

# The Coracle

St Davids Cullowhee



March 10, 2019

Called to embody God's love by welcoming everyone who enters  
and by empowering all who stay to make a difference in the world.

## Calendar

Sun	Mar 10	Lent 1 Rice & Beans, Holy Eucharist 11 am, Evening Prayer 5:30 pm
Mon	Mar 11	Vestry Meeting 5:30 pm
Tue	Mar 12	Lenten Series: Praying with Icons 5:30 pm
Sun	Mar 17	Lent 2 St. Patrick's Day, Holy Eucharist 11 am Taizé service 5:30 pm
Tue	Mar 19	Accessible Mindfulness 10 am, Lenten Series: Praying the Rosary, Prayer beads 5:30 pm
Sun	Mar 24	Lent 3 Holy Eucharist 11 am, Evening Prayer 5:30 pm, Abrahamic Dinner 6 pm
Mon	Mar 25	Taizé service 5:30 pm
Tue	Mar 26	Lenten Series: Intro to Contemplative Prayer 9 am
Sun	Mar 31	Lent 4 Holy Eucharist 11 am, Soup Supper 5 pm, Compline 7 pm
Tue	Apr 2	Lenten Series: Walking prayer 9 am; Accessible Mindfulness 10 am
Sun	Apr 7	Lent 5 Holy Eucharist 11 am, Evening Prayer 5:30 pm
Mon	Apr 8	Vestry Meeting 5:30 pm
Tue	Apr 9	Lenten Series: Art prayer 5:30 pm
Sun	Apr 14	Palm Sunday, Holy Eucharist 11 am
Tue	Apr 16	Accessible Mindfulness 10 am
Thu	Apr 18	Agape Supper 5:30 pm, Maundy Thursday Service 6:30 pm
Fri	Apr 19	Stations of the Cross noon, Good Friday Service 5:30 pm
Sat	Apr 20	Holy Saturday 10:30 am
Sun	Apr 21	Easter Sunday, Holy Eucharist 11 am (Easter Egg Hunt noon)
Sun	Apr 28	Easter 2 Holy Eucharist 11 am, Soup Supper 5-7 pm
Fri	May 3	Wine Event (also Fri, Nov 1)

### Serving this Sunday

Chalice: Betsy Swift

Reader:

Music: Savannah Bennett

Coffee:

Readings: [Deuteronomy 26:1-11](#), [Romans 10:8b-13](#), [Luke 4:1-13](#), [Psalm 91:1-2, 9-16](#)

### Serving during March

Flowers: Judy Robinson

Linen: Nan Watkins

Communion: 3/10 Muff Lyons

3/17 Gracia Slater

3/24 Faye Jacobson

3/31 Margot Wilcox

Bread: Judy Robinson

Greeter: Margot Wilcox

**Childcare is available during  
the service most Sundays.**

[Sermon Link](#)

**Set those clocks ahead  
before you go to bed!**



**It's Beans & Rice Sunday!**

We collect rice  
and beans for  
our continued  
support of  
Vecinos.



## The Gospel

Luke 4:1-13

After his baptism, Jesus, full of the Holy Spirit, returned from the Jordan and was led by the Spirit in the wilderness, where for forty days he was tempted by the devil. He ate nothing at all during those days, and when they were over, he was famished. The devil said to him, "If you are the Son of God, command this stone to become a loaf of bread." Jesus answered him, "It is written, 'One does not live by bread alone.'"

Then the devil led him up and showed him in an instant all the kingdoms of the world. And the devil said to him, "To you I will give their glory and all this authority; for it has been given over to me, and I give it to anyone I please. If you, then, will worship me, it will all be yours." Jesus answered him, "It is written,

'Worship the Lord your God,  
and serve only him.'"

Then the devil took him to Jerusalem, and placed him on the pinnacle of the temple, saying to him, "If you are the Son of God, throw yourself down from here, for it is written,

'He will command his angels concerning you,  
to protect you,'  
and

'On their hands they will bear you up,  
so that you will not dash your foot against a stone.'"

Jesus answered him, "It is said, 'Do not put the Lord your God to the test.'" When the devil had finished every test, he departed from him until an opportune time.

