 227-7469 and ask for Michelle. To view a flyer, [please click here](#).

**Mindfulness Meditation: 9:15 am on Thursdays** at Sylva Yoga above Lulu's on Main Street in downtown Sylva. Meditation gives students the opportunity to focus on the deep interconnection between mind and body, which can be experienced directly by practice in mindfulness.

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#### Virtual Closet

If you need medical-related equipment or have something you can offer, contact Claire Marsh: [clairemrsh@gmail.com](mailto:clairemrsh@gmail.com) She keeps a list of who has what to facilitate sharing.

#### Box Tops for Education

There is a basket under the white board in the Parish Hall where you can place any of these box tops you may have. This is an ongoing project for our children.

<b>Regular Activities</b>	2 <sup>nd</sup> Sundays	Rice & Beans Ministry
	3 <sup>rd</sup> Sundays 5:30 pm	Taizé Service 5:30 pm
	Last Sundays 5-7 pm Sept-Apr	Soup/Bread Community Supper
	Mondays 10:30 am	Cullowhee Men's Group 10:30 am
	2 <sup>nd</sup> Mondays	Vestry Meeting 5:30 pm
	1 <sup>st</sup> & 3 <sup>rd</sup> Tuesdays	Accessible Mindfulness 10 am

#### 2019 Outreach Support

From 1<sup>st</sup> Sunday's loose plate offering and Soup Suppers

Jan	Circles of Hope	Aug	School Supplies drive
Feb	Clean Slate	Sep	Vecinos
Mar	Community Table	Oct	Midwives of Haiti
Apr	Mainspring Land Trust	Nov	to be determined
May	(general)	Dec	(general)
Jun-Jul-Aug-no Soup Suppers (general outreach)			

#### St. David's Links and Contact Information:

Website: [stdavidscullowhee.org](http://stdavidscullowhee.org)

[Lectionary Page 2019](#)

Newsletter editor: Maggie Bowles: [magbowles@gmail.com](mailto:magbowles@gmail.com)

Church phone # and email: 828-331-1427

[stdavidscullowhee@gmail.com](mailto:stdavidscullowhee@gmail.com)

Mailing address: PO Box 152, Cullowhee, NC 28723

#### Diocesan Links:

[Diocese of Western North Carolina](#)

The Rt. Rev. José A. McLoughlin, Bishop

[Sign up for Diocesan Newsletter](#)

[Camp Henry Facebook page](#)

[www.lakelogan.org](http://www.lakelogan.org)

**St. David's Vestry Members:**

Judy Robinson, Senior Warden

Muff Lyons, Junior Warden

Sandy Frazier—Gael Graham

Vance Davidson—Jake Jacobson

## **Vestry Stewardship Covenant 2018**

### **St. David's Episcopal Church**

We believe that our community is called upon to fully trust in God's promise to provide. Sometimes, however, we are fearful that it won't happen due to our lack of trust, our fear, and our need to control.

We commit to remember who we are in God and for the world, near and far: beloved servants. We commit to make financial decisions remembering that God provides for us, sometimes in surprising ways, by keeping the Gospel promise of abundance as our guide and touchstone, and by constantly evaluating this new way of thinking.

We invite everyone to join the vestry in reflecting on the grace and good luck that pervade our lives which leads us to a natural and comfortable means of sharing the abundance with which we have been blessed.