

The Coracle

St Davids Cullowhee



February 10, 2019

Called to embody God's love by welcoming everyone who enters
and by empowering all who stay to make a difference in the world.

Calendar

Fri-Sat	Feb 8-9	Vestry Retreat
Sun	Feb 10	Epiphany 5 No childcare this week
Sat	Feb 16	Altar Guild Brunch 10 am
Sun	Feb 17	Epiphany 6
Tue	Feb 19	Accessible Mindfulness 10 am
Sun	Feb 24	Epiphany 7 Soup Supper 5-7 pm (Clean Slate)
Mon	Feb 25	Taizé service 5:30 pm
Fri	Mar 1	St. David's Day
Sun	Mar 3	Epiphany 8
Tue	Mar 5	Accessible Mindfulness 10 am
Sun	Mar 10	Lent 1
Tue	Mar 12	Vestry Meeting 5:30 pm
Sun	Mar 17	Lent 2
Tue	Mar 19	Accessible Mindfulness 10 am
Sun	Mar 24	Lent 3 Soup Supper 5-7 pm
Mon	Mar 25	Taizé service 5:30 pm
Sun	Mar 31	Lent 4

Serving this Sunday

Chalice: George Rector

Reader:

Music: Savannah Bennett

Coffee:

Readings: [Isaiah 6:1-8, \[9-13\]](#),
[1 Corinthians 15:1-11, Luke 5:1-11,](#)
[Psalm 138](#)

Serving during February

Flowers: Judy Robinson

Linen: Nan Watkins

Communion: Linda Kinnear &
June Smith

Bread: Doug & Mary Michael Hanks

Childcare is available during the service most
Sundays, but not this Sunday, February 10th.

[Sermon Link](#)

The Gospel

Luke 5:1-11

Once while Jesus was standing beside the lake of Gennesaret, and the crowd was pressing in on him to hear the word of God, he saw two boats there at the shore of the lake; the fishermen had gone out of them and were washing their nets. He got into one of the boats, the one belonging to Simon, and asked him to put out a little way from the shore. Then he sat down and taught the crowds from the boat. When he had finished speaking, he said to Simon, "Put out into the deep water and let down your nets for a catch." Simon answered, "Master, we have worked all night long but have caught nothing. Yet if you say so, I will let down the nets." When they had done this, they caught so many fish that their nets were beginning to break. So they signaled their partners in the other boat to come and help them. And they came and filled both boats, so that they began to sink. But when Simon Peter saw it, he fell down at Jesus' knees, saying, "Go away from me, Lord, for I am a sinful man!" For he and all who were with him were amazed at the catch of fish that they had taken; and so also were James and John, sons of Zebedee, who were partners with Simon. Then Jesus said to Simon, "Do not be afraid; from now on you will be catching people." When they had brought their boats to shore, they left everything and followed him.

February Outreach: Clean Slate

By The Rev. Dr. Valori Mulvey Sherer

During February, the outreach program St. David's is supporting is [Clean Slate](#), an important community program originally co-founded by our own Rev. Deacon Alice Mason. Their mission statement is:

Clean Slate Coalition is a supervised recovery residence program providing safe, transitional housing, advocacy, vocational opportunities, connections to community services and supportive case management. We help these women learn healthy life and job skills in a supportive environment while encouraging hope and opportunity and reducing recidivism and addictive behavior.

If you haven't already, you can LIKE their [Facebook](#) page. They also have an [online store](#) where you can purchase "clean" that is, natural cleaning products and hand soap.

Celebrating St. David's Day

The daffodils planted last fall are beginning to spring up already which means it's time to plan our patronal feast day celebration. Valori+ is forming a team to do this, so if you'd like to participate in the planning, please let her know as soon as possible.



Evening Prayer in Lent

During Lent this year, St. David's will offer Evening Prayer each Sunday evening at 5:30 pm as an added prayer discipline for the season beginning March 10th and concluding April 7th. The only exception may be March 17th—if a talked-about St. Patrick's Day party is planned.

Evening Prayer is a lay-led office that is, in my opinion, one of the Episcopal Church's strongest evangelistic tools in that it is biblically centered, easy to follow, deeply prayerful, and attractive to people who are unfamiliar and/or uncomfortable with the Eucharist in worship. Evening Prayer is a safe first step back in for people who have been unchurched for a while and those who have never affiliated with a church before. It has been shown to be especially attractive to college-aged persons—something for us to think about as we plan our campus ministry.

