

The Coracle

St Davids Cullowhee



March 12, 2017

Called to embody God's love by welcoming everyone who enters and by empowering all who stay to make a difference in the world.

Calendar

Sun	Mar 12	Lent 2, Rice & Beans Sunday Lenten Study 9:30 am
Mon	Mar 13	Long-range Planning Meeting 6:30 pm
Tue	Mar 14	Vestry Meeting 5:30 pm
Sun	Mar 19	Lent 3, Lenten Study 9:30 am
Tue	Mar 21	Accessible Mindfulness 10 am
Sun	Mar 26	Lent 4, Lenten Study 9:30 am Soup & Bread Community Supper
Sat	Apr 1	Monthly Mindfulness 10 am
Sun	Apr 2	Lent 5
Tue	Apr 5	Accessible Mindfulness 10 am
Sun	Apr 9	Palm Sunday
Tue	Apr 11	Vestry Meeting 5:30 pm
Sun	Apr 16	Easter
Sat	Jun 3	Yard Sale Cold Mountain Music Festival at Lake Logan
Fri-Sun	Jun 9-11	Chad's Yoga Retreat Banner Elk
Mon-Thu	Jun 26-29	Vacation Bible School, Cullowhee Methodist Church

Serving this Sunday

Chalice: Newt Smith
 Reader: June Smith
 Coffee: June & Newt Smith
 Music: Lillian Pearson
 Readings: [Genesis 12:1-4a](#),
[Romans 4:1-5, 13-17](#), [Psalm 121](#),
[John 3:1-17](#)

Serving during March

Bread: Wesley Satterwhite
 Flowers: Charles Pringle
 Linen: Nan Watkins
 Eucharist: Newt Smith &
 Tom Wilcox
 Greeters: Steve Steinbrueck &
 Todd Vinyard

Childcare is available during the church service.

Would You Like a Visit from the Rector?

Michael would be happy to visit; just let him know in person or by email stdavids1879@gmail.com.

Regular Activities	Mondays 7:25 am	Mindfulness Meditation
	Mondays 9-10:30 am	Centering Yoga
	Mondays 10:30 am	Cullowhee Men's Group
	Tuesdays & Thursdays 6:30 am	Sunrise Strength Flow Yoga
	1 st & 3 rd Tuesdays	Accessible Mindfulness
	1 st Saturdays 10 am	Monthly Mindfulness
	Last Sundays 5-7 pm	Soup/Bread Community Supper

Spring Forward!

It's time change Sunday; remember to set your clocks ahead one hour. Also, if there is any question about the weather, Margot will send out a special email message regarding the Sunday service or any other pending church activity.



It's Beans & Rice Sunday

This is the Sunday that our children bag up the donated beans and rice for distribution to the charities we support and present it during church to be blessed.

The Gospel

John 3:1-17

There was a Pharisee named Nicodemus, a leader of the Jews. He came to Jesus by night and said to him, "Rabbi, we know that you are a teacher who has come from God; for no one can do these signs that you do apart from the presence of God." Jesus answered him, "Very truly, I tell you, no one can see the kingdom of God without being born from above." Nicodemus said to him, "How can anyone be born after having grown old? Can one enter a second time into the mother's womb and be born?" Jesus answered, "Very truly, I tell you, no one can enter the kingdom of God without being born of water and Spirit. What is born of the flesh is flesh, and what is born of the Spirit is spirit. Do not be astonished that I said to you, 'You must be born from above.' The wind blows where it chooses, and you hear the sound of it, but you do not know where it comes from or where it goes. So it is with everyone who is born of the Spirit." Nicodemus said to him, "How can these things be?" Jesus answered him, "Are you a teacher of Israel, and yet you do not understand these things?"

"Very truly, I tell you, we speak of what we know and testify to what we have seen; yet you do not receive our testimony. If I have told you about earthly things and you do not believe, how can you believe if I tell you about heavenly things? No one has ascended into heaven except the one who descended from heaven, the Son of Man. And just as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up, that whoever believes in him may have eternal life.

