

The Coracle

St Davids Cullowhee



March 3, 2019

Called to embody God's love by welcoming everyone who enters and by empowering all who stay to make a difference in the world.

Calendar

Fri	Mar 1	St. David's Day
Sat	Mar 2	John Overbey memorial 11:30 am
Sun	Mar 3	Epiphany 8 St. David's Day Celebrated
Tue	Mar 5	Accessible Mindfulness 10 am
Wed	Mar 6	Ash Wednesday Ashes to Go 11 am WCU Holy Eucharist, Imposition of Ashes 6:15 pm
Sun	Mar 10	Lent 1 Rice & Beans, Holy Eucharist 11 am Evening Prayer 5:30 pm
Mon	Mar 11	Vestry Meeting 5:30 pm
Sun	Mar 17	Lent 2 St. Patrick's Day Holy Eucharist 11 am Taizé service 5:30 pm
Tue	Mar 19	Accessible Mindfulness 10 am
Sun	Mar 24	Lent 3 Holy Eucharist 11 am
Mon	Mar 25	Taizé service 5:30 pm
Sun	Mar 31	Lent 4 Holy Eucharist 11 am, Soup Supper 5 pm
Tue	Apr 2	Accessible Mindfulness 10 am
Sun	Apr 7	Lent 5 Holy Eucharist 11 am, Evening Prayer 5:30 pm
Mon	Apr 8	Vestry Meeting 5:30 pm
Sun	Apr 14	Palm Sunday
Thu	Apr 18	Agape Supper 5:30 pm. Maundy Thursday Service 6:30 pm
Fri	Apr 19	Stations of the Cross noon Good Friday Service 5:30 pm
Sat	Apr 20	Holy Saturday 10:30 am
Sun	Apr 21	Easter Sunday

Sun	Apr 28	Easter 2 Soup Supper
Fri	May 3	Wine Event (also Friday, Nov 1)

Serving this Sunday

Chalice:
 Reader: June Smith
 Music: Lillian Pearson
 Coffee: ALL
 Readings: [Exodus 34:29-35, 2](#)
[Corinthians 3:12-4:2, Luke](#)
[9:28-36, \[37-43a\], Psalm 99](#)

Serving during March

Flowers: Judy Robinson
 Linen: Nan Watkins
 Communion: 3/3 June Smith
 3/10 Muff Lyons
 3/17 Gracia Slater
 3/24 Faye Jacobson
 3/31 Margot Wilcox
 Bread: Judy Robinson
 Greeter: Margot Wilcox

Childcare is available during the service most Sundays.

[Sermon Link](#)

Celebration of Life Memorial Service

Saturday, March 2nd, 11:30 am

John T. Overbey, MBA, CPA, PhD

4/19/1935-2/15/2019

John was a member of the men's spiritual group that meets at St. David's on Monday mornings. He and his wife, Diane, were very active parishioners when they lived here. He was parish treasurer for a time, and she was senior warden. Diane is buried in our cemetery.

The reception will be catered by Mad Batter, so all we need to do is show up, welcome people to our church home, and celebrate John's life with them. The Rev. Bill McLoughlin from Church of the Resurrection, Asheville, will officiate.

[John T. Overbey Obituary](#)



Think Leeks!
Dydd Gwyl Dewi hapus!
Happy St. David's Day!

By Faye Jacobson

We will celebrate St. David's Day this **Sunday, March 3rd**. Coffee Hour will be provided by the parish and is a great opportunity to try out a Welsh recipe. I found a website on the BBC that has some interesting choices: (bbcgoodfood.com/recipes/collection/st-davids-day). Google St. David's Day recipes, and there are hundreds of them. If you are not an adventurous cook, just bring a favorite of yours. Please join us and enjoy the smell of good food and daffodils.



What's in A Name?

By June Smith



Juliet Capulet was probably not the first person to ask this question and certainly not the last. It has even been asked here before in this way: Would St. David's Episcopal Church be a different church if it had a different name? St. David and his Celtic contemporaries left a rich heritage and profound traditions for those who followed them. Would our church's spirituality, liturgy, and culture be different if we had been named for a saint whose life and teachings embodied principles other than those of St David?

St. David's famous deathbed command is certainly a dictum the parishioners of St. David's have followed throughout the church's history: "...do the little things you have seen me do and heard about." This pronouncement emphasizes how St. David felt God's presence in simplicity and in the mundane affairs of everyday life. Other aspects of Celtic Christianity such as the sacredness of all life, love of and reverence for the natural world, the importance of community and hospitality, the equality of women, art, poetry, music, and pilgrimage have all been manifested here at St. David's over the life of the church.

