

The Coracle

St Davids Cullowhee



February 12, 2017

Called to embody God's love by welcoming everyone who enters and by empowering all who stay to make a difference in the world.

Calendar

Sun	Feb 12	Epiphany 6 Rice & Beans Sunday
Sat	Feb 18	Vestry Retreat, Lake Logan
Sun	Feb 19	Epiphany 7
Tue	Feb 21	Accessible Mindfulness 10 am Vestry Meeting 5:30 pm
Sun	Feb 26	Epiphany 8, Soup & Bread Supper 5 pm St. David's Day Celebration
Wed	Mar 1	St. David's Day, Ash Wednesday
Sat	Mar 4	Monthly Mindfulness 10 am
Sun	Mar 5	Lent 1
Tue	Mar 7	Accessible Mindfulness 10 am
Sun	Mar 12	Lent 2, Rice & Beans Sunday
Sun	Mar 19	Lent 3
Tue	Mar 21	Accessible Mindfulness 10 am
Sun	Mar 26	Lent 4, Soup & Bread Community Supper
Sat	Apr 1	Monthly Mindfulness 10 am
Sun	Apr 2	Lent 5
Tue	Apr 5	Accessible Mindfulness 10 am
Sun	Apr 9	Palm Sunday
Tue	Apr 11	Vestry Meeting 5:30 pm
Sun	Apr 16	Easter
Sat	Jun 3	Cold Mountain Music Festival at Lake Logan
Fri-Sun	Jun 9-11	Chad's Yoga Retreat Banner Elk

Serving this Sunday

Chalice:
Reader:
Coffee: Jane Coburn
Music: Lillian Pearson
Readings: [Sirach 15:15-20](#),
[1 Corinthians 3:1-9](#), [Matthew 5:21-37](#),
[Psalm 119:1-8](#)

Serving during February

Bread: Jane Coburn
Flowers: Charles Pringle
Linen: Margot Wilcox
Eucharist: Linda Kinnear & June Smith
Greeters: John & Gracia Slater

Would You Like a Visit from the Rector?

Michael would be happy to visit; just let him know in person or by email stdavids1879@gmail.com.

Childcare is available during the church service.

Regular Activities	Mondays 7:25 am	Mindfulness Meditation
	Mondays 9-10:30 am	Centering Yoga
	Mondays 10:30 am	Cullowhee Men's Group
	Tuesdays & Thursdays 6:30 am	Sunrise Strength Flow Yoga
	1 st & 3 rd Tuesdays	Accessible Mindfulness
	1 st Saturdays 10 am	Monthly Mindfulness
	Last Sundays 5-7 pm	Soup/Bread Community Supper

It's Inclement Weather Season

If there is any question about the weather, Margot will send out a special email message regarding the Sunday service or any other pending church activity.

February 12th is Beans & Rice Sunday

This is the Sunday that our children bag up the donated beans and rice for distribution to the charities we support and present it during church to be blessed.



The Gospel

Matthew 5:21-37

Jesus said, “You have heard that it was said to those of ancient times, ‘You shall not murder’; and ‘whoever murders shall be liable to judgment.’ But I say to you that if you are angry with a brother or sister, you will be liable to judgment; and if you insult a brother or sister, you will be liable to the council; and if you say, ‘You fool,’ you will be liable to the hell of fire. So when you are offering your gift at the altar, if you remember that your brother or sister has something against you, leave your gift there before the altar and go; first be reconciled to your brother or sister, and then come and offer your gift. Come to terms quickly with your accuser while you are on the way to court with him, or your accuser may hand you over to the judge, and the judge to the guard, and you will be thrown into prison. Truly I tell you, you will never get out until you have paid the last penny.

“You have heard that it was said, ‘You shall not commit adultery.’ But I say to you that everyone who looks at a woman with lust has already committed adultery with her in his heart. If your right eye causes you to sin, tear it out and throw it away; it is better for you to lose one of your members than for your whole body to be thrown into hell. And if your right hand causes you to sin, cut it off and throw it away; it is better for you to lose one of your members than for your whole body to go into hell.