"For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life.

"Indeed, God did not send the Son into the world to condemn the world, but in order that the world might be saved through him."

Starts This Sunday!

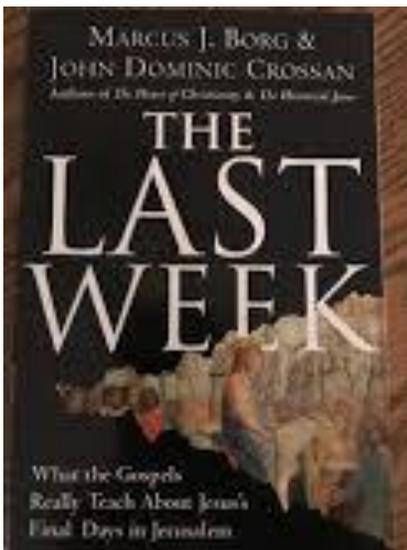
This Sunday, March 12th, the discussion will cover the preface and Chapters 1 and 2.

Lenten Study Group

March 12th, 19th, and 26th, 2017, 9:30 am

The Last Week: What the Gospels Really Teach About Jesus's Final Days in Jerusalem

by Marcus J. Borg and John Dominic Crossan



From the preface: This book is about the last week of Jesus's life. It is a week of extraordinary importance for Christians, and because of its centrality for Christians, how this story is told matters greatly. What was the last week of Jesus's life about? And because this story is seen as revelatory, as speaking to us today, what IS it about?

Borg and Crossan set out to "retell a story everyone thinks they know too well, and most do not seem to know at all." The result is gripping and very timely for many who will be slowing down this Lenten Season to find a deeper meaning to our activism and our work.

Please join us in the Parish Hall on the Sundays listed above at 9:30 am. City Lights will have the book available at a 10% discount.

Questions, contact Betsy Swift [828-507-1678](tel:828-507-1678) or bswift4252@gmail.com

A Message From Michael

Easter Day is an historically rich time for the sacrament of Baptism. Baptisms have been celebrated on Easter since the time of the early church. Please let Michael know if anybody in your family would like to be baptized this Easter (April 16).

The Episcopal Church's theology of Confirmation has continued to evolve along with its understanding of baptism. Confirmation is no longer seen as the completion of Christian initiation, nor is Confirmation a prerequisite for receiving communion. Baptism is full initiation by water and the Holy Spirit into Christ's body the church. (From the Book of Common Prayer)

Garage Sale Scheduled for June 3rd



We are pleased to announce that the Saint David's 2017 *Garage Sale* will be Saturday June 3rd. We know it is the same day as the Lake Logan Music festival but do not think there is a conflict as the sale will begin in the early morning.

Please begin saving your wonderful items for this event! Clothing and books will be included. Please also use some discretion and toss what needs to be trashed. More information will follow weekly in the Coracle regarding drop-off date, etc. If you have questions, please contact one of the event Co-Chairs: Judy Robinson (judyleroyrobinson@gmail.com) and Donna Ross (dhross24@hotmail.com).

What's better than SHOPPING for a good cause!?!

New Interfaith/Multicultural Group Forms

By Jane Coburn

An Interfaith/Multicultural group is forming in Jackson County. The first potluck will be on Thursday, March 16th at 6 pm at Cullowhee Methodist Church. Please bring a dish to share and a poem to share if you would like to do so. This group is forming based on two of my friends meeting at one of our Soup and Bread Community Dinners. While enjoying soup at St. David's, my friend Berna, who is Muslim, and my friend Julie, who is Methodist, struck up a conversation about the need to build bridges with people of different faiths.