Evening prayer requires an officiant and a reader. I will be preparing a service booklet for these lay-leaders to use (stress-free!). There is no music unless we choose to do an Evensong, which is also in discussion now.

If you are interested in officiating or reading at Evening Prayer during Lent, please let me know which day(s) you are available.

Lent Soup Suppers and Book Study

Carrying forward a valued practice from the past, this year we are hoping to offer Lenten Soup & Bread suppers with Book Study on Wednesday evenings. One book suggestion that has come up twice (in one week!) is: "The Book of Joy" co-authored by Archbishop Desmond Tutu and the Dalai Lama. Wouldn't it be great to focus on joy during Lent? The planning is just beginning, so if you have a book to suggest or interest in organizing this, please let Valori+ know.

Valori+

Saint of the Month

(a new feature in the Coracle)

By The Rev. Dr. Valori Mulvey Sherer

St. Bridget of Kildare, aka, St. Brigid of Ireland, Feb. 1st, 523

A beloved Celtic saint, whom legend says was a bishop (hence the staff she commonly holds in iconography and her priestly vestments), Brigid's abbey is said to have produced beer to support the poor in her community and she is attributed with the following prayer: *In heaven there is a lake of lager and every drop a prayer*. That along with the fire that saved her people one frigid winter, and the knotted cross she made at the conversion of a chieftain, are represented in the icon I wrote of her.



Hagiographer James Kiefer says, “Bridget (Brigid, Bride, Bridey) of Kildare was born around 450 into a Druid family being the daughter of Dubhthach, court poet to King Loeghaire. At an early age, she decided to become a Christian, and she eventually took vows as a nun. Together with a group of other women, she established a nunnery at Kildare. She was later joined by a community of monks led by Conlaed. Kildare had formerly been a pagan shrine where a sacred fire was kept perpetually burning, and Bridget and her nuns, instead of stamping out the fire, kept it going but gave it a Christian interpretation. (This was in keeping with the general process whereby Druidism in Ireland gave way to Christianity with very little opposition, the Druids for the most part saying that their own beliefs were a partial and tentative insight into the nature of God, and that they recognized in Christianity what they had been looking for.) Bridget as an abbess participated in several Irish councils, and her influence on the policies of the Church in Ireland was considerable.”

(Source: [James Kiefer's Christian Biographies](#))

Another source describes the legend of St. Brigid's cross: “St. Brigid, also known as “Mary of the Gael”, is an abbess and patroness of Ireland. She is furthermore the founder of the first Irish monastery in County Kildare, Ireland. Born in Dundalk in 450 AD, St Brigid is accredited with first creating the unique cross which bears her name. This cross is normally hand-created from rushes; however, occasionally straw is also used.



The distinctive St. Brigid's Cross design, made from woven rushes, is thought to keep evil, fire, and hunger from the homes in which it is displayed; however, the tale of its creation is somewhat confused, and there is not one definitive version.

The tale as we know it is as follows....

There was an old pagan Chieftain who lay delirious on his deathbed in Kildare (some believe this was her father), and his servants summoned Brigid to his bedside in the hope that the saintly woman might calm his restless spirit. Brigid is said to have sat by his bed consoling and calming him, and it is here that she picked up the rushes from the floor and began weaving them into the distinctive cross pattern. Whilst she weaved, she explained the meaning of the cross to the sick Chieftain, and it is thought her calming words brought peace to his soul. He was so enamored by her words that the old Chieftain requested he be baptized as a Christian just before his passing.

Since that day, and for the centuries that followed, it has been customary on the eve of her Feast Day (1st February) for the Irish people to fashion a St. Brigid's Cross of straw or rushes and place it inside the house over the door. ([Source](#))

From the Vestry

By Judy Robinson

Senior Warden Judy Robinson and vestry member Jake Jacobson are meeting with Canon Augusta on Thursday, February 7th regarding formation of our Discernment Committee and implementing the parish survey as we move toward choosing a new rector. Details of this meeting will be shared during the announcements that are part of the church service this coming Sunday, February 10th, in the Coracle next week, and in a parish-wide email.