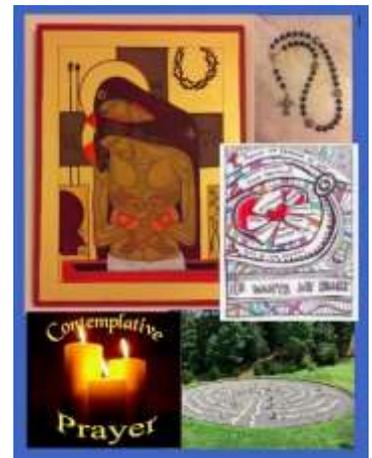
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## Lenten Prayer Series

By The Rev. Dr. Valori Mulvey Sherer

One of the opportunities Lent offers us is the opportunity to be intentional about deepening our prayer lives in order to draw closer to God. This year at St. David's we will offer a Lenten series on various ways to pray. We'll gather in "The Gathering Place" a.k.a. our parish hall, on the Tuesdays in Lent (check calendar for times). Come to one or all in the series. Prayer is so varied, and our tradition offers us a rich heritage of many ways to encounter the Holy. Here is the schedule:

- ✦ Lent 1, (3/10): **Praying with Icons:** covering a little history, the meaning of the colors chosen in iconography, as well as practicing the method of praying with these "gateways to the divine."
- ✦ Lent 2, (3/17): **Praying the Rosary/prayer beads:** In this teaching we will discuss why people have historically found beads to be helpful in prayer, a review of a few types of prayer beads and Rosaries, and practicing this kind of prayer using a form of the Rosary developed by our Interim Rector.
- ✦ Lent 3 (3/24): **Intro to contemplative prayer:** In this teaching we will discuss silent prayer, meditation, and contemplative prayer, then practice a short session of the discipline of Centering Prayer, followed by prayer journaling.
- ✦ Lent 4 (4/02): **Walking prayer:** will include teaching on and the practice of walking the labyrinth as well as discussion of various types of kinetic forms of prayer.
- ✦ Lent 5 (4/09): **Art prayer:** especially suited for those who "don't draw well", this offering includes discussion and practice of various forms of this discipline including prayer doodling, collage, mandalas, and coloring prayer.



## St. David's Rector Search Info from the Vestry

March 4<sup>th</sup>, 2019

We would like to remind you that your Vestry is meeting with Canon Augusta next week, on Wednesday March 13<sup>th</sup>, 2019, to accomplish Step 1 below:

Step 1. Vestry meets initially with the Canon to discern the qualities wanted/needed by committee members; to name a pool of 7-10 individuals in the parish who are perceived to have the wanted/needed qualities; to choose one of those people to be invited to be Chair of the Discernment Committee; and to select one vestry member (not the Senior or Junior Warden) to serve on the Discernment Committee. This is usually a six-hour meeting.

Step 2. The Senior Warden and Canon Augusta ask the person chosen to be Chair of the committee if they will serve.

Step 3. The Chair of the Discernment Committee, Canon Augusta, and the Vestry member chosen to serve on the committee meet and choose a full committee of 5-7 people from the list of 7-10 generated in the first meeting. A Discernment Committee of 5, including the Chair, is recommended for a parish of our size.

We will share next steps in the process once the Discernment Committee is in place.

We will communicate with you openly about Step 2 once the Chair of the Discernment Committee is confirmed (hopefully, before the end of next week). We will let you know the date of the meeting for Step 3 and the results as soon as we have them, and the Discernment Committee will be commissioned during the next Sunday service.

Please read the Coracle and watch for parish wide emails from Margot Wilcox, so you will know what is happening when as we move through March, April, and May. These will be busy months regarding our new rector search.

Finally, please pray for our dear church and congregation, your Vestry, and for those to-be named members of the Discernment Committee during this time, for thoughtful participation, patience, and that the Spirit is already beginning to lead our new rector to us.

With enthusiasm for the coming weeks, Your Vestry

Senior Warden, Judy Robinson      Junior Warden, Muff Lyons

Sandy Frazier      Gael Graham

Vance Davidson      Jake Jacobson

Steve Steinbrueck, Treasurer, is ex-officio to the vestry.

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## Your Parish Hall: The Gathering Place

Submitted by Senior Warden Judy Robinson on behalf of the Vestry

During the Vestry Academy that our Vestry attended in late January, we enjoyed an afternoon of team building and brainstorming that led to an idea about one way to present ourselves to the greater community. Both Vestry and parish members have often commented that our parish hall is a great place for community activities and meetings. We can bring focus to this by giving it a name: The Gathering Place. We will refer to the parish hall with this name whenever an outreach or community event happens in the space. We also hope that with practice we will all begin to call it that. We have ordered laminated signs to place by each door that should be readable from afar. We will see how these work before we order something more permanent out of wood or possibly Hardie board. Thanks to Steve Steinbrueck for handling the details involved in ordering the signs. Please give us feedback when the signs are in place. See you for coffee hour this Sunday in The Gathering Place.