Everyone is welcome - invite friends from other faiths! Hope to see you there, Jane

Vecinos Donations Still Being Accepted



The Vecinos Farmworker Health Program volunteers send heartfelt thanks to St. David's for the tremendous response to their request for toiletry bags. Vecinos is a health care program that works with migrant farm workers in the Western North Carolina region. Farm workers sometimes don't have the necessary resources needed to keep themselves healthy. Donations of things such as floss, toothpaste, bandages, eye-drops, etc. made be made at any time. Muff Lyons will see to it that they get delivered to the right place.

Donations Sought for Project Panama Trip

Sandy Frazier will once again be leading a mission trip to Panama later this month. Our own Betsy Swift is among the volunteers going. They will take a suitcase full of supplies such as lined paper, note books, pencils, pens, crayons, markers, construction paper, scissors, rulers, small calculators, Band Aids, gauze, antibiotic cream or ointment, aspirin, ibuprofen, acetaminophen (Tylenol generic), antifungal preparations, eye drops, antacids (Tums), multivitamins. Monetary donations are also accepted. Make checks payable to either St. David's Episcopal Church or Franklin Rotary Charitable Foundation for tax deduction purposes. Memo line should denote "Project Panama".



From the Diocese

Bicentennial Tickets Now Available!

On behalf of the three Episcopal Dioceses of North Carolina, we invite members from across the state to gather at Christ Episcopal Church in New Bern over the weekend of April 21-23, 2017, to celebrate the Bicentennial of the Diocese of North Carolina. New Bern is our gathering place because we all owe our origins to a group of three clergymen and six laymen, representing four churches, who met at Christ Episcopal Church on April 24, 1817, to organize a new diocese comprising the entire state. This small group held a service, adopted a constitution, elected delegates to General Convention, and invited the Bishop of Virginia to provide temporary Episcopal oversight.

As time went on, more and more churches opened across the state and more Episcopal oversight was needed. The challenges of travel and time led in 1883 to the creation of the new Diocese of East Carolina with its own bishop. Continued church growth brought another division in 1895, first as the Missionary District of Asheville, then as the Diocese of Western North Carolina in 1922.

To honor this small but significant beginning in a special way, we welcome the Most Rev. Michael B. Curry, Presiding Bishop and Primate of the Episcopal Church and 11th Bishop of the Diocese of North Carolina, as our preacher for the Bicentennial Festival Eucharist on Saturday, April 22.

[View the full schedule here.](#)

Festival Eucharist and Reception Ticket Information:

Due to space, tickets are limited and available on a first come, first served basis. Each diocese was initially allotted 100 tickets for their diocese. When you register, if tickets are no longer available you may opt to be added to a waitlist. If additional tickets are released, you will be notified by email.

The tickets for members of the Diocese of Western North Carolina are complimentary; they are for only one ticket per registration. [Register for Tickets Now.](#)

Internship with the Episcopal Church's Office of Government Relations

The Episcopal Church's Office of Government Relations is seeking an intern to provide research, policy, and administrative support during the summer of 2017, from May to August. This policy, research, and advocacy internship, based at our Capitol Hill office, provides the intern with opportunities to learn and practice the skills of policy research and analysis, advocacy, and engagement. While the intern will have significant autonomy in their work, the staff works closely with them to provide an enriching experience and access to outside experts and resources; an intern can expect mentoring and training in skills desirable in any policy-based office. The internship will be full time and will include a stipend.

For more information: <http://advocacy.episcopalchurch.org/Internship>

To apply, please submit your resume, cover letter, and two writing samples to me at ayarborough@episcopalchurch.org. The deadline to apply is Friday, March 31.

Parish News & Notes

Birthdays

Mar 12 **Pat Steinbrueck**

Mar 17 **Melba Cooper**

Condolences to the Sandy Frazier family. Their son Mike's wife Sheri died unexpectedly last week. Visitation will be Friday evening March 10th from 6 – 8 pm at Macon Funeral Home in Franklin and her funeral will be Saturday at 2 pm at First Presbyterian Church of Franklin. Here is a link to her [obituary](#).



Barrett Yanik got to ring the bell Sunday!