Vestry meetings will occur on the second Monday of each month. The first regular meeting of the vestry in 2019 will be Monday, February 11th at 5:30 pm. Parish members are welcome at any vestry meeting except for when a closed session is needed re: personnel matters or to protect individual privacy. Minutes of each vestry meeting as well as a monthly financial report will be available monthly on the Vestry Page through the parish website and through a link in the Coracle. Please feel free to contact your vestry members at any time.

Senior Warden, Judy Robinson

Sandy Frazier

Vance Davidson

Steve Steinbrueck, Treasurer, is ex-officio to the vestry.

Junior Warden, Muff Lyons

Gael Graham

Jake Jacobson

Website Update

Kendra Graham is in the process of uploading old documents to the church website. These will only be accessible to members who have a member login. If anyone needs one, or needs help with signing in, please contact Kendra at kgrah1336@outlook.com



Altar Guild Brunch

February 16th, 10 am

If you are not a member of the Altar Guild, don't let that keep you from attending the brunch. You are most welcome to join us in the Parish Hall at 10 am on February 16th for a time of fellowship and good food. Brunch will be provided. We would also like to use this occasion to say thank you to our former members. If you think you might be interested in becoming a member of St. Clare's Altar Guild at St. David's come, eat, and find out what we do. There is no obligation to join.

Please RSVP to Faye Jacobson at thejakes@frontier.com or text 828 506-3184.

2019 Altar Guild Schedule Published

Thanks to Judy Robinson, the 2019 Altar Guild Schedule is ready. Still needed are two persons, one to send email reminders each month to those assigned duties for that month and one to keep track of and order supplies as needed, supplies such as paper towels, dish detergent, etc. Contact [Judy Robinson](#) if you can take on one of these jobs.

<p style="text-align: center;"><u>January</u></p> <p>Flowers: Muff Lyons</p> <p>Linen: Gerlinde Lindy</p> <p>Sunday Communion: Gracia Slater & Margot Wilcox</p>	<p style="text-align: center;"><u>February</u></p> <p>Flowers: Judy Robinson</p> <p>Linen: Nan Watkins</p> <p>Sunday Communion: Linda Kinnear & June Smith</p>	<p style="text-align: center;"><u>March</u></p> <p>Flowers: Judy Robinson (Includes Lent, begins March 6 with Ash Wed)</p> <p>Linen: Nan Watkins</p> <p>Sunday Communion: Judy Robinson</p>
<p style="text-align: center;"><u>April</u></p> <p>Flowers: Judy Robinson (to end of lent)</p> <p>Linen: Gael Graham</p> <p>Sunday Communion: Muff Lyons & Gael Graham Easter is April 21</p>	<p style="text-align: center;"><u>May</u></p> <p>Flowers: Rosa Reily</p> <p>Linen: Gerlinde Lindy</p> <p>Sunday Communion: Laurie Hulbert & Muff Lyons</p>	<p style="text-align: center;"><u>June</u></p> <p>Flowers: Judy Annis</p> <p>Linen: Faye Jacobson</p> <p>Sunday Communion: Judy Annis & Faye Jacobson</p>
<p style="text-align: center;"><u>July</u></p> <p>Flowers: Muff Lyons & Margot Wilcox</p> <p>Linen: Margot Wilcox</p> <p>Sunday Communion: Muff Lyons & Laurie Hulbert</p>	<p style="text-align: center;"><u>August</u></p> <p>Flowers: Volunteer of the Week</p> <p>Linen: Gerlinde Lindy</p> <p>Sunday Communion: Karen & Harry Brown</p>	<p style="text-align: center;"><u>September</u></p> <p>Flowers: Rosa Reily</p> <p>Linen: Gael Graham</p> <p>Sunday Communion: Laurie Hulbert & Muff Lyons</p>
<p style="text-align: center;"><u>October</u></p> <p>Flowers: Judy Annis</p> <p>Linen: Faye Jacobson</p> <p>Sunday Communion: Judy Annis & Faye Jacobson</p>	<p style="text-align: center;"><u>November</u></p> <p>Flowers: Judy Robinson Advent Wreath: Judy Robinson & Group</p> <p>Linen: Nan Watkins</p> <p>Sunday Communion: Linda Kinnear & June Smith</p>	<p style="text-align: center;"><u>December</u></p> <p>Flowers: Judy Robinson (Includes Advent) ** Muff Lyons (Dec 25)</p> <p>Linen: Gerlinde Lindy</p> <p>Sunday Communion: Gracia Slater & Margot Wilcox</p>