The Rev. Dr. A. Rufus Morgan, St. David's first priest after its reopening in 1959, was the connector who brought the faith and practice of St. David's Welsh founder, Daniel David Davies, into the post-WWII era. Rev. Morgan was an avid follower of St. Francis, who though not from a Celtic nation, nonetheless lived his life embodying many aspects of Celtic spirituality, as did Rev. Morgan. That thread of Celtic spirituality ran through the succeeding years as priests came and went and parishioners came and went. The people changed, but the soul of St. David's has not.

St. David's-in-the-Valley is the only parish church in the Episcopal Diocese of Western North Carolina named for this Celtic saint and one of only two in North Carolina. The other St. David's is a mission church in Laurinburg in the Diocese of Eastern North Carolina, a mission also founded by a Welshman. In the years of the 90s, 2000s and into the present time, the parishioners of St. David's have been connected more strongly than ever to its rich Celtic heritage through liturgy, music, prayer, and pilgrimage. That connection will no doubt serve us well as we open the search for our next priest.

March 1st is the day celebrated by Welsh people all over the world as St. David's Day. The daffodil, which blooms around that time, is the national flower of Wales and is associated with St. David, possibly because the word for both leek and daffodil is the same word in Welsh, *ceninen*. Welsh warriors were instructed at one time to wear a leek on their armor to distinguish themselves from their Saxon invaders. "Do ye the little things in life" is a well-known Welsh phrase. St. David believed that the pursuit of holiness did not require great heroics but could be found in a life of simplicity and quiet faith. Although we are more than 1,400 years away from St. David's life, I believe his life of simplicity and quiet faith lives on through the parishioners of St. David's today and continues to influence life in Cullowhee valley.

The Gospel

Luke 9:28-36, [37-43a]

Jesus took with him Peter and John and James, and went up on the mountain to pray. And while he was praying, the appearance of his face changed, and his clothes became dazzling white. Suddenly they saw two men, Moses and Elijah, talking to him. They appeared in glory and were speaking of his departure, which he was about to accomplish at Jerusalem. Now Peter and his companions were weighed down with sleep; but since they had stayed awake, they saw his glory and the two men who stood with him. Just as they were leaving him, Peter said to Jesus, "Master, it is good for us to be here; let us make three dwellings, one for you, one for Moses, and one for Elijah"—not knowing what he said. While he was saying this, a cloud came and overshadowed them; and they were terrified as they entered the cloud. Then from the cloud came a voice that said, "This is my Son, my Chosen; listen to him!" When the voice had spoken, Jesus was found alone. And they kept silent and in those days told no one any of the things they had seen.

[On the next day, when they had come down from the mountain, a great crowd met him. Just then a man from the crowd shouted, "Teacher, I beg you to look at my son; he is my only child. Suddenly a spirit seizes him, and all at once he shrieks. It convulses him until he foams at the mouth; it mauls him and will scarcely leave him. I begged your disciples to cast it out, but they could not." Jesus answered, "You faithless and perverse generation, how much longer must I be with you and bear with you? Bring your son here." While he was coming, the demon dashed him to the ground in convulsions. But Jesus rebuked the unclean spirit, healed the boy, and gave him back to his father. And all were astounded at the greatness of God.]

Outreach Items for Your Calendars

By Judy Robinson, Senior Warden

- ✦ A reminder that on Sunday March 3rd, the collection plate supports the Community Table. Your generosity is appreciated.
- ✦ On Wednesday March 6th, St. David's will again offer *Ashes to Go* at the Fountain on the WCU campus from 11am–2pm. Valori+ will be joined by the Rev. Tonya Vickery from Cullowhee Baptist Church. This would be an excellent way for any of us to help strengthen our relationship with WCU by simply being present in the WCU community for a few minutes to receive ashes. We especially hope those who are members of the WCU Outreach Team will join us.
- ✦ March 10th will be second Sunday, and we will be collecting rice and beans for our continued support of Vecinos.