## Abraham's Table: A Family Reunion

Submitted by Judy Robinson on behalf of our Interim Rector, Valori+

Our Interim Rector, Valori+, has been pondering ways for St David's to encourage community discussion in areas of diversity. She brought this idea to the Vestry, and we fully support it. The event is a dinner in our parish hall, The Gathering Place, for exploring the commonalities and uniqueness of the children of Abraham: Jewish, Muslim, and Christian. Three speakers will highlight practices from each tradition, with discussion to follow. We hope this will allow participants to celebrate our common roots and diverse practices in an era of political division. We are also hopeful that this will be the first of a number of gatherings focused on conversations that foster deeper understanding and acceptance within our greater community. Community partners involved in the planning are Bora and Berna Karayaka, (Muslim friends you may know from our soup suppers), Tonya and Jeff Vickery (co-pastors of the Cullowhee Baptist Church), and Julia Trantham from another of our neighbor churches. Please join us and invite anyone from outside the St. David family that you think would be interested. The dinner is Sunday, March 24<sup>th</sup> from 6-8pm, at St. David's, in The Gathering Place. Participants may bring a potluck item to share, or just come. There will be plenty of food. A flyer of the event will be in next week's Coracle.

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## Parish News & Notes

### Birthdays

Mar 10 **Jessica Philyaw**  
Mar 8 **Nathan Brown**

### Anniversaries

Mar 12 **Pat & Steve Steinbrueck, Randi & Jeff Neff**

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## Congratulations All Around

Mira Williams and Mary Michael Hanks helped their respective teams at Fairview School win medals in the Science Olympiad in Asheville on March 2<sup>nd</sup>. The varsity team, which Mira is on, earned a bid to the state tournament in Raleigh on April 27<sup>th</sup>.

The Science Olympiad is a national nonprofit organization dedicated to strengthening K-12 science education and hosting exciting, competitive STEM (science, technology, engineering, and math) tournaments.

Congratulations to Wesley Satterwhite: The faculty of the Department of Library and Information Studies has selected her for an honorable mention for the 2019 School of Education Graduate Scholar Award. This honor recognizes the quality of her scholarly research and research productivity while maintaining a strong academic record.

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## Maci Long Receives Honor

Smoky Mountain High School senior Maci Long has been awarded the President's Volunteer Service Award for 2019 for her outstanding volunteer work in Jackson County. Long's service has resulted in more than 10,000 meals distributed to individuals in need. Maci is a St. David's child-care provider. Read the full story in the Sylva Herald here: [http://www.thesylvaherald.com/news/article\\_b43c2330-401d-11e9-98eb-d7177192529f.html](http://www.thesylvaherald.com/news/article_b43c2330-401d-11e9-98eb-d7177192529f.html).





**St. David's Day 2019**  
Welshmen carrying  
their Coracles



Dear Ones,

Thank you so much for the beautiful Daffodil Cake that said "we love you Claire." Especially thank you for all the ways that you have shown that love in the past 37 years since I first came to St. David's. What a blessing all of you are. The Dalai Lama says, "my religion is simple; my religion is loving kindness." That is what so many of you have practiced all these years.

I'm not setting off in a Coracle into the unknown Atlantic somewhere; I will be right down the road at Bryson Senior Living, 314 Hughes Branch Rd. So, after I move the beginning of April, please come visit.

May all the blessings that you have spread multiply to bring love, peace & joy to all,  
Claire

## Dog for Adoption

My name is Layla, and I am looking for a new home. My mom is going to be moving into a Senior Living Facility and they won't let me come with her. I am sweet, calm, and I love yummy treats!



***Text Claire @ (828) 226-4783***

***or call (828) 586-5186***

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## Travel Sketching with Pen, Ink and Watercolor

Haidee Wilson is offering a course called **Travel Sketching with Pen, Ink and Watercolor** on Saturday, March 23<sup>rd</sup>, from 10-12:30 at Haywood County Arts Gallery, Main St., Waynesville. The fee is \$30.00 for HCAC members, and \$35.00 non-members. Reservations required-limited space. Sign-up at the Gallery (828-452-0593, [Haywoodarts.org](http://Haywoodarts.org)). [Click here](#) for full information about the course. Come be inspired, informed, and have joy with others in the art world. Bring a friend!

Haidee will also have the two oil paintings shown below at The Stecoah Art Gallery starting in March. Local landscapes of Lake Junaluska, and Looking Glass Rock come feast your eyes and support local talent.