Parish News & Notes

Birthdays

Feb 10 **Jessica Philyaw**
Feb 12 **Pat Steinbrueck**

The Haywood County Arts Council in Waynesville is presenting the **2019 Juried Artist Exhibit** through February 23rd. Melba Cooper and Haidee Wilson are featured artists.
[Haywood County Arts Council](#)

Old Towels Needed

The Juniors in Girl Scout Troop 12695 (Heidi Dinkelmeyer's troop) are taking donations on a continuing basis for the Jackson County Animal Shelter. The shelter has specifically requested old towels to be used for bedding, cleaning, etc. Please bring any towels you'd like to contribute to church and put them in the multi-purpose (kids') room to be picked up by Kelley and Heidi. We aren't asking for food donations for the shelter specifically (and would rather not deal with a lot of that due to storage issues), but if you have some your own pet won't eat and want to contribute that, we'll add it to the donations.

Diocesan Youth Events

Save the Dates

High School Spring Retreat

March 1-3, 2019

Valle Crucis Conference Center
Registration will open in January.

Dismantling Racism Retreat

April 5-7, 2019

High School Youth Only

Retreat will be located in the Asheville area but the exact location is TBD. Registration will open in February.

Glory Ridge Camping & Service Retreat

May 4-5, 2019

[Glory Ridge Camp](#)

Middle School Youth Only

Registration will open in February.

Meditation Opportunities at St. David's

Accessible Mindfulness: 1st and 3rd Tuesdays, 10-11:15 am. This is especially geared for those new to mindfulness meditation.

Other Meditation Opportunities

WCU Mindfulness and Meditation: Thursdays at 4 pm 224 Bird Building. For details, call 227-7469 and ask for Michelle. To view a flyer, [please click here.](#)

Mindfulness Meditation: 9:15 am on Thursdays at Sylva Yoga above Lulu's on Main Street in downtown Sylva. Meditation gives students the opportunity to focus on the deep interconnection between mind and body, which can be experienced directly by practice in mindfulness.

Virtual Closet

If you need medical-related equipment or have something you can offer, contact Claire Marsh: clairemrsh@gmail.com She keeps a list of who has what to facilitate sharing.

Box Tops for Education

There is a basket under the white board in the Parish Hall where you can place any of these box tops you may have. This is an ongoing project for our children.

**Vestry Stewardship Covenant
St. David's Episcopal Church
2018**

We believe that our community is called upon to fully trust in God's promise to provide. Sometimes, however, we are fearful that it won't happen due to our lack of trust, our fear, and our need to control.

We commit to remember who we are in God and for the world, near and far: beloved servants. We commit to make financial decisions remembering that God provides for us, sometimes in surprising ways, by keeping the Gospel promise of abundance as our guide and touchstone, and by constantly evaluating this new way of thinking.

We invite everyone to join the vestry in reflecting on the grace and good luck that pervade our lives which leads us to a natural and comfortable means of sharing the abundance with which we have been blessed.

Regular Activities	Mondays 10:30 am 4 th Mondays 5:30 pm 1 st & 3 rd Tuesdays Last Sundays 5-7 pm Sept-Apr	Cullowhee Men's Group Taizé Service Accessible Mindfulness Soup/Bread Community Supper
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St. David's Links and Contact Information:

Website: stdavidscullowhee.org

[Lectionary Page 2019](#)

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stdavidscullowhee@gmail.com

Mailing address: PO Box 152, Cullowhee, NC 28723

Diocesan Links:

[Diocese of Western North Carolina](#)

The Rt. Rev. José A. McLoughlin, Bishop

[Sign up for Diocesan Newsletter](#)

[Camp Henry Facebook page](#)

www.lakelogan.org

St. David's Vestry Members:

Judy Robinson, Senior Warden

Muff Lyons, Junior Warden

Sandy Frazier—Gael Graham

Vance Davidson—Jake Jacobson