

The Coracle

St Davids Cullowhee



Dec 3, 2017

Called to embody God's love by welcoming everyone who enters and by empowering all who stay to make a difference in the world.

Calendar

Sat	Dec 2	Monthly Mindfulness 10 am Make Advent Wreath 10 am-noon
Sun	Dec 3	Advent 1 1st Sunday Collection for United Christian Ministries
Tue	Dec 5	Accessible Mindfulness 10 am
Wed	Dec 6	Advent Service 5:30 pm (Maleah Pusz)
Sun	Dec 10	Advent 2 Rice & Beans Sunday
Tue	Dec 12	Vestry Meeting 5:30 pm
Wed	Dec 13	Advent Service 5:30 pm (June Smith)
Sat	Dec 16	Greening of the Church 10 am-noon
Sun	Dec 17	Advent 3 Children's Christmas Pageant
Tue	Dec 19	Accessible Mindfulness 10 am
Wed	Dec 20	Advent Service 5:30 pm (Steve Steinbrueck)
Sun	Dec 24	Advent 4, Christmas Eve-Farewell, Michael Evening Service—Time TBA
Mon	Dec 25	Christmas Day No service
Sun	Dec 31	1 st Sunday after Christmas, NO SOUP SUPPER ; it's New Year's Eve!

Childcare is available during the church service.

Serving this Sunday

Chalice:

Reader: Betty Lynn Kirwan

Coffee: Judy & Ron Robinson

Music: Nan Watkins

Music for Advent Services: Nan
Watkins

Readings: [Isaiah 64:1-9, 1](#)

[Corinthians 1:3-9](#), [Mark 13:24-37](#),

[Psalm 80:1-7, 16-18](#)

Serving during December

Bread: John Slater

Flowers: Judy Robinson

Poinsettias: Muff Lyons

Linen: Claire Marsh

Eucharist: Gracia Slater &

Margot Wilcox

Greeters: Joan Byrd &

George Rector

Advent Services

Advent services will be held on December 3rd, 13th, and 20th, starting at 5:30 pm in the church. Advent speakers will be Maleah Pusz, June Smith and Steve Steinbrueck. Nan Watkins will play music.

Our Advent Wreath

By Judy Robinson

We are making the Advent Wreath this Saturday, December 2nd 10 am—noon in the church. I have one kind volunteer to help make the wreath, and three have offered to bring greenery (holly, nandina berries, evergreen boughs). We sure could use another set of hands to make the wreath and two or three more buckets of greenery! Please reply to me directly if you are able to help: judyleroyrobinson@gmail.com.

I will be at church by 9:15 on Saturday to receive any greenery, or you can leave it on the porch in shade any time Friday.

My appreciation in advance, Judy Robinson



The Gospel Mark 13:24-37

Jesus said, "In those days, after that suffering, the sun will be darkened, and the moon will not give its light, and the stars will be falling from heaven, and the powers in the heavens will be shaken.

Then they will see 'the Son of Man coming in clouds' with great power and glory. Then he will send out the angels, and gather his elect from the four winds, from the ends of the earth to the ends of heaven.

"From the fig tree learn its lesson: as soon as its branch becomes tender and puts forth its leaves, you know that summer is near. So also, when you see these things taking place, you know that he is near, at the very gates. Truly I tell you, this generation will not pass away until all these things have taken place. Heaven and earth will pass away, but my words will not pass away.

"But about that day or hour no one knows, neither the angels in heaven, nor the Son, but only the Father. Beware, keep alert; for you do not know when the time will come. It is like a man going on a journey, when he leaves home and puts his slaves in charge, each with his work, and commands the doorkeeper to be on the watch. Therefore, keep awake—for you do not know when the master of the house will come, in the evening, or at midnight, or at cockcrow, or at dawn, or else he may find you asleep when he comes suddenly. And what I say to you I say to all: Keep awake."

It's Corvus Time Again!



Ann Courmouzis, a "friend of St. David's," will be bringing unique Greek Olive Oil from her cooperative near Sparta, Greece. CORVUS, Greek for "crow," is a unique, buttery oil with a mellow herbal flavor. Perfect for dipping, salads, fish, and veggies. It is pesticide free and high in antioxidants. A 375-ml bottle is \$16. Ann will donate \$2 from each sale to CLEAN SLATE. To reserve amounts, contact Melba Cooper at 506.7559 or melbacooper@mac.com. You can also sign up on a form located on the bulletin board at coffee hour. Ann lives in Athens, Greece and Beaufort, SC. She is a professional chef and certified olive oil taster. Many of you have enjoyed this outstanding oil for the last several years. It will be delivered on December 10th.