“It was also said, ‘Whoever divorces his wife, let him give her a certificate of divorce.’ But I say to you that anyone who divorces his wife, except on the ground of unchastity, causes her to commit adultery; and whoever marries a divorced woman commits adultery.

“Again, you have heard that it was said to those of ancient times, ‘You shall not swear falsely, but carry out the vows you have made to the Lord.’ But I say to you, Do not swear at all, either by heaven, for it is the throne of God, or by the earth, for it is his footstool, or by Jerusalem, for it is the city of the great King. And do not swear by your head, for you cannot make one hair white or black. Let your word be ‘Yes, Yes’ or ‘No, No’; anything more than this comes from the evil one.”



LENTEN
MEDITATIONS **2017**

You are invited to share in the 2017 Lenten email series from Episcopal Relief & Development. Each day during Lent you will receive a daily reflection, co-authored by a group of Anglican Communion and other faith leaders. During this season of reflection on our Christian faith, their writings will enhance your spiritual journey as they both inspire and challenge you. Each daily meditation is presented in both English and Spanish.

[Sign up to Receive our Daily Lenten Meditations by Email](#)

Make a Lenten Offering

Please join us by investing in Episcopal Relief & Development’s vital mission and giving meaningfully to support our work to strengthen communities around the globe. Together, we are seeking to serve Christ in all persons and striving to love our neighbor as ourselves.

[Donate to Episcopal Relief and Development](#)



An Appeal from Our Treasurer, Margot Wilcox

It's that time of year: the church's finances are currently experiencing a cash flow crunch. So, if you're behind on your pledge and are able, please catch up. Prepayments also help! Thanks, everybody!

From the Diocese

Get Ready for the Bishop Road Tour!



Bishop José will set out on the roads of WNC, beginning in Hickory, visiting all parishes by the end of this year. The bishop wants to see all areas of a congregation's life. Most especially, he wants to learn about your outreach ministries, as well as how area churches can partner in mission and discipleship.

You can find out more about the Road Tour (with dates and cities) in the coming weeks. We have a special t-shirt designed just for this tour that will be available for purchase; all proceeds will go into the Mission Fund. [Purchase t-shirts here](#)

Come meet with Bishop José to share with him both what you are doing now and what you are dreaming about to more faithfully serve your neighbors in the name of Jesus.

Lake Logan Lecture Series: Short Story Selection from Ron Rash Stories

Thursday, March 2nd from 10:30 am-1 pm
Lake Logan Conference Center

Lake Logan will be hosting "A Rash of Stories" adapted from the short stories of Ron Rash. The stories will be presented by Barbara Bates Smith and musician Jeff Sebens. The varied selections - humorous and tender as well as suspenseful - have been adapted by Smith from Rash's short stories "Lincolmites", "Burning Bright", "Casualties and Survivors", and "The Night the New Jesus Fell to Earth."

[Register here.](#)

June Smith has offered to pick up tickets at the early bird price of \$60 each when she goes to the Diocesan Office next week. This has the added advantage that they won't have ticket handling charges that will be included if you order tickets online. Though there is still plenty of time, if you would like to go ahead and take advantage of her offer, contact her to arrange to send payment junesmith41@gmail.com, 293-5550 or see her at church.



Tickets to the Cold Mountain Music Festival at Lake Logan are now available online. Tickets are limited, so buy yours today!

Cold Mountain Music at Lake Logan is a festival happening on Saturday, June 3rd, 2017 on the stunning grounds of Lake Logan Episcopal Center featuring Grammy-award winning band Steep Canyon Rangers and others. The event will raise awareness and funds for Lake Logan and Camp Henry.

In addition to an evening of top-notch musical talent, the festival will also feature a kids' area, food vendors, and after-party at the Sit 'n Whittle lodge.