New mulch was put in place on the front beds this week.

Swimming Course Offered

It's that time in the season once again! The youth swim refresher course will be offered Monday-Wednesday evenings, March 13th-15th and March 20th-22nd from 6:25 to 7:15 pm.

Additionally, this year we are offering a class for adults! This class will be March 13th-15th and March 20th-22nd as well. The time is 7:25 to 8:15pm. If you have any questions, feel free to message me, text or call me at [828-506-6065](tel:828-506-6065), or email me at kfgraham1@catamount.wcu.edu"



For Those Concerned About Recent Immigration Policy Changes

Many of us are concerned about the impact of the new immigration policies on our neighbors and friends. For those who may be interested, [this is a link](#) to a Declaration of Solidarity with Immigrants by People Of Faith In Western North Carolina.

The declaration will be presented publicly to representatives of immigrant communities at a press conference on March 14th at 1pm at the Unitarian Universalist Congregation of Asheville (1 Edwin Pl, Asheville)

Box Tops for Education

Many of our school-age children are collecting Box Tops for Education. I will put a basket on the counter beneath the white board and if anyone has box tops, they can drop them off in the basket. We will divide them equally among the children.



Meditation Opportunities at St. David's

Mindfulness Meditation: Mondays 7:25-8:30 am in the Parish Hall. Our practice is Contemplation of Wise Texts (Lectio), Sitting Meditation, and Informal Dialogue.

Accessible Mindfulness: 1st and 3rd Tuesdays, 10-11:15 am. This is especially geared for those new to mindfulness meditation.

Monthly Mindfulness: First Saturday of each month from 10 am until noon in the Parish Hall.

Other Meditation Opportunities

WCU Mindfulness and Meditation: Thursdays at 4 pm 224 Bird Building. For details, call 227-7469 and ask for Michelle. To view a flyer, [please click here.](#)

The **Tuesday Meditation Group** meets in the undercroft at St. John's Episcopal Church in downtown Sylva on the **2nd & 4th Tuesdays at 1 pm.** The format is to meditate for 15 minutes at the beginning and 15 minutes at the end. The inspirational material for the half hour in between will be decided by whoever volunteers to facilitate that week.

Mindfulness Meditation: 9:15 am on Thursdays at Sylva Yoga above Lulu's on Main Street in downtown Sylva. Meditation gives students the opportunity to focus on the deep interconnection between mind and body, which can be experienced directly by practice in mindfulness.

St. David's Links and Contact Information:

Website: <http://www.st-davids.org/> [Lectionary Page 2017](#)

Newsletter editor: Maggie Bowles: magbowles@gmail.com

Church phone # and email: 828-331-1427

stdavids1879@gmail.com

Mailing address: PO Box 152, Cullowhee, NC 28723

[Parish Mailing List \(sign in required\)](#)

[2016 Altar Guild Schedule](#)

[2017 Greeter Schedule](#)

Diocesan Links:

[Diocese of Western North Carolina](#)

The Rt. Rev. José A. McLoughlin,
Bishop

[Diocesan E-Newsletter sign-up page](#)

[Camp Henry Facebook page](#)

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Help with Tax Preparation Offered Locally

Free Tax Service

Includes Federal and State Forms

Sponsored in part by:

Jackson County Senior Center
Jackson County Public Library
AARP Foundation

Jackson County Senior Center

100 County Services Park

(off Highway 116 (Webster Road) near Ingles and SCC in Sylva)

Mondays 10:00 – 3:00

Fridays 10:00 – 3:00

First come, first served

Jackson County Public Library Complex

310 Keener Street (new addition behind historic Courthouse)

Tuesdays 3:00 – 6:45

By appointment only, call library at 586-2016

- **Bring Social Security cards and photo identification**
- Bring all documents and information pertaining to 2016 taxes
- **Bring a copy of your 2015 filed tax return with any notices of adjustments**
- Bring information pertaining to health insurance during 2016