Coming in 2018

Dine Around!

By Pat Steinbrueck

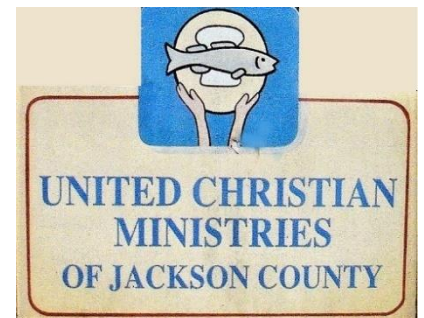


Dine Around with us in 2018! Groups of six or so will gather and share a meal on a monthly basis, rotating hosting duties among the group members. The groups will be rearranged on a quarterly basis, providing us with the opportunity to break bread with lots of different folks. More details will follow. Please email Pat Steinbrueck at patsteinbrueck@gmail.com or speak to her in church if you interested.



Mission Accomplished!

Muff says, "This is what gratitude looks like!" Thanks to everyone who contributed, there will be many bowls of cereal consumed over the school break.



CHRISTMAS & COMING

Please Join Us for the Greening

Saturday December 16th 10 am

Everyone (all ages) come join in the fun and fellowship of decorating our church for the celebration of Christmas. Bring clippers if possible and greenery, berries or anything from nature's bounty that will make a beautiful wreath. If you don't have those things readily available just bring yourselves. It is a wonderful way to kick off Christmas week. The beauty and the forest smells after we finish are amazing. Look forward to seeing you there.



Poinsettias for Christmas



Each year at Easter and Christmas donations cover most of the cost of the flowers we purchase. If you would like to make a donation in memory of a loved one or in thanksgiving, please write a check for any amount you wish and on the memo line indicate that it is for Christmas Flowers. You can mail the check or just hand it to Margot. Also, give her the name(s) of the person or people you would like to honor.

Children's Christmas Pageant

Needed: Stars, sheep, donkeys, shepherds, wise men, angels and more! The St. David's Christmas Play will be Sunday, December 17th, and we need actors. Any children ages 3 months to teens are welcome to join us. We have costumes set to go. Please contact Johanna jprice@email.wcu.edu, Kelley kdinkelmeyer@email.wcu.edu, or Wesley wesleysatterwhite@hotmail.com if you are available and would like to be a part of this fun tradition at St. David's.



Please take note: No Soup Supper in December; it would fall on New Year's Eve!

Still Seeking Photographs!

We are seeking not just family photos for a church directory but also any and all photos from any church activities anytime. We would like to have as complete a collection as possible stored digitally all in one place. Kendra Graham will continue to add photos to the slideshow that she made for the Anniversary Celebration so that it is always up-to-date. magbowles@gmail.com or kgrah1336@outlook.com

A hearty thank-you to those who have sent family photos. This is a link to the [working document](#) with photos that I have so far. If you don't like your photo, please just send one that you do like or have Maggie take one during Coffee Hour on any Sunday.

Parish News & Notes

Birthdays

- Dec 1 **George Rector**
- Dec 3 **Scott Philyaw, John Slater, Christine Stevens**
- Dec 6 **Jake Coburn**

Anniversary

- Dec 5 **Michael Hudson & Barbara Hardie**

Hal Farwell continues to be cared for at Skyland Care Center in Sylva and appreciates having visitors anytime.

As we head into Advent, here is a set of photographs from November 19th when the new Advent altar hangings were presented in Michael's honor.



Yoga for the Winter Solstice

On Thursday, December 21st Chad Hallyburton is offering two special yoga sessions in the Parish Hall: **Mid-Winter Sunrise Salutes & Breakfast** 6:45-7:30 am and **Mid-Winter Meditation & Guided Relaxation** 6:45-7:45 pm. For more information contact centeringyoganc.com.

St. David's Children Compete in Robotics Tournament

Congratulations to Paul Yanik for receiving NASA and Duke Energy grants in support of the rookie FIRST Robotics team at Smoky Mountain High School. FIRST stands for *For Inspiration and Recognition of Science and Technology*. FIRST is an organization whose mission is "to inspire young people to be science and technology leaders and innovators by engaging them in exciting mentor-based programs that build science, engineering, and technology skills, that inspire innovation, and that foster well-rounded life capabilities including self-confidence, communication, and leadership."



FIRST programs support students of all ages through programs like: FIRST Lego Leagues Jr., FIRST Lego Leagues, FIRST Tech Challenge, and FIRST Robotics Competition. Paul is a board member of NC FIRST, coach for two FIRST Lego League teams at Summit Charter School, was instrumental in establishing the new FIRST Robotics team at SMHS, and wrote these grant proposals to support that team in its inaugural year.

Good luck to and prayers for St. David's parents/children participating in the NC FIRST Lego Leagues (FLL) Regional Robotics Tournament on December 2nd at Cherokee Center Schools. They include Owen Yanik, with Paul as coach, and Abel Despeaux with Sloan as coach, and Josh Vinyard.



Sylva Garden Club Pecan Sale

The pecans are available at the Jackson County Public Library Atrium on the following dates/times: November 30, December 7, 11, 14, 18 and 21 from 10 am-1 pm. Proceeds go to Sylva beatification projects and scholarships.

The following merchants also have them available: City Lights Bookstore, Country Road Farms, Ray's Florist.

Mammoth Halves	16 oz.	\$12
Mammoth Halves	12 oz.	\$10
Dark Chocolate	12 oz.	\$10
Chocolate Covered	12 oz.	\$10
Pecan Caramel Clusters	12 oz.	\$10

Would You Like a Visit from the Rector?

Michael would be happy to visit; just let him know in person or by email stdavids1879@gmail.com.

Virtual Closet

If you need medical-related equipment or have something you can offer, contact Claire Marsh: clairemrsh@gmail.com She keeps a list of who has what to facilitate sharing.

Box Tops for Education

There is a basket under the white board in the Parish Hall where you can place any of these box tops you may have. This is an ongoing project for our children.

Regular Activities	Mondays 7:25 am	Mindfulness Meditation
	Mondays 9-10:30 am	Centering Yoga
	Mondays 10:30 am	Cullowhee Men's Group
	Tuesdays & Thursdays 6:30 am	Sunrise Strength Flow Yoga
	1 st & 3 rd Tuesdays	Accessible Mindfulness
	1 st Wednesdays 6:30 pm	Indivisible/Common Ground
	1 st Saturdays 10 am	Monthly Mindfulness
Last Sundays 5-7 pm Sept-May	Soup/Bread Community Supper	

Meditation Opportunities at St. David's

Mindfulness Meditation: Mondays 7:25-8:30 am in the Parish Hall. Our practice is Contemplation of Wise Texts (Lectio), Sitting Meditation, and Informal Dialogue.

Accessible Mindfulness: 1st and 3rd Tuesdays, 10-11:15 am. This is especially geared for those new to mindfulness meditation.

Monthly Mindfulness: First Saturday of each month from 10 am until noon in the Parish Hall.

Other Meditation Opportunities

WCU Mindfulness and Meditation: Thursdays at 4 pm 224 Bird Building. For details, call 227-7469 and ask for Michelle. To view a flyer, [please click here](#).

The **Tuesday Meditation Group will not meet during June, July, and August.** In September, it will resume meeting in the undercroft at St. John's Episcopal Church in downtown Sylva on the **2nd & 4th Tuesdays at 1 pm.** The format is to meditate for 15 minutes at the beginning and 15 minutes at the end. The inspirational material for the half hour in between will be decided by whoever volunteers to facilitate that week.

Mindfulness Meditation: 9:15 am on Thursdays at Sylva Yoga above Lulu's on Main Street in downtown Sylva. Meditation gives students the opportunity to focus on the deep interconnection between mind and body, which can be experienced directly by practice in mindfulness.

St. David's Links and Contact Information:

Website: <http://www.st-davids.org/> [Lectionary Page 2017](#)

Newsletter editor: Maggie Bowles: magbowles@gmail.com

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stdavids1879@gmail.com

Mailing address: PO Box 152, Cullowhee, NC 28723

[Altar Guild Schedule 2017](#)

[2017 Greeter Schedule](#)

Diocesan Links:

[Diocese of Western North Carolina](#)

The Rt. Rev. José A. McLoughlin,
Bishop

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www.lakelogan.org