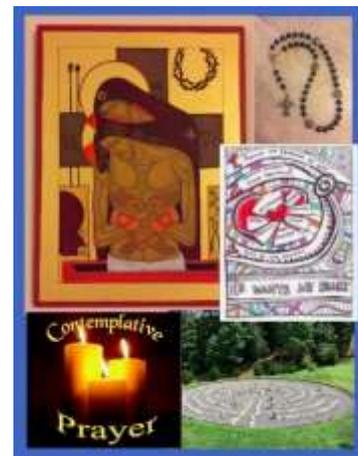


Lenten Prayer Series

By The Rev. Dr. Valori Mulvey Sherer

One of the opportunities Lent offers us is the opportunity to be intentional about deepening our prayer lives in order to draw closer to God. This year at St. David's we will offer a Lenten series on various ways to pray. We'll gather in "The Gathering Place" a.k.a. our parish hall, on the Tuesdays in Lent at 5:30 p.m. Come to one or all in the series. Prayer is so varied, and our tradition offers us a rich heritage of many ways to encounter the Holy. Here is the schedule:

- ✦ Lent 1, (3/10): **Praying with Icons:** covering a little history, the meaning of the colors chosen in iconography, as well as practicing the method of praying with these "gateways to the divine."



- ✦ **Lent 2, (3/17): Praying the Rosary/prayer beads:** In this teaching we will discuss why people have historically found beads to be helpful in prayer, a review of a few types of prayer beads and Rosaries, and practicing this kind of prayer using a form of the Rosary developed by our Interim Rector.
- ✦ **Lent 3 (3/24): Intro to contemplative prayer:** In this teaching we will discuss silent prayer, meditation, and contemplative prayer, then practice a short session of the discipline of Centering Prayer, followed by prayer journaling.
- ✦ **Lent 4 (4/02): Walking prayer:** will include teaching on and the practice of walking the labyrinth as well as discussion of various types of kinetic forms of prayer.
- ✦ **Lent 5 (4/09): Art prayer:** especially suited for those who “don’t draw well”, this offering includes discussion and practice of various forms of this discipline including prayer doodling, collage, mandalas, and coloring prayer.

Lenten Book Study

A suggestion was made recently to hold a book study during Lent. If there is truly a desire for a book study, I will support whoever seeks to organize it. One book that came up (twice in one week) was *The Book of Joy* by the Dalai Lama and Archbishop Desmond Tutu. The topic, however, is as wide open as the opportunity to plan it. If you’d like to organize a Lenten book study, please contact me and we’ll get it going!

Parish News & Notes

Birthdays

Mar 3	Johanna Vinyard
Mar 5	Josh Vinyard
Mar 7	Carole Wood, Jane Coburn, Steve Sherer
Mar 8	Nathan Brown

Soup and Bread Community Supper



Representatives from Clean Slate joined parish members for soup, bread, fellowship, and Margot Wilcox’s delicious cake.



Dog for Adoption

My name is Layla, and I am looking for a new home. My mom is going to be moving into a Senior Living Facility and they won't let me come with her. I am sweet, calm, and I love yummy treats!



Text Claire @ (828) 226-4783

or call (828) 586-5186

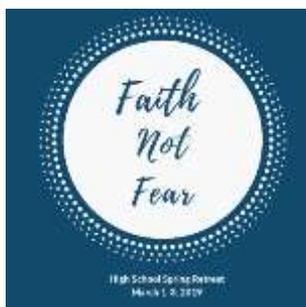
Travel Sketching with Pen, Ink and Watercolor

Haidee Wilson is offering a course called **Travel Sketching with Pen, Ink and Watercolor** on Saturday, March 23rd, from 10-12:30 at Haywood County Arts Gallery, Main St., Waynesville. The fee is \$30.00 for HCAC members, and \$35.00 non-members. Reservations required-limited space. Sign-up at the Gallery (828-452-0593, Haywoodarts.org). [Click here](#) for full information about the course. Come be inspired, informed, and have joy with others in the art world. Bring a friend!

Haidee will also have the two oil paintings shown below at The Stecoah Art Gallery starting in March. Local landscapes of Lake Junaluska, and Looking Glass Rock come feast your eyes and support local talent.

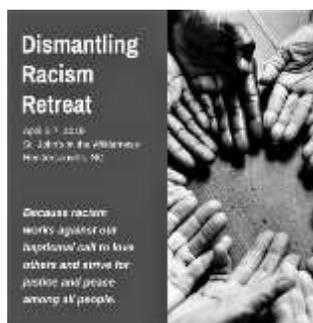


Diocesan Youth Events



High School Spring Retreat March 1-3, 2019 Valle Crucis Conference Center For 8th through 12th graders

Cost: \$136, per youth. Includes lodging, meals, and programs. Meals start with supper on Friday and end with Lunch on Sunday. Scholarships are available at time of registration. Registration is through CampDoc software [here](#).