For more information, including the full band lineup, visit www.coldmountainmusic.org.

Tickets purchased online are subject to normal handling and convenience fees. Avoid these fees by buying a ticket at the diocesan office. You will need to call ahead to make sure someone is in the office.

Event Tickets are \$75 for adults. Students and youth (13-18) are just \$30, with kids 12 & under free.

Early bird tickets are available for \$60, but hurry! Early bird pricing ends April 1st.

Parish News & Notes

Birthdays

- Feb 11 **Frank Lockwood,**
Michael Marsh,
Julian Dills-Mulholland
- Feb 17 **Terry Kinnear**
- Feb 19 **Rosa Reily**

Congratulations to Abel Despeaux on winning a medal at the regional science fair and advancing to state competition.



Welcome Claudette Krizek



Claudette Krizek, LCSW, has rented space upstairs in the Parish Hall and will be seeing patients there on Fridays. You may have met Claudette at church services recently. Here is a [link](#) to information about her on the *Psychology Today* website.



Box Tops for Education

Many of our school-age children are collecting Box Tops for Education. I will put a basket on the counter beneath the white board and if anyone has box tops, they can drop them off in the basket. We will divide them equally among the children.



Meditation Opportunities at St. David's

Mindfulness Meditation: Mondays 7:25-8:30 am in the Parish Hall. Our practice is Contemplation of Wise Texts (Lectio), Sitting Meditation, and Informal Dialogue.

Accessible Mindfulness: 1st and 3rd Tuesdays, 10-11:15 am. This is especially geared for those new to mindfulness meditation.

Monthly Mindfulness: First Saturday of each month from 10 am until noon in the Parish Hall.

Other Meditation Opportunities

WCU Mindfulness and Meditation: Thursdays at 4 pm 224 Bird Building. For details, call 227-7469 and ask for Michelle. To view a flyer, [please click here](#).

The **Tuesday Meditation Group** meets in the undercroft at St. John's Episcopal Church in downtown Sylva on the **2nd & 4th Tuesdays at 1 pm**. The format is to meditate for 15 minutes at the beginning and 15 minutes at the end. The inspirational material for the half hour in between will be decided by whoever volunteers to facilitate that week.

Mindfulness Meditation: 9:15 am on Thursdays at Sylva Yoga above Lulu's on Main Street in downtown Sylva. Meditation gives students the opportunity to focus on the deep interconnection between mind and body, which can be experienced directly by practice in mindfulness.

St. David's Links and Contact Information:

Website: <http://www.st-davids.org/> [Lectionary Page 2017](#)

Newsletter editor: Maggie Bowles: magbowles@gmail.com

Church phone # and email: 828-331-1427

stdavids1879@gmail.com

Mailing address: PO Box 152, Cullowhee, NC 28723

[Parish Mailing List \(sign in required\)](#)

[2016 Altar Guild Schedule](#)

[2016 Greeter Schedule](#)

Diocesan Links:

[Diocese of Western North Carolina](#)

The Rt. Rev. José A. McLoughlin,
Bishop

[Diocesan E-Newsletter sign-up page](#)

[Camp Henry Facebook page](#)

Help with Tax Preparation Offered Locally

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Sponsored in part by:

Jackson County Senior Center
Jackson County Public Library
AARP Foundation

Jackson County Senior Center

100 County Services Park

(off Highway 116 (Webster Road) near Ingles and SCC in Sylva)

Mondays 10:00 – 3:00

Fridays 10:00 – 3:00

First come, first served

Jackson County Public Library Complex

310 Keener Street (new addition behind historic Courthouse)

Tuesdays 3:00 – 6:45

By appointment only, call library at 586-2016

- **Bring Social Security cards and photo identification**
- Bring all documents and information pertaining to 2016 taxes
- **Bring a copy of your 2015 filed tax return with any notices of adjustments**
- Bring information pertaining to health insurance during 2016