# Diocesan Youth Events



## WNC Episcopal Service Corps Fundraising Event

Thursday, April 4<sup>th</sup> from 6 pm to 9 pm  
Trinity Episcopal Church, Asheville

Join us for an evening to benefit

[WNC Episcopal Service Corps!](#)

Silent Auction at 6 pm; Dinner and Live Auction at 7 pm \$50/individual ticket or \$300/table (seats 8).

RSVP [here](#) by March 25<sup>th</sup>, 2019.



Friday, April 5<sup>th</sup> at 7 pm–Sunday, April 7<sup>th</sup> at 2:30 pm  
Youth must commit to the entire weekend.

Location: St. John in the Wilderness, Flat Rock.  
We will be spending the weekend at the church using the parish halls for lodging, meals, and program.

Cost: \$20, per youth. Scholarships are available.  
Registration is through CampDoc software [here](#).

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## Glory Ridge Camping & Service Retreat

May 4-5, 2019

[Glory Ridge Camp](#)

Middle School Youth Only

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## Meditation Opportunities at St. David's

**Accessible Mindfulness: 1<sup>st</sup> and 3<sup>rd</sup> Tuesdays, 10-11:15 am.** This is especially geared for those new to mindfulness meditation.

### Other Meditation Opportunities

**WCU Mindfulness and Meditation:** Thursdays at 4 pm 224 Bird Building. For details, call 227-7469 and ask for Michelle. To view a flyer, [please click here](#).

**Mindfulness Meditation: 9:15 am on Thursdays** at Sylva Yoga above Lulu's on Main Street in downtown Sylva. Meditation gives students the opportunity to focus on the deep interconnection between mind and body, which can be experienced directly by practice in mindfulness.

### Virtual Closet

If you need medical-related equipment or have something you can offer, contact Claire Marsh: [clairemrsh@gmail.com](mailto:clairemrsh@gmail.com) She keeps a list of who has what to facilitate sharing.

### Box Tops for Education

There is a basket under the white board in the Parish Hall where you can place any of these box tops you may have. This is an ongoing project for our children.

### Regular Activities

2<sup>nd</sup> Sundays  
3<sup>rd</sup> Sundays 5:30 pm  
Last Sundays 5-7 pm Sept-Apr  
Mondays 10:30 am  
2<sup>nd</sup> Mondays  
1<sup>st</sup> & 3<sup>rd</sup> Tuesdays

Rice & Beans Ministry  
Taizé Service 5:30 pm  
Soup/Bread Community Supper  
Cullowhee Men's Group 10:30 am  
Vestry Meeting 5:30 pm  
Accessible Mindfulness 10 am

### 2019 Outreach Support

From 1<sup>st</sup> Sunday's loose plate offering and Soup Suppers

Jan	Circles of Hope	Aug	School Supplies drive
Feb	Clean Slate	Sep	Vecinos
Mar	Community Table	Oct	Midwives of Haiti
Apr	Mainspring Land Trust	Nov	to be determined
May	(general)	Dec	(general)
Jun-Jul-Aug-no Soup Suppers (general outreach)			

## Vestry Stewardship Covenant 2018

### St. David's Episcopal Church

We believe that our community is called upon to fully trust in God's promise to provide. Sometimes, however, we are fearful that it won't happen due to our lack of trust, our fear, and our need to control.

We commit to remember who we are in God and for the world, near and far: beloved servants. We commit to make financial decisions remembering that God provides for us, sometimes in surprising ways, by keeping the Gospel promise of abundance as our guide and touchstone, and by constantly evaluating this new way of thinking.

We invite everyone to join the vestry in reflecting on the grace and good luck that pervade our lives which leads us to a natural and comfortable means of sharing the abundance with which we have been blessed.

**St. David's Links and Contact Information:**

Website: [stdavidscullowhee.org](http://stdavidscullowhee.org)

[Lectionary Page 2019](#)

Newsletter editor: Maggie Bowles: [magbowles@gmail.com](mailto:magbowles@gmail.com)

Church phone # and email: 828-331-1427

[stdavidscullowhee@gmail.com](mailto:stdavidscullowhee@gmail.com)

Mailing address: PO Box 152, Cullowhee, NC 28723

**Diocesan Links:**

[Diocese of Western North Carolina](#)

The Rt. Rev. José A. McLoughlin, Bishop

[Sign up for Diocesan Newsletter](#)

[Camp Henry Facebook page](#)

[www.lakelogan.org](http://www.lakelogan.org)

**St. David's Vestry Members:**

Judy Robinson, Senior Warden

Muff Lyons, Junior Warden

Sandy Frazier—Gael Graham

Vance Davidson—Jake Jacobson