Friday, April 5th at 7 pm–Sunday, April 7th at 2:30 pm
Youth must commit to the entire weekend.

Location: St. John in the Wilderness, Flat Rock.
We will be spending the weekend at the church using the parish halls for lodging, meals, and program.

Cost: \$20, per youth. Scholarships are available.
Registration is through CampDoc software [here](#).

Glory Ridge Camping & Service Retreat

May 4-5, 2019

[Glory Ridge Camp](#)

Middle School Youth Only

Lineup Announced for Cold Mountain Music

Returning to the picturesque Lake Logan Conference Center, the third annual Cold Mountain Music Festival will take place May 31 and June 1.

This year's gathering will include acclaimed string act Yonder Mountain String Band, indie-rockers Calexico and Americana/folk duo The Milk Carton Kids. Other acts to hit the stage will be JS Ondara, Driftwood, Ruby Velle & The Soulphonics, Kat Wright, The Travelin' Kine, Joe Lasher and Logan Ledger.



WNC Episcopal Service Corps Fundraising Event

Thursday, April 4th from 6 pm to 9 pm
Trinity Episcopal Church, Asheville

Join us for an evening to benefit [WNC Episcopal Service Corps](#)!
Silent Auction at 6 pm; Dinner and Live Auction at 7 pm
\$50/individual ticket or \$300/table (seats 8).

RSVP [here](#) by March 25th, 2019.

Meditation Opportunities at St. David's

Accessible Mindfulness: 1st and 3rd Tuesdays, 10-11:15 am. This is especially geared for those new to mindfulness meditation.

Other Meditation Opportunities

WCU Mindfulness and Meditation: Thursdays at 4 pm 224 Bird Building. For details, call 227-7469 and ask for Michelle. To view a flyer, [please click here](#).

Mindfulness Meditation: 9:15 am on Thursdays at Sylva Yoga above Lulu's on Main Street in downtown Sylva. Meditation gives students the opportunity to focus on the deep interconnection between mind and body, which can be experienced directly by practice in mindfulness.

Virtual Closet

If you need medical-related equipment or have something you can offer, contact Claire Marsh: clairemrsh@gmail.com She keeps a list of who has what to facilitate sharing.

Box Tops for Education

There is a basket under the white board in the Parish Hall where you can place any of these box tops you may have. This is an ongoing project for our children.

2019 Outreach Support

From 1 st Sunday's loose plate offering and Soup Suppers			
Jan	Circles of Hope	Aug	School Supplies drive
Feb	Clean Slate	Sep	Vecinos
Mar	Community Table	Oct	Midwives of Haiti
Apr	Mainspring Land Trust	Nov	to be determined
May	(general)	Dec	(general)
Jun-Jul-Aug-no Soup Suppers (general outreach)			

Regular Activities

2 nd Sundays	Rice & Beans Ministry
3 rd Sundays 5:30 pm	Taizé Service 5:30 pm
Last Sundays 5-7 pm Sept-Apr	Soup/Bread Community Supper
Mondays 10:30 am	Cullowhee Men's Group 10:30 am
2 nd Mondays	Vestry Meeting 5:30 pm
1 st & 3 rd Tuesdays	Accessible Mindfulness 10 am

Vestry Stewardship Covenant 2018

St. David's Episcopal Church

We believe that our community is called upon to fully trust in God's promise to provide. Sometimes, however, we are fearful that it won't happen due to our lack of trust, our fear, and our need to control.

We commit to remember who we are in God and for the world, near and far: beloved servants. We commit to make financial decisions remembering that God provides for us, sometimes in surprising ways, by keeping the Gospel promise of abundance as our guide and touchstone, and by constantly evaluating this new way of thinking.

We invite everyone to join the vestry in reflecting on the grace and good luck that pervade our lives which leads us to a natural and comfortable means of sharing the abundance with which we have been blessed.

St. David's Links and Contact Information:

Website: stdavidscullowhee.org

[Lectionary Page 2019](#)

Newsletter editor: Maggie Rowles: maggierowles@gmail.com

Diocesan Links:

[Diocese of Western North Carolina](#)

The Rt. Rev. José A. McLoughlin, Bishop

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www.lakelogan.org