

The Coracle

St Davids Cullowhee



January 29, 2017

Called to embody God's love by welcoming everyone who enters and by empowering all who stay to make a difference in the world.

Calendar

Sun	Jan 29	Epiphany 4, Soup & Bread Supper 5 pm
Sat	Feb 4	Monthly Mindfulness 10 am
Sun	Feb 5	Epiphany 5
Tue	Feb 7	Accessible Mindfulness 10 am
Sun	Feb 12	Epiphany 6 Rice & Beans Sunday
Sun	Feb 19	Epiphany 7
Tue	Feb 21	Accessible Mindfulness 10 am Vestry Meeting 5:30 pm
Sun	Feb 26	Epiphany 8, Soup & Bread Supper 5 pm
Wed	Mar 1	St. David's Day

Childcare is available during the church service.

Would You Like a Visit from the Rector?

Michael would be happy to visit; just let him know in person or by email stdavids1879@gmail.com.

Serving this Sunday

Chalice: Todd Vinyard
 Reader: Wesley Satterwhite
 Coffee: Faye & Jake Jacobson
 Music: Nan Watkins
 Readings: [Micah 6:1-8](#),
[1 Corinthians 1:18-31](#), [Matthew 5:1-12](#),
[Psalm 15](#)

Serving during January

Bread: John Slater
 Flowers: Margot Wilcox
 Linen: Faye Jacobson
 Eucharist: Gracia Slater & Margot Wilcox
 Greeters: Jake Jacobson & Muff Lyons

Serving during February

Bread: Jane Coburn
 Flowers: Charles Pringle
 Linen: Claire Marsh
 Eucharist: Linda Kinnear & June Smith
 Greeters: John & Gracia Slater

Regular Activities	Mondays 7:25 am	Mindfulness Meditation
	Mondays 9-10:30 am	Centering Yoga
	Mondays 10:30 am	Cullowhee Men's Group
	Tuesdays & Thursdays 6:30 am	Sunrise Strength Flow Yoga
	1 st & 3 rd Tuesdays	Accessible Mindfulness
	1 st Saturdays 10 am	Monthly Mindfulness
	Last Sundays 5-7 pm	Soup/Bread Community Supper

It's Inclement Weather Season

If there is any question about the weather, Margot will send out a special email message regarding the Sunday service or any other pending church activity.

The Gospel Matthew 5:1-12

When Jesus saw the crowds, he went up the mountain; and after he sat down, his disciples came to him. Then he began to speak, and taught them, saying:
"Blessed are the poor in spirit, for theirs is the kingdom of heaven.
"Blessed are those who mourn, for they will be comforted.
"Blessed are the meek, for they will inherit the earth.
"Blessed are those who hunger and thirst for righteousness, for they will be filled.
"Blessed are the merciful, for they will receive mercy.
"Blessed are the pure in heart, for they will see God.
"Blessed are the peacemakers, for they will be called children of God.
"Blessed are those who are persecuted for righteousness' sake, for theirs is the kingdom of heaven.
"Blessed are you when people revile you and persecute you and utter all kinds of evil against you falsely on my account. Rejoice and be glad, for your reward is great in heaven, for in the same way they persecuted the prophets who were before you."

Neighbors in Need Fundraiser

Dear St. David's Members,

It is once again time for the annual fundraising dinner for Jackson Neighbors In Need. **Charlie's Challenge** will be held on **Saturday, January 28th, at 6 pm in the Mission and Ministry Building of First Baptist Church in Sylva**. A scrumptious dinner will again be provided by Harrah's Casino and Resort. There will be door prizes, raffle items and a cake auction. There is no charge for this event but donations are greatly appreciated as this is our main fund raiser for the year. Jackson Neighbors In Need has had a busy season to date. We have sheltered over 30 people so far-13 of this total are children. We currently have one family with 6 children. This is proving to be a more challenging time for us to find permanent housing for our folks. There is less help for this than in the past years so folks are having to stay in shelter longer so it is costing JNIN much more.

We are also helping many people with heating/electric costs. We hope all of you can come. Just RSVP to me by email (jannis@dnet.net) or by phone 586-9557. We need your support!

Thank you, Judy Annis

Charlie's Challenge

"Continue the Legacy"

A fund raiser to keep our neighbors warm

Dinner Provided by Harrah's Cherokee Casino Resort



Saturday, January 28, 2017

6:00pm

First Baptist Mission &
Fellowship Hall
Main Street Sylva



Jackson
Neighbors
in Need

Dinner • Cake Auction • Raffle Items • Door Prizes

RSVP by January 23 to goodsonsb11@gmail.com

OR

Mail donations to Mountain Projects 25 Schulman St, Sylva NC 28779



Soup and Bread Community Supper

St. David's Soup-and-Bread Community Supper returns to warm our hearts and bellies in 2017.

This Sunday, January 29th, 5-7pm

In memory of our beloved Deacon Alice Mason, donations will be accepted for Clean Slate Coalition.

As always, ALL in the community are welcome! Invite friends!

If you are planning to bring soup and/or bread, please contact Wesley Satterwhite at wesleysatterwhite@hotmail.com or (828) 200-4363.

You do not have to bring soup to:

Come! Eat! Enjoy!

At St. David's Community Involvement Matters

St. David's cares for its neighbors, both locally and internationally. Those values are reflected in six non-profit organizations our parish regularly supports: Clean Slate, Community Table, Good Samaritan Clinic, Macon CareNet, Neighbors in Need and United Christian Ministries.

Starting in February the loose plate offering on the first Sunday of each month will be designated for one of these groups. Previously, this offering went to Michael's Rector's Discretionary Fund, but Michael says his discretionary fund has enough to last out the year.

St. David's Soup-and-Bread Community Supper at the end of each month also accepts donations to help area groups.

Here are descriptions of the groups we support:

Clean Slate – Clean Slate Coalition is a supervised recovery residence program that provides safe, transitional housing, advocacy, vocational opportunities, connections to community services and supportive case management for women who have previously been incarcerated. These women learn healthy life styles and job skills in a supportive environment. Our beloved Deacon Alice Mason was a founder of this program.

Community Table – The Community Table is a nonprofit organization that provides nutritious meals to our neighbors in need in a welcoming environment.

Good Samaritan Clinic – Good Samaritan Clinic of Jackson County provides qualified adults aged 18-65 healthcare services via a free primary care clinic, nurse case management, and prescription medication assistance. They refer patients to area specialists and hospitals as needed while helping to ease the strain on hospital ERs.

Macon CareNet – Macon CareNet provides food assistance programs to Macon County residents who are unable to provide for themselves due to crisis.

Neighbors in Need – This organization assists Jackson County citizens who need warm shelter during the cold weather months.

United Christian Ministries – For over 25 years, United Christian Ministries of Jackson County has been assisting Jackson County residents in times of emergency by providing food, household goods, limited financial assistance, furniture, cleaning supplies, and personal care items for all ages.

So, remember the first Sunday – loose plate offering will be designated to one of these non-profits. And on the last Sunday of the month – join us for a *Soup and Bread Community Supper* where donations are accepted for local charities. Please watch the Coracle for the schedule of organizations.

Thank you to St. David's members for supporting the work of the church through pledges and plate offerings.

Parish News & Notes

Birthdays

Feb 5 Annabelle Perry, Kathryn Dills-Mulholland

St. David's Members and Friends

Joined the Women's March

In Washington, D.C.



And in Asheville, NC





Heidi Dinkelmeyer and Barrett Yanik are selling Girl Scout Cookies. They will have some available to buy after church Sunday and at the soup supper OR will be happy to take orders. \$4 a box.

Many of our school-age children are collecting Box Tops for Education. I will put a basket on the counter beneath the white board and if anyone has box tops, they can drop them off in the basket. We will divide them equally among the children.



From the Diocese

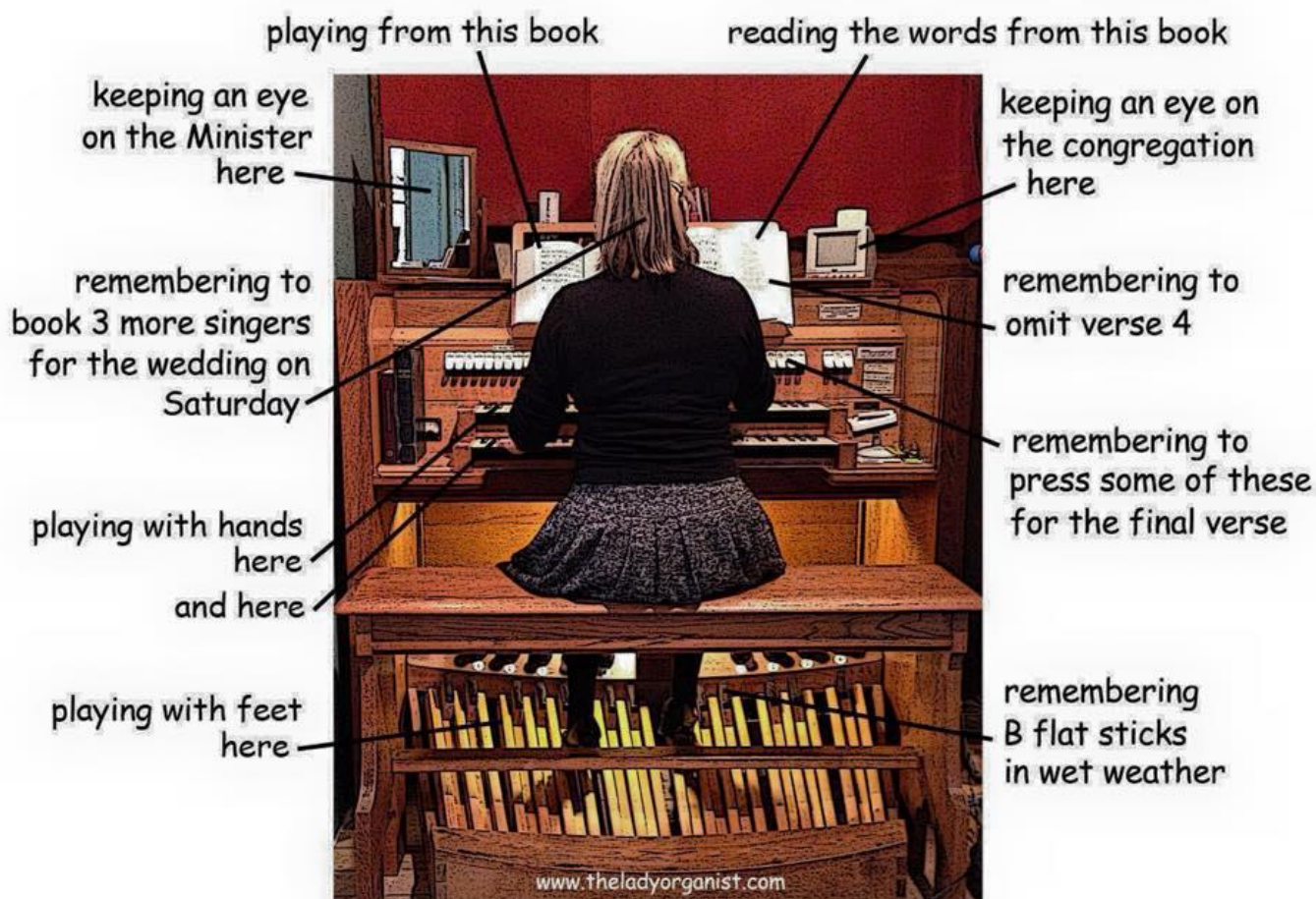


Cold Mountain Music at Lake Logan is a festival happening on Saturday, June 3, 2017 on the stunning grounds of Lake Logan Episcopal Center featuring Grammy-award winning band the [Steep Canyon Rangers](#) and others. The event will raise awareness and funds for Lake Logan and Camp Henry.

In addition to an evening of top-notch musical talent, the festival will also feature a kids' area, food vendors, and after-party at the Sit 'n Whittle lodge. Ticket information to follow.

For more information, including the full band lineup, visit www.coldmountainmusic.org.

Here is a picture of Lillian Pearson playing for Alice Mason's memorial service last week.



THE CHURCH ORGANIST

Meditation Opportunities at St. David's

Mindfulness Meditation: Mondays 7:25-8:30 am in the Parish Hall. Our practice is Contemplation of Wise Texts (Lectio), Sitting Meditation, and Informal Dialogue.

Accessible Mindfulness: 1st and 3rd Tuesdays, 10-11:15 am. This is especially geared for those new to mindfulness meditation.

Monthly Mindfulness: First Saturday of each month from 10 am until noon in the Parish Hall.

Other Meditation Opportunities

WCU Mindfulness and Meditation: Thursdays at 4 pm 224 Bird Building. For details, call 227-7469 and ask for Michelle. To view a flyer, [please click here](#).

The **Tuesday Meditation Group** meets in the undercroft at St. John's Episcopal Church in downtown Sylva on the **2nd & 4th Tuesdays at 1 pm**. The format is to meditate for 15 minutes at the beginning and 15 minutes at the end. The inspirational material for the half hour in between will be decided by whoever volunteers to facilitate that week.

Mindfulness Meditation: 9:15 am on Thursdays at Sylva Yoga above Lulu's on Main Street in downtown Sylva. Meditation gives students the opportunity to focus on the deep interconnection between mind and body, which can be experienced directly by practice in mindfulness.

St. David's Links and Contact Information:

Website: <http://www.st-davids.org/> [Lectionary Page 2017](#)

Newsletter editor: Maggie Bowles: magbowles@gmail.com

Church phone # and email: 828-331-1427

stdavids1879@gmail.com

Mailing address: PO Box 152, Cullowhee, NC 28723

[Parish Mailing List \(sign in required\)](#)

[2016 Altar Guild Schedule](#)

[2016 Greeter Schedule](#)

Diocesan Links:

[Diocese of Western North Carolina](#)

The Rt. Rev. José A. McLoughlin,
Bishop

[Diocesan E-Newsletter sign-up page](#)

[Camp Henry Facebook